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Member Spotlight

The spotlight this month is shining on on Andrea McDonough.

Andrea is a keen golfer who came to FVBC to encourage her partner Reg to join as he had been talking about playing for some time. She chose FV because it was handy to home and she liked the look of it when passing by over the years.

She was wondering how to make the first move when she saw Lawn Bowls advertised in the U3A program of activities.

It was going to be a six month stay after which she would return to golf and her other activities. But Andrea was impressed right from the start with the culture of the club. She was made so very welcome by Pete Hille and his team of coaches (something like six of them) and found she really enjoyed the game itself. Andrea stayed and is now playing pennant and contributing, along with Bernice Brook, by looking after the club uniforms. If you want to know anything about the uniforms, she's your go to person.

Andrea spent her working life in the field of education, starting in primary schools and then moving on, after studying and becoming an academic, to lecturing in tertiary education. She's done much more in between and is always looking for where she could contribute to developing others.

Something to know about Andrea: she is an accredited funeral celebrant. This is a very sensitive area to work in and she recently had the privilege of attending to the funeral of her brother-in-law, working closely with her family at their time of need. She's a special person making a difference.



Committee of Management

Annual General Meeting August 28 - 6pm
Light meals available after the meeting - \$10 a plate

160 years of history, shifts and connections

Fitzroy Bowls Club started in 1865 situated on Victoria Parade which is the border of Fitzroy and East Melbourne. It was one of the first few bowls clubs in Melbourne.

In 1876 Victoria Bowls Club was established in Grattan Street, Carlton and in 1878 North Fitzroy Bowls Club opened in the Edinburgh Gardens precinct.

In 1927, after 62 years undisturbed, Fitzroy Bowls Club got the news that a tramline was to run along Victoria Parade which would have made bowling difficult!

The club initially found premises in Collins Place but, without a bowling green, its name was changed to the Kelvin Club. This club moved to a site in Lt Collins Street in 1936 before finding its permanent home, in 1946, in Melbourne Place. Members who wanted to continue bowling moved to the North Fitzroy Bowls Club which became Fitzroy Bowls Club in 1929.

The Edinburgh Park Ladies Bowls Club was formed in 1947 and became part of the Fitzroy Bowls Club in 1988.

Victoria Bowls Club needed alternative green space by the late 1990s & shared greens at Fitzroy Bowls Club. The two clubs merged to form Fitzroy Victoria Bowling and Sports Club in 2001.

The Fitzroy Victoria Bowls Club and the Kelvin Club are holding a joint anniversary dinner to mark these 160 years.

The Governor of Victoria and Mayors of City of Melbourne and City of Fitzroy will attend. The Committee of Management extends an invitation to members who would like to attend.

Seating is limited so please RSVP early. Don't miss out.

- **Date:** 22 August 2025
- **Time:** 6pm
- **Venue:** The Kelvin Club, 14-30 Melbourne Place Melbourne. <https://kelvinclub.com/history>
- **Ticket Price:** \$120 all inclusive
- **RSVP:** 11 August 2025 via secretary@fvbowls.com.au

Social News...

GIG GUIDE

Saturday August 9

Rock N Roll with an East Coast Bang!

Direct from Boston, USA Jittery Jack and Amy Griffin & Kid James have landed on the shores of the Fitzroy Bowls club to play their only Melbourne gig on August 9.

Sunday Sessions

August 3 The Pearly Shells ten-piece Big Band

August 17 Johnny Burnette Tribute

DISCO RODEO BOOT SCOOTING

Kitty and Lu from Disco Rodeo Boot Scooting host classes every Friday night from 6:30pm - 7:30pm.

Book tickets at

www.Disco Rodeo Boot Scooting



TEACHERS' GAMES

FVBC has been accepted as a venue for the Victorian Teachers' Games this September. The club will be host to over 100 teachers over five days with social and pennant competitions.

Thank you to Lynn May and Luke Sligo for their help in securing this incredible chance to showcase our wonderful club.

Sunday 21 September - Wednesday 24 2025. If you are interested in helping we will be looking for volunteers.

CHRISTMAS BOOKINGS

We are now into the second half of the year, time really does fly.

The holiday season is fast approaching, and we are filling up quickly, with Christmas functions.

Now is the time to lock in your date for Christmas whether it be a team celebration, family get together, corporate event or a Friendsmas.

Book in your functions at

functions@barefootbowling.com.au

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1 6:30PM BOOT SCOOTIN'	2	3 "THE PEARLY SHELLS" 3PM START
4 ROTARY MEETING	5	6	7	8 6:30PM BOOT SCOOTIN'	9 JITTERY JACK & AMY GRIFFIN 5PM START	10 ROYS RECOVERY
11	12	13	14 MEMBERS BISTRO	15 6:30PM BOOT SCOOTIN'	16 KIESER TRIVIA NIGHT EMILY'S BIRTHDAY!	17
18 ROTARY MEETING	19	20	21 COM MEETING	22 6:30PM BOOT SCOOTIN'	23	24 JACOB'S BIRTHDAY!
25	26	27	28 AGM MEETING	29 6:30PM BOOT SCOOTIN'	30 FITZROY FOOTY LUNCH	31

AUGUST
2025

FVBC
Fitzroy Victoria
Bowling & Sports Club

From the Bar

Hello all,

I hope you have all been warm and well over the last month. Being that it's still a little quieter out and about there's just a couple of bar updates from me.



Our winter warmer in the form of Mulled Wine has finally arrived! Some may have already caught a whiff and maybe a taste. For those that haven't yet, come on in, give it try and let it wash away your winter woes. It'll be batch fresh and available on weekdays until sold out, so get in early!

In the coming days there will be some slight changes to our tap range with the addition of a more wintery-vibe appropriate Amber Ale, courtesy of Wolf of The Willows.

And there will soon be a fresh tap offering coming in from Young Henry's, so watch this space and be ready to wet your whistles with something new!

See you around the Club House folks!



Walk in only and a schooner of beer at members' prices.



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On the Green

PRACTICE MATCHES

The Practice match sign-up sheets are on the noticeboard inside the clubrooms.

To all Pennant playing members, please ensure you get your name down in as many games as you can in the lead up to the new season.

The pennant season first round for Saturday pennant is 25 October 2025.

WINTER BOWLO

Up until the end of August the club is running its yearly Winter-Bowlo on Saturdays. This is a good opportunity to brush up on your skills in readiness for the up-coming pennant season.

If you are interested, contact Ali Copley on 0400830142

SELECTOR GUIDELINES AND POLICY DOCUMENT

We have recently developed a Selectors Guidelines and Policy document that specific to our club. Being a selector is not an easy task.

This document will assist in understanding the selection process and what makes both a good bowler and a good team player.

A copy will be on the noticeboard. Should you have any queries, or require clarification, about anything within the document, please let me know.

**Nelson
Alexander**

Valued Club Sponsor



CHOOSE WISELY THIS SEASON

There are no bad teams - Only bad leaders - Would you follow you?

- You're either an **example** or a **warning**.
- At what point do you stand up and take **ownership** of your position.
- Don't dwell on a **loss**. Apply what you **learned** so it won't happen again.



On The Green...

PRIDE TOURNAMENT

Our inaugural Pride Tournament, after three years of “planning”, finally happened on 12 July.

We had a full green of players with many dressed to totally fit into a day of fun and frivolity. The event was supported by Pride Cup and proudly sponsored by Keiser, Bendigo Bank and with the support of City of Yarra.

The weather was superb as were the bowls and the off-green entertainment.

The eventual winner on the green was a team from St Kilda BC. Runners up were from Princes Park Carlton BC and third place went to an all-female rink from Ivanhoe/Hawthorn.

A big shout out to all those involved. We will be back next year, bigger and better!



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KIESER

PHYSIO | REHAB | STRENGTH

Kieser Collingwood

HORMONAL CHANGES AND THE IMPACT ON WOMEN'S HEALTH

Join us for an engaging and informative session with Dr. Lucy Ryan, from Juno Specialists, explores how hormonal shifts affect women's health through their lifespan.

What can you expect?

- Learn how hormones influence mood, metabolism, bone health, muscle mass, reproductive health, and overall wellbeing at every stage of life.
- Gain practical insights into managing symptoms and supporting long-term health through evidence-based strategies.
- Perfect for women of all ages! Drink & nibbles provided.

WHEN: Thursday, 21 August 2025
6:30pm - 8:30pm

WHERE: Kieser Collingwood
1/370 Smith St



Spaces are limited and all registrations are to be made via the event registration page. Please register by 18 August.



Dr. Lucy Ryan
BBS, MBBS,
FRACGP, DRANZCOG