



COVID-19 Safe Plan

Version 3 - 10th June 2020

Contents

| | | |
|-----|--|----|
| 1. | Introduction..... | 3 |
| 2. | What are the symptoms of Covid-19? | 5 |
| 3. | Surfing Queensland Responsibilities to Members | 6 |
| 4. | Identifying Risks at Surfing Queensland Events | 7 |
| 5. | Controlling Risks | 7 |
| 6. | Messaging To Members | 8 |
| 7. | Maintaining Personal Hygiene | 9 |
| 8. | Cleaning and Disinfection | 10 |
| 9. | Physical Distancing – Outdoors | 11 |
| 10. | Permitted maximum number of people | 12 |
| 11. | Shared Equipment | 13 |
| 12. | First Aid..... | 14 |
| 13. | Action to be taken if suspected Covid-19 Case. | 15 |
| 14. | Action to be taken for non-compliance | 15 |
| 15. | Surfing Queensland & Boardrider Club Event Guidelines..... | 16 |
| 16. | Affiliated Surf Schools Guidelines | 27 |
| 17. | Attendance Register Template..... | 29 |
| 18. | Useful Links..... | 30 |
| 19. | Disclaimer..... | 31 |

Introduction

Surfing Queensland is the recognised not-for-profit peak State body of a National Association entrusted and committed to the development of the sport of surfing and the education of the general public on surf safety and surf survival.

The purpose of this document is to outline the strategy Surfing Queensland will implement to align with the QLD Governments roadmap to easing QLD restrictions. All activities undertaken by Surfing QLD are to be in line with this document.

During **Stage 2** (current stage), affiliated Surfing Queensland commercial Surf Schools and commercial high-performance coaches will have the ability to conduct non-contact sessions with up to 20 people (including coaches), permitting they comply with all social-distancing rules currently in place and have their own COVID-safe plan. This means a maximum class size of 20 people at any one time on the beach (not separate groups of 20). When **Stage 3** is implemented on the 10th July, this number will increase to 100.

Although club events are allowed under the current restrictions, Surfing Queensland strongly recommends you do not resume running club rounds until **Stage 3** is implemented on the 10th July. Please note you will also need to contact your local council as to whether you can operate or not, as these restrictions can vary from council-to-council.

Roadmap to easing Queensland's restrictions

Unite against COVID-19 

A step-down approach to COVID-19

CONTINUING CONDITIONS • Social distancing, 1.5 metres and hygiene • Stay at home if you're sick • Tracking, tracing, rapid response • Work at home if it works for you and your employer

EASING TO DATE

STAGE 1: from 11:59pm
15 MAY 2020 (2 weeks)

STAGE 2: commencing from 12 noon
1 JUNE 2020 (6 weeks)

STAGE 3: 10 JULY 2020

SCHOOLS PLAN

11 May Kindy, Prep Years 1, 11, 12

25 May Years 2–10

School holidays (27 Jun–12 Jul)

Family, friends and community

- › Gatherings in homes (household + 2 visitors from the same or different households, or up to 5 visitors from the same household)
- › Household or one friend and within 50kms of home for recreational purposes:
 - › go for a drive
 - › have a picnic
 - › visit a national park
 - › go fishing, boating or jet-skiing

Retail shopping

- › Allowing retail shopping for non-essential items within 50kms of home

Schools

- › Gradual return to class
- › 11 May: Kindy, Prep and Years 1, 11 and 12
- › 25 May: Years 2–10.

COVID SAFE checks

- › Surveillance and epidemiological indicators suggest a move would NOT present an undue risk
- › Testing is widespread and adequately identifies community transmission
- › Point source outbreaks are effectively contained by public health actions.



COVID SAFE check point
› assess impact › review border
› review biosecurity and designated areas

Last updated 30.05.20

Family, friends and community

- › Gatherings in homes (household + max 5 visitors, allowed from separate households)
- › Gatherings of up to 10 people:
 - › outdoor, non-contact activity
 - › personal training
 - › pools (indoor and outdoor)
 - › public spaces and lagoons* (e.g. South Bank Parklands, Cairns, Airlie Beach etc)
- › parks, playground equipment, skate parks and outdoor gyms
- › libraries
- › weddings
- › hiking and other recreational activities in national and state parks
- › places of worship and religious ceremonies
- › Funerals (max 20 indoors or 30 outdoors)
- › Recreational travel (max 150kms within your region for day trips)

Businesses and economy

- › Retail shopping
- › 10 people permitted at any one time for:
 - › dining in (with COVID SAFE Checklist): restaurants, cafes, pubs, registered and licensed clubs, RSL clubs and hotels – no bars or gaming
 - › open homes and auctions
 - › beauty therapy and nail salons (with COVID SAFE Checklist)

Outback†

- › Dining in (with COVID SAFE Checklist): restaurants, cafes, pubs, registered and licensed clubs, RSL clubs and hotels (max 20 at any one time) for locals only (must show proof of residence) – no bars or gaming
- › Recreational travel including overnight accommodation max 500 kms within the outback only if you live in the outback.



COVID SAFE check point
› assess impact › review border
› review biosecurity and designated areas

UPDATE

- › Unlimited travel and overnight stays for all of Queensland‡ (including for school holidays)
- › Dining in or seated drinks in restaurants, cafes, pubs, registered or licensed clubs, RSL Clubs, hotels and casinos (no gaming) – up to 20 patrons per room or per defined area (indoors or outdoors) for a venue (When following a COVID SAFE Industry Plan*)

Family, friends and community

- › Gatherings of up to 20 people:
 - › homes
 - › public spaces and lagoons* (e.g. South Bank Parklands, Cairns, Airlie Beach etc)
 - › non-contact indoor and outdoor community sport*
 - › personal training
 - › gyms*, health clubs* and yoga studios*
 - › pools* (indoor and outdoor) and community sports clubs*
 - › museums*, art galleries* and historic sites*
 - › weddings
 - › parks, playground equipment, skate parks and outdoor gyms
 - › libraries*
 - › hiking, camping and other recreational activities in national and state parks
 - › places of worship* and religious and civil ceremonies
 - › Funerals (max 50)
 - › Recreational travel, camping and accommodation, including caravan parks (anywhere in Queensland)

Businesses and economy

- › Retail shopping
- › Tourism accommodation
- › 20 people permitted at any one time for:
 - › indoor cinemas*
 - › open homes* and auctions*
 - › outdoor amusement parks*, tourism experiences*, zoos* and arcades*
 - › concert venues*, theatres*, arenas*, auditoriums* and stadiums*
 - › beauty therapy, nail salons, tanning, tattoo parlours and spas (with COVID SAFE Checklist).

Subject to further planning and review, interstate travel will be permitted and a maximum of 100 people* will be permitted for:

- › gatherings in public spaces and homes
- › restaurants, cafes, pubs, registered and licensed clubs, RSL clubs, food courts and hotels
- › indoor cinemas
- › places of worship and religious ceremonies
- › museums, art galleries and historic sites
- › pools and community sports clubs
- › community sport
- › gyms, health clubs and yoga studios
- › outdoor amusement parks, zoos and arcades
- › concert venues, theatres, arenas, auditoriums and stadiums
- › weddings
- › funerals
- › saunas and bathhouses
- › open homes and auctions
- › casinos, gaming and gambling venues
- › nightclubs
- › beauty therapy, tanning, nail salons and spas, tattoo parlours and non-therapeutic massage parlours
- › libraries
- › hiking, camping and other recreational activities in national and state parks.

The public health rules to maintain:

- › Physical distancing
- › 4 square metres per person when indoors
- › Hand hygiene
- › Respiratory hygiene
- › Frequent environmental cleaning and disinfection

* More with COVID SAFE Plan approved by health authorities

† Max 20 with a COVID SAFE Checklist when not complying with the COVID SAFE Industry Plan

‡ Outback areas as defined by Local Government Area. Details on COVID19.qld.gov.au

Except Biosecurity Areas or Restricted Areas



What are the symptoms of Covid-19?

A coronavirus infection can cause mild to severe respiratory illness. The most common coronavirus (COVID-19) symptoms reported are:

- Fever, breathing difficulties and breathlessness, cough, sore throat, fatigue or tiredness.

COVID-19 is most likely to spread from person-to-person through:

- Close contact with an infected person or touching objects or surfaces (such as door handles or tables) contaminated by a person with the infection.

For more information about the transmission and symptoms of COVID-19, click [HERE](#).

Surfing Queensland Responsibilities to Members

Surfing Queensland and affiliated clubs and surf schools have a duty to provide and maintain, so far as is reasonably practicable, an environment that is safe and without risks to the health of members and participants. This includes preventing, and where prevention is not possible, reducing, risks to health and safety associated with potential exposure to COVID-19.

We recommend that all members complete an online training COVID -19 course, which can be found [HERE](#).

Identifying Risks At Surfing Queensland Events

Surfing Queensland must identify the level of risk to the health of members from exposure to COVID-19 at all SQ activities.

Some activities that may pose a risk of exposure to COVID-19 include:

- Activities that requires members to be in close contact with others (e.g. event set up, judging, spectating, surf coaching, marshalling and event presentations)
- Using shared equipment (e.g. surfboards, binoculars, public address system, competitor rashies, judging tablets, towels, sunscreen)

Controlling Risks

Surfing Queensland will provide information and brief all members, including family, friends, staff and other volunteers, on relevant information and procedures to prevent the spread of coronavirus to people at Surfing Queensland Events.

Messaging To Members

Surfing Queensland will implement a preventative messaging process (prior to each event) to minimise the introduction of COVID-19 to Surfing Queensland events. For example, advising members that if they have travelled, been in contact with any confirmed cases of COVID-19 or if they have flu like symptoms they are not to attend any Surfing Queensland event or activity.

Maintaining Personal Hygiene

Surfing Queensland will:

- Reinforce covering coughs and sneezes among members
 - Provide hand sanitiser
- Communicate with members about hand sanitiser locations and encourage regular use.
 - Provide tissues
- Display hygiene information in prominent locations (judging area, results display area). Click [HERE](#) for a sample sign.
 - Ensure that rubbish bins are available

Cleaning and Disinfection

The aim is thorough and regular sanitation. Thorough and regular cleaning will be undertaken of all communal areas (e.g. judging area) and shared equipment.

Clean, sanitise and disinfect frequently touched surfaces multiple times per day and shared equipment between use.

Avoid use of items that are not easily cleaned, sanitised, or disinfected.

Ensure safe and correct application of disinfectants and keep products away from unauthorised people.

Physical Distancing - Outdoors

Social distancing will be applied in full observation of the State and National Government Guidelines as applicable at all times.

Activities will be undertaken with at least 1.5m distance between members.

Activities will be planned to avoid the shared use of equipment or close contact wherever possible.

Permitted Maximum Number Of People

Activities will not exceed the permitted maximum number of people as at the date of the scheduled activity (e.g. maximum of 20 people from June 1st, maximum of 100 people permitted as of 10th July 2020).

Activities will be planned and managed to ensure compliance. For example:

Member messaging will clearly outline that only participants can attend Surfing Queensland events.

Activity event schedule to ensure staggering of member attendance

Require participants to leave the activity area once they have completed the activity for their age group.

No conducting of BBQ stall activities.

Shared Equipment

Judging tablets, binoculars, public address system, competitor rashies, pens etc should not be used by more than one person between cleaning.

Where it is not possible to eliminate shared use:

- Provide cleaning products (eg alcohol spray or solution) where equipment is located.
 - Keep cleaning products with equipment as it moves around the activity site
 - Ensure all members sanitise their hands before and after every use.
- Ensure all parts of the equipment are cleaned thoroughly before and after use.

The shared use of phones, surfboards, sunscreen, towels and other associated equipment will also be avoided.

First Aid

Standard precautions will be adopted when providing first aid, for example gloves when dealing with blood or body fluids/substances.

Always using a hand sanitiser before and after providing first aid.

Action To Be Taken If Suspected COVID-19 Case

Where there is a suspected or confirmed case of COVID-19 at a Surfing Queensland event or activity, Surfing Queensland will contact the National Coronavirus Helpline (1800 020 080) which operates 24 hours a day, 7 days a week for further advice.

In the event of a suspected or confirmed COVID-19 case, QLD Health will contact the individual to identify the close contacts and the causal contacts. If the member has attended a club activity while they were infectious and had close contact with other people, this authority will contact other club members.

Action To Be Taken For Non-Compliance

Surfing Queensland will not tolerate any non-compliance by any staff, competitors, boardrider clubs or affiliated surf schools. Any non-compliance will be met with an immediate warning and failure to correct this behaviour will result in a temporary suspension from all Surfing Queensland activities or events and can only resume after a judicial review with the Surfing Queensland disciplinary committee.

Surfing Queensland & Boardrider Club Events

Pre-Event Measures

Surfing QLD and boardrider clubs to adhere to latest government restrictions and stay up to date daily

Local council has been advised and approves the event or activity

Liaise with all event stakeholders on restrictions and guidelines.

Surfing QLD staff, club officials and surf schools to complete Covid-19 infection control short course [HERE](#).

Communication to all competitors on how the competition will take place and Surfing QLD event guidelines.

Recommend screening all Assoc./Club members (using the template [HERE](#)) for any current symptoms regularly. The AIS has stated the importance of screening at each venue – which aligns with the current government guidelines.

Site Manager to ensure all staff working event are well and healthy to do so. All staff who feel unwell before the event or during are to alert the Site Manager as soon as possible.

Surfing QLD and Cub event teams to have pre event briefs regarding Covid-19 and the restrictions in place. They must be able to recognise early symptoms of Covid-19.

Assessment of Athletes Prior to Resumption of Formal Training- Adapted from The AIS Framework for Rebooting Sport in a COVID-19 Environment

An athlete member must not join the training environment if in the last 14 days they have been unwell or had contact with a known or suspected case of COVID-19. Sport organisations must be proactive and ensure all athletes have been medically cleared prior to return to the training environment.

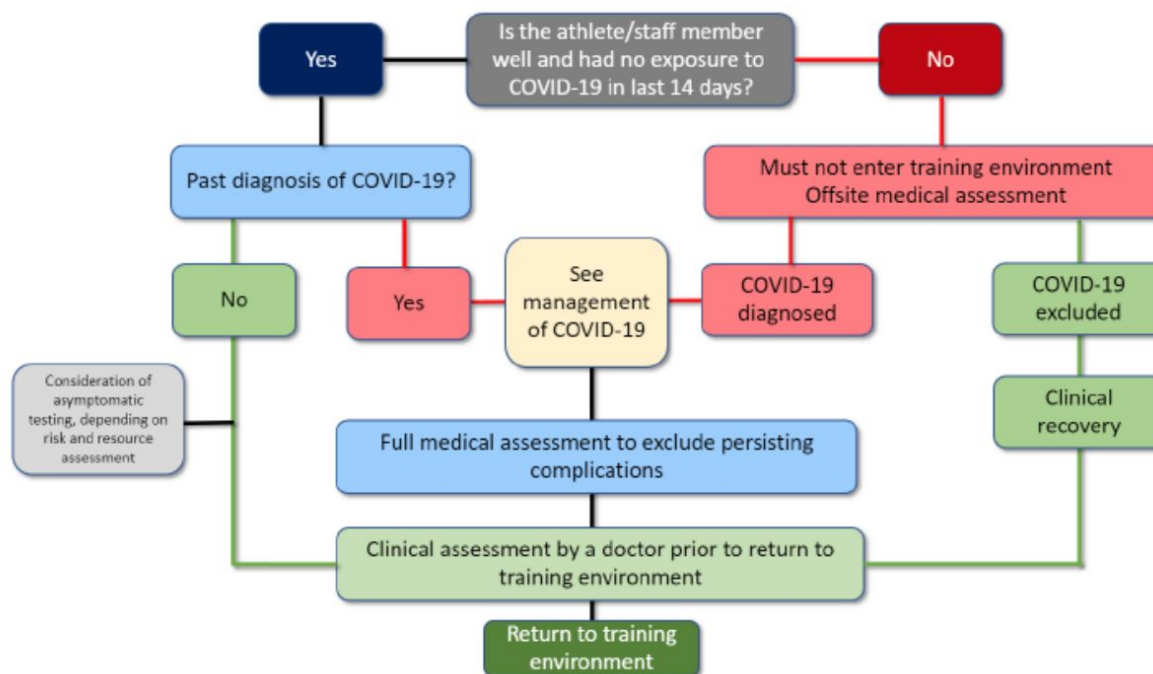


Figure 2: The recommended process for medical clearance of athletes/staff (Source: Figure 6 from The Australian Institute of Sport (AIS) Framework for Rebooting Sport in a COVID-19 Environment)

Surfing Queensland & Boardrider Club Events cont.

Minimal staff and volunteers at all events and activities

Minimise people onsite and in the operations tents. Judges and commentators help set up or pack up.

Using local staff/ volunteers to minimise out of town travel.

Go through the Covid risk management plan (below)

Minimise or reduce car-pooling.

Ensure any club wet areas are placed out of bounds by physical locking or barring wherever possible.

We recommend all event participants download and use the COVID – Safe App.

Surfing Queensland & Boardrider Club Events cont

Event Ops

Limit access to event ops tents

Only those who need to be working in the ops tents at the time should have access. This will be communicated pre event to all staff.

Spreading of staff inside tents. Our marquees are 3mx3m, and essential staff will be properly spaced out to adhere to social distancing.

Each division will be designated a time slot each day. This will significantly limit those in attendance and one division will have left the area before the next division arrives. This includes having multiple presentations throughout the day to limit number of persons in the area.

Competitors to arrive one heat prior to their heat. They must leave no longer than 20 minutes after their heat. This will be communicated pre event.

Competitors must put their own rash shirts into a bucket of water with detergent, and wash thoroughly, rinsing out before hanging to dry at the Beach Marshal area.

Judges use one iPad instead of rotating around. iPad to be disinfected if it is shared.

Judges and event staff to sit 1.5m away from each other.

Surfing Queensland & Boardrider Club Events cont

Commentators use separate microphones.

Hand sanitiser at the Beach Marshal area.

Signs placed up on sponsor branding tents saying not to be used or maximum number of people in tents.

QLD health signs put up in specific locations. (reminding good hand wash technique, social distancing)

No planned functions or out of competition gatherings.

Competitors must provide their own sunscreen, wax and equipment.

Staff will be designated specific roles to minimize multiple people handling the same equipment.

Consistent beach announcements on event regulations.

Water safety and Senior first aid officers to have designated area at all events.

Disinfect/ clean iPads, computers, hooter systems at the end of the event.

Surfing Queensland & Boardrider Club Events cont.

Surfing Queensland and boardrider clubs will implement the following social distancing measures.

We will have nine essential staff/volunteers in attendance and we will only have four surfers competing at one time. Parents and spectators will adhere to social distancing guidelines.

Legend:

BM- Beach Marshall

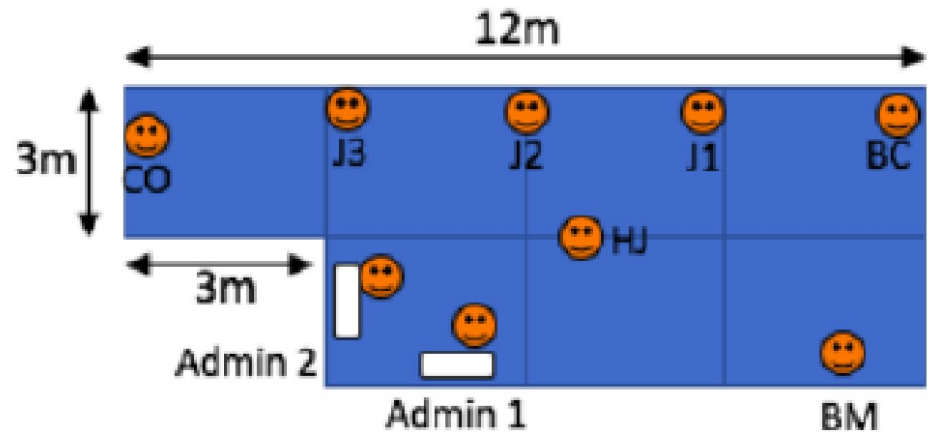
HJ- Head Judge

BC- Beach Commentator

J1- Judges

CO- Computer Operator

Admin- Surfing QLD Staff



Surfing Queensland & Boardrider Club Events cont.

Register Attendance

- Liaise with your fellow club officials on how a register of attendance will be recorded at their venue.
- Consider different options to record your own register at training such as the template provided at the end of the document and have a coach / official complete.
- Avoid having each person complete the form to reduce the risk of touching the same pen or electronic device.
- Use a tablet or phone to record who was in attendance.
- Use an App to register the names of the group and then mark them off as having had attended.
- Communicate to parents and players that a condition of returning to training is that everyone must be registered who attends and highly recommend the downloading of the COVIDSafe App.

Surfing Queensland & Boardrider Club Events cont.

Appoint a COVID Information Officer

Sport Australia require Assoc's./Clubs appoint a COVID-19 Information Officer (CIO), this ensures there is one source of information for your Assoc./Club. The CIO should undertake the COVID-19 Infection Control Training module provided by the Federal Government. A job description for this role can be found [HERE](#).

- Receiving and processing information from relevant authorities via the SSO.
- Liaising with the Assoc's./Clubs local council to understand all specific requirements of the facility and ensuring currency of this information.
- Co-ordination of the Communication plan to share relevant information and guidelines with Assoc./Club members.
- Being aware of the relevant local health authority contact should a member of the Assoc./Club be diagnosed with COVID-19. It is recommended that as soon as local health authorities are advised they will take control of the situation. The critical role of the Assoc./Club CIO is to advise authorities as early as possible.
- The CIO should ascertain if there is an attendance register at the facility for groups of the facility.
- Questions to be asked: how many people are permitted in the facility at any one time and for how long?
- Are there any specific plans for high risk attendees?

(Continued on next page)

Surfing Queensland & Boardrider Club Events cont.

- How many people are permitted in the event area at any one time and for how long?
- Are coaches and/or support staff included or excluded in this maximum number?
- Are there any specific entry and exit requirements from this facility?
- What are the drop off and pick up plans for the facility?
- Are the bathrooms/changerooms open and able to be used? Ensure this is communicated to members prior to any session.
- Does the event location have hand sanitizers available or do athletes bring their own?
- Does the facility have a plan should an attendee fall ill whilst on site?
- Determine how often the facility is being cleaned, that is how often high use surfaces are wiped down with disinfectant wipes or soaps.

Surfing Queensland & Boardrider Club Events cont.

Club Assoc./Club Management Weekly Checklist

It is recommended that this checklist be completed weekly on a Sunday following the National Cabinet update on Friday and/or any advice received from State Government and Chief Health Officer.

| Check | Requirement |
|-------|---|
| | All Assoc./Club members and parents requested to download the COVID Safe app |
| | All Assoc./Club Members to complete the Questionnaire weekly |
| | Assoc./Club has appointed a COVID Information Officer (CIO) |
| | CIO is aware of all State and Local Authority relevant guidelines and key contacts |
| | CIO is aware of regulations and protocols pertaining the Assoc./Club's (s)/facilities |
| | Communicated hygiene expectations to players, parents and coaches |
| | Developed and communicated a plan to manage number of attendees at any one time and for entry and exit purposes from training. |
| | All player, parents and coaches aware of protocol should any player become unwell and or test positive for COVID-19 and have access to CIO contact number |
| | Consider the implications and recommended actions for any Assoc./Club members who may be increasingly vulnerable. |

Surfing Queensland & Boardrider Club Events cont

Post Event

Check in with all staff, volunteers and participants to ensure nobody is feeling unwell from the event

Refer to Surfing QLD strategy if staff report back sick.

Wash all rash shirts (if they're going to be used again) throw away or recycle if we can.

Event staff review what worked well and re-evaluate procedures for the next event.

Affiliated Surf Schools Guidelines

Have own business specific covid-safe plan incorporating all requirements of this plan printed and available onsite at all times

Maintain 1.5m social distancing at all times including coaches interactions with participants.

To maintain social distancing, lessons are not to be given to anyone requiring being pushed onto waves / or requiring assistance

Any staff or participants are not to attend if they are showing any signs and symptoms of Covid-19

Keep a record of all participant attendance including phones numbers and email addresses

Lessons capped and not to exceed govt guidelines

Do not run separate groups and exceed maximum limits

Affiliated Surf Schools Cont.

Post June 1st: Maximum of 20 permitted at any one time including coaches

Post July 10th : Maximum of 100 permitted at any one time. Must adhere to coaching ratios

No sharing of board / rashies unless thoroughly cleaned between uses

Disinfect rashies, wetsuits, boards and legropes after each use

No sharing of sunscreen, wax, drink bottles or towels

Staff & participants encouraged to download Covid-safe app.

Attendance Register – Sport Australia Template

[Club Name] Register of attendees

Activity: _____

Location: _____

Date: _____

| Arrival time | Departure time | Full name | Phone | Email address | Club | Role | In the previous 14 days, have you: <ul style="list-style-type: none">• Had any COVID-19 symptoms?• Been in contact with any confirmed/suspected COVID-19 case?• Travelled internationally? | Downloaded and using COVIDSafe app? |
|--------------|----------------|-----------|-------|---------------|------|------|--|-------------------------------------|
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Useful Links

[Symptoms Checklist](#)

[Keeping Your Distance](#)

[Return To Sport Toolkit](#)

[How To Hand Wash](#)

Disclaimer

These guidelines must be considered against the remit as a national / state governing body for the sport of surfing, with a key focus on club/competitive surfing and coaching - both through Surf Schools and high-performance coaching. These guidelines have been prepared for associations, clubs, club officials, club coaches, parents and participants. While all care has been taken in the preparation of these guidelines and templates, Surfing Queensland has not and cannot make any representation or warranty that relying on this guide and the templates will ensure the health and safety of participants who attend associated facilities or who are involved with surfing activities more broadly. Surfing Queensland is not liable to users of this guide and the templates for any loss or damage however caused resulting from the use of this guide and templates, nor do they accept any responsibility for the accuracy of the information or your reliance upon it.