

Mitcham Football Club

Player Information Booklet

2023



2023 Player Information

As Round One of the 2023 season approaches, there are some important off field information that all players need to be made aware of prior to the season commencing:

CONTACT DETAILS

Please find bellow contact details for all committee members and senior coaches for the 2023 season. Feel free to contact each relevant committee member or coach if there is something you need to discuss, or a suggestion to help make Mitcham Football Club a better place:

Position	Name	Mobile	Email
President	Stuart Palmer	0419 819 982	president@mitchamhawks.com.au
Secretary	Carsten Gabrisch	0416 305 411	secretary@mitchamhawks.com.au
Finance Director	Liz Sutherland	0407 699 095	treasurer@mitchamhawks.com.au
Merchandise	Liz Sutherland		
Sponsorship	Vacant		sponsorship@mitchamhawks.com.au
Football Director	Paul Prior	0487 470 763	football@mitchamhawks.com.au
Junior Football	Andrew Mills	0437 422 311	
Operations Director	Aaron Jones	0451 139 996	operations@mitchamhawks.com.au
Events	Aaron Jones		
Bar Manager	Terry Aldridge	0407 026 682	
Canteen Manager	Vacant		
Comms Director	Aisha Scott	0466 212 090	comms@mitchamhawks.com.au
Senior Coach	Justin Calderbank	0410 042 532	
Senior Team Manager	Jeff Turner	0421 339 363	
Reserves Coach	Hamish Palmer	0438 311 319	
Reserves Team Manager	Mark Disher	0408 695 648	
C Grade Coach	Michael Pitt	0457 000 288	
	Sam Clark	0421 822 045	
C Grade Team Manager	Mark Disher	0408 695 648	
Senior Women's Coach	Hamish Robinson	0410 026 137	
Senior Women's Team Manager	Calandra Scott	0409 161 808	
Head Trainer	Sam Ellis	0437 529 814	



FOR ME AND FOR YOU

PLAYER SUBSCRIPTIONS

The Mitcham Football Club raises important revenue by charging their members an annual subscription to assist in meeting the costs associated with operating and maintaining a sporting club.

In 2023 senior subscription fees have been set at \$xxx per player. Life members will receive a 50% discount.

In the past, collection of subs from senior players has been a drawn-out process, wasting valuable time of the Treasurer & other committee members. The club asks that you please put in place an arrangement to pay your subs with the Treasurer Liz Sutherland before 30th April whether this be in full or part payments.

PLAYER SPONSORSHIP

Any player who arranges a player sponsor in the 2023 year will receive a full rebate on their subs. All 'A' Grade players are strongly encouraged to arrange a player sponsor; however, this option is available to all senior players at the Mitcham Football Club.

The player sponsors will receive a sign at the bar, a personalized photo of their sponsored player, as well as recognition throughout the 2023 season. The cost of player sponsorship is \$550 Inc. GST.

Please contact Finance Director Liz Sutherland (0407 699 095) for a sponsorship form or more information.

MERCHANDISE

A wide variety of merchandise is available to be purchased via the club's online store including polo's, hoodies, bags, jackets, hats, beanies and more!

Just visit www.mitchamhawks.com.au then go to Shop Menu.

All players must have a Mitcham Football Club polo top and black pants to be worn on game day.

VOLUNTEERS

The Mitcham Football Club relies on volunteers for a range of roles within the club. All players are required assist the club to ensure that these roles are filled and that game days run smoothly. These roles may include cooking the BBQ, serving behind the bar and serving in the canteen.

There are also several other roles throughout the club that are required to be filled, including team managers, trainers, time keepers & interchange stewards.

If you know anyone who might be interested in contributing to the club throughout the whole year or as a once off, please contact Operations Manager Aaron Jones (0451 139 996)

CONCUSSION PROTOCOLS

A big focus in the football community at all levels currently is

1. The handling of players who get concussed in a game
2. Post-game recovery

The club has employed trained trainers who have completed all the courses required under the rules of the Adelaide Football League. They have recently updated their certificates in this very important area we are facing as a sport

All players/runners during a game ARE NOT to attend to any injured player during the entirety of the game. The player is to be left alone until a qualified trainer can get to the injured player.

Post-game recovery is that a player should seek medical advice as the extent of the concussion. Once they have been to the doctor, they should supply the Head Trainer of the club with a copy of the certificate and the actions needed. No player is to return to the training or game day activities till cleared by our Head Trainer.

REPORTS

Whilst Mitcham Football Club has a relatively good tribunal record, the club intends to keep it this way. Any fines imposed by the SAAFL in relation to reports for offences such as striking, causing a melee, etc. will be discussed with the individual player/coach and Football Director.



FOR ME AND FOR YOU

CANTEEN & MEALS

Mitcham Football Club continues to provide canteen services on game days and the preparation of meals on Thursday & Saturday nights. This generates much needed additional revenue for our club as well provides a greater social atmosphere around the club.

Players are expected to support our volunteers & club by purchasing meals from the kitchen after Thursday night trainings, and Saturday games.

Players are asked to return their own plates to the kitchen & place them in the dishwasher, or place them in the bin if disposable. Players may also be asked to volunteer to do the dishes!

BAR SERVICES

The club bar is available to all club members to enjoy – responsibly.

RESPONSIBLE SERVICE OF ALCOHOL

In accordance with our liquor license, the Good Sports program, and our responsible service of alcohol training, we are required to provide alcohol in a responsible manner. Members under the age of 18 will not be served alcohol. Anyone deemed intoxicated will not be served alcohol. Please respect the decision of our volunteers if you are cut off.

Drink driving continues to be a major factor at all local sporting clubs, including ours. If you intend consuming alcohol at the club, you are welcome to leave your keys behind the bar where they can be stored securely for the night and they will be made available for collection the next morning.

DRUGS

The supply and/or use of any illegal drug on club premises will not be tolerated. This can see a player/coach suspended from the club and will be asked to attend a meeting with members of the club Executive for what punishment will be handed down,

JUNIORS & UNDER 17.5 GAMES

The Juniors of the Mitcham Football Club will provide the next generation of senior footballers. It is important that as the seniors of the football club we show an interest and have involvement in the development of our juniors, as well as set a good example.

Senior players are also strongly encouraged to attend junior games played on Sunday's, in particular Under 17.5 games.



FOR ME AND FOR YOU

CLUB SONG

It's a grand old flag it's a high-flying flag
It's the emblem for me and for you
It's the emblem of the team we love
The team of the old gold and blue
Every heart beats true for the old gold and blue
As we sing this song to you
What do we sing
Should old acquaintance be forgot
Keep your eye on the old gold and the blue



Four Senior Teams

Three Men's Teams
One Women's Team
120 Senior Players



Thirteen Junior Teams

Three Girls Teams
Ten Boys Teams
250 Junior Players

1,000+ Supporters and 400 Families