



Player and Parent Handbook

*Guidelines and Expectations of Netball Players and Parents of
Ocean Grove Football Netball Club*

Updated March 2025

Welcome

On behalf of the Ocean Grove Football Netball Club, I would like to welcome all netballers and their families to this Season with the AFL Barwon (BFNL - Bellarine Football Netball League).

We invite you to join us in embracing the values of our Club (RESPECT, INCLUSION, PRIDE, PROFESSIONALISM and FUN) and work together to build a strong sporting culture that is welcoming, inclusive, competitive and works to find a place for everyone to belong and thrive.

2024 was a special year for our club, and we celebrated 50 years of netball, and 60 years of football. Netball was known as ladies' basketball until the early 1970s, which is when the Bellarine and District Netball Association was formed, with Ocean Grove joining in 1974 with an A-grade, a B-Grade and a C-Grade team. The site for the games was the ladies' basketball court behind the recreation/scout hall on the Avenue.

There are many opportunities to participate in our club whether socially, on the many netball courts or as a volunteer. Our committee of management are all volunteers and the saying, 'many hands make light work' is certainly true. I would encourage everyone associated with the Club to assist wherever possible in making this a successful season for all.

This handbook should give you all the information that you need to enjoy a fantastic Netball season.

Gill Hodgson

Director of Netball

On behalf of the Netball Subcommittee

Disclaimer:

Every effort has been made to ensure that the information in this handbook is correct and current, and it should be noted that details are correct at the time of printing/publishing (Errors and Omissions excepted).

Changes may be made throughout the season as a result of changes to:

- *Rules of the Ocean Grove Sporting Club Inc*
- *Rules, regulations and policies of:*
 - *Netball Australia*
 - *Netball Victoria*
 - *AFL Barwon*

Furthermore, on occasion, the Netball subcommittee may amend rules and policies, where issues are raised and resolutions agreed upon throughout the season.

Mission Statement

The primary purpose of the Ocean Grove Sporting Club Incorporated also known as and commonly referred to as Ocean Grove Football & Netball Club is:

“The club seeks continual improvement- striving for best future facilities, closer links to community, great value for sponsor partnerships, and to provide a supportive, tolerant and inclusive environment for our participants, members, guests, administrators and volunteers to achieve their full potential, both in house and the local community.”

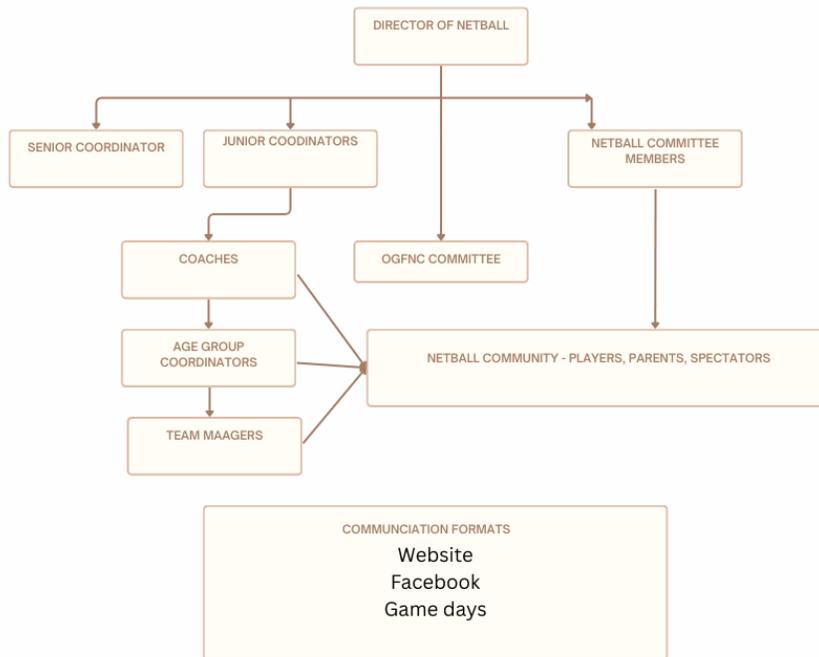
To meet this primary purpose as a community organisation, the Club is legally and morally bound to establish rules and guidelines for appropriate behaviour and provide a safe and respectful sporting environment for and from all its members. The Club is required to meet these obligations through the implementation of transparent and appropriate policies and procedures that are consistent and fair to all members and other stakeholders

Our Club expects high standards of behaviour from all people, and it is vital these expectations are met, and the integrity of sport and our club is maintained. In this way the Club asks that each player, umpire, coach, official, parent, spectator and administrator adhere to the Codes of Conduct as recommended by the Australian Sports Commission. The commitment to these Codes is undertaken at sign on by each player or parent/guardian. Full details of these codes are at Appendix 5 of this Handbook as well as the notice boards in the netball club rooms or from any member of the committee.

(Source: Australian Sports Commission – www.ausport.gov.au)

Information for netball season

NETBALL COMMUNICATION CHART



Netball Committee

According to the Club rules the Director of Netball together with the Netball Sub-Committee, ensures the efficient operation of all netball teams. The Netball Sub-Committee is generally referred to as the Netball Committee. The position of director of netball is a nominated position and is voted on at the AGM, all other positions are volunteer.

The Netball committee welcomes all parental and family involvement at all levels of the club. If you wish to share your skills and attributes with the Club, please speak to any member of the committee or to the Director of Netball.

Membership

There is a cost to become a member of OGFNC. Full details of current Club Memberships costs are available on the website.

Play HQ for player registration and club membership link: <https://www.playhq.com/af1/org/ocean-grove/35a4165a>

Netball Victorian registration: <https://vic.netball.com.au/netball-victoria-membership>

OGFNC Uniform

The uniforms are at an additional cost to players and are not currently included in the price of Club membership. Players are permitted to wear either plain black or white socks without logo.

It is a Club expectation that uniform will be worn correctly and appropriately at all times. In addition to the uniform, it is expected that players will wear safe and appropriate footwear, nails cut short, and no jewellery or fitness bands permitted.

Game day Dress



Game day Singlet



Training Tee



Other club merchandise can be purchased from the club website

Club website link: <https://ogfnc.com.au/>

In the case of inclement weather players are permitted to wear a long sleeve plain black top under their dress/singlet. It is permissible for one or more players to wear a long-sleeved top as needed without the rest of the team doing the same.

Note that there are to be no visible logos or pockets on shorts. Also, no visible logos are allowed to be on long sleeved tops.

Secondhand uniforms may be sourced via Grubbettes or Grubbers Junior Netball social media pages.

Training Attire

Game day tops (Juniors) or black club singlets should be worn to all training sessions. We are proud to support the sponsors of the Club displayed on our Game Day shirts

We recommend all players to wear black shorts, leggings as appropriate for training.

Dates & Fixtures

The netball season generally runs in line with the football fixture from April to August with finals being held through August and September. Full, up to date details of all Club dates are available on the Club website, and at Appendix 6 in this booklet.

A summary of netball related activities and the approximate dates of the season when they are generally held is as follows:

Activity	Approximate Date
Pre-Season	Determined by the coach/s and committee. May be November/December of the previous year and/or January of the current year.
Selection Trials Seniors	January/February
Selection Trials Juniors	February
Umpiring Courses	Throughout the season when needed, determined by the Umpire co coordinator
Coaching Courses	Foundation Level – online Development Level – dates on website Intermediate Level - as advised by AFL Barwon
Coaching Sessions/Seminars	Information distributed by the coaching coordinator
Players and parents Information session	Will be made available to all parents at the start of the season.
Team Managers Information Session	An information Session for all Team Managers is conducted prior to the start of the season.
Best and Fairest Votes	Best and Fairest votes are collected weekly for all grades and age groups except 11U players who are each awarded a medallion at the conclusion of their season.
Senior Presentation event	September
Junior presentation event	September

Sporting Ground Venues

Games are played at various venues within the competition.

Competition	Venue/s
Tuesday Night 11/U	Ocean Grove netball courts and Kardinia Park
Friday Night Junior Competition	Ocean Grove netball courts, Kardinia Park and other venues as advised
Saturday Junior Division 1 and 2 competitions and Seniors	Away games at various courts of the clubs involved in AFL Barwon BFNL. All home games are played at Shell Rd Reserve.

Finals

Finals are played on Friday nights, Saturdays and/or Sundays. Players will generally be given this information at the beginning of each season. Again, this information will be made available through the Club website and on the notice boards in the netball rooms.

Coaching

Players will have access to the best available coaches and coaching. Coaches will be given opportunities to obtain or extend their coaching qualifications and where possible these costs will be met by the club. Coaches are expected to attend meetings or workshops as determined by the club relating to their role as Coach. Coaches are expected to adhere to the Club Mission Statement and the Codes of Conduct supported by the Club.

Sponsorship

The Ocean Grove Football Netball Club is very fortunate to have numerous businesses which support our Club.

A full list of current sponsors of our Club is on the website and match day sponsorship banners.

These businesses provide much needed resources for us to drive the many programs of the Club. Sponsors generally make agreements with the Club because they have a commitment to sport and our Club. They deserve our support and loyalty. We ask you to consider using our sponsors when you are looking for products and services. If we continue to

support them, they will continue with their sponsorship of our Club. We thank them for their commitment to sport in our local community.

If you know of a business within our community who would be interested in sponsoring our Club, please speak to any member of the committee who will pass information onto the Sponsorship Coordinator.

Club Procedures

There are a number of procedures which relate only to netball. These are included in this handbook and are reviewed as deemed necessary by the Committee.

All procedures and policies will be developed with consideration to the following:

- Rules of netball
- Policies and procedures of Netball Victoria
- Club mission statement
- Codes of Conduct as recommended by Australian Sports Commission

Below is a list of current procedures and the committee has the discretion to create others, however every effort will be made to ensure consultation with broad cross section of members occurs prior to development.

Team Selection Process

The selection of both junior and senior teams is conducted in accordance with the adopted policies:

Open Grades Team Selection Policy – at Appendix 1A.

Junior Netball Team Selection Policy - at Appendix 1B.

19/Under Team Selection Guidelines at Appendix 1C.

Training Procedures

The Senior (inclusive of 19/U) & Junior Coordinators in consultation with the Senior Coach, will determine pre-season and other training requirements each year. Generally, Senior and Junior pre-season training will commence sometime in January of each season. However, this is subject to change and members are encouraged to check the website and Facebook for full details.

Codes of conduct apply equally to training, games and any other club sanctioned activity.

Respect and courtesy are to be shown to all members of our Club including teammates, umpires, coaches and officials.

No player is to leave a training session without first communicating with their coach.

Pre-season sessions and selections are considered to be training, and players are expected to attend or advise the Senior or Junior Coordinator the reason for non-attendance.

Permanent training times will be announced after teams and coaches have been finalised. These times will be dependent on court, coach and team member availability.

Players of our Club at all levels are required to attend training sessions as notified by their coach. If unable to attend training or match days the senior/junior player, must notify their coach as soon as possible

If a Player is unable to attend training, there is an expectation that they will not form part of the starting line up on game day. We note however that this policy is applied at the discretion of the coaches, who will take into consideration the reason for non-attendance when making their decision.

Players are expected to wear suitable attire and approach each training session with commitment and a positive attitude.

Game Day Procedure

Players must be courtside at least 30 minutes prior to commencement of their game, or as required by the coach, ready to take part in warm up.

Players with braces or taping requirements should arrive earlier than the recommended times for matches to ensure they are ready to begin on time.

Strapping of preexisting injuries prior to a game is the responsibility of the player. Trainers are available on Saturdays for strapping however it is recommended that prior arrangements be made directly with the trainer.

From the commencement of warm up and throughout the game, the player is the responsibility of the coach.

Players must sit on the official bench. At each break and until warm down after the game, players are to stay with the coaching bench.

In accordance with the Rules of Netball spectators, including parents, are not permitted on or within 2 metres of the official bench.

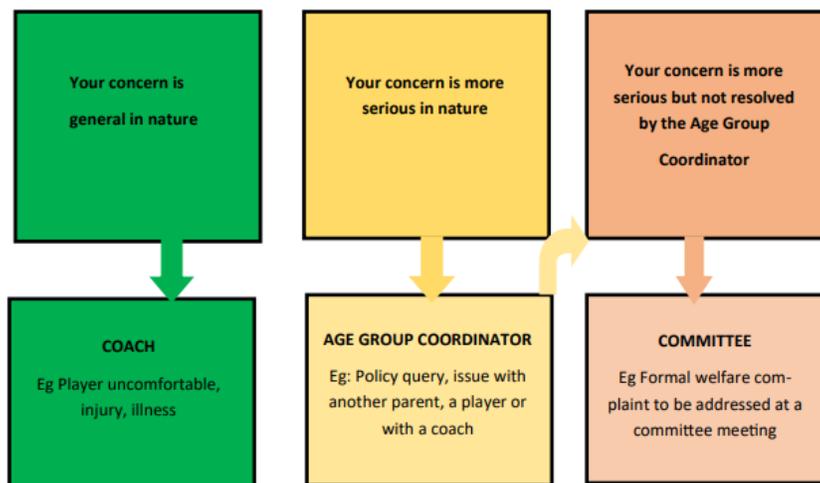
Post-match, players are required to cool down, stretch and listen to the coach for a game debriefing.

Awards will be presented post-match, availability dependent on sponsorship.

If someone has a concern regarding court time, positioning, rules and expectations etc. we respectfully ask that they approach the age level or Junior/Senior coordinators for clarification and that Coaches are not approached with these concerns on Game Day.



Concerns/Issues Process for Parents



Players are encouraged to approach the coach for all issues or concerns, if a player does not

Feel comfortable, a parent may advocate on the players behalf, directing the concern/issue to the appropriate person as indicated above.

Rotation of Junior Players

The OGFNC fully supports the Netball Australia Junior Netball Policy.

11/U - Full rotation of positions for a minimum of four quarters in each position and equal time in each third across the season. All players will share equal court time (excl family holidays, injury, etc.) where possible. This may result in less court time overall.

13/U - Full rotation of positions for a minimum of four quarters in each position. All players will share equal court time (excl family holidays, injury, etc.) where possible in the Home and Away season and will be on court for a portion of each final where team selection is modified to accommodate the strongest team. This may result in less court time overall.

15/U and 17/U - Players tend to settle into preferred positions by this age group. Coaches will rotate players as needed and have the discretion to reward players for great commitment to the team (training attendance, effort, warm up efficiency etc.) and are able to make choices to best support the needs of the players and their team. Coaches will ensure, where possible, that players have equal court time across the season.

Players will be given some court time across the finals series but may not play every game. This can be disappointing, and we encourage you to support your young players in coping with this at the time.

'No train, no start' The existing guideline was introduced to demonstrate the value we place on attendance and participation at training. This remains true, however it should not be interpreted as hard and fast rule but a guideline only and needs to be used as such, employing common sense in the best interests of the player/s, team and coach/es.

We understand that other commitments are unavoidable, and unexpected illness can interfere with the best intentions of attending training. Please respect our volunteer coaches by communicating early and clearly and act with integrity to support your team.

Coaches or their nominee will keep a record of each player's court time in the Home and Away season and throughout finals.

Note that in 2024 a new rule was introduced allowing for rolling subs in all grades. OGFNC has determined that this rule will apply to 15/U and higher. This may impact the ability to manage court time for 15/U and 17/U teams. Coaches will be supported through the implementation of this rule, consistent with the junior rotation policy.

Awards

Sponsorship is usually obtained by the Committee for awards. Most teams will receive awards that are generally given each week.

When the weekly awards are available, they will be given by coaches (or nominees) at their discretion for a variety of reasons.

The purpose of these awards is to encourage and reward any or all of the attributes that the Club promotes within our sporting community. A player that persists on game day to perform a set play that the coach has given them at training deserves recognition, just as a skillful player deserves recognition from time to time to encourage them. This is in keeping with the OGFNC Mission Statement.

Best and Fairest Votes

The Committee will nominate a person, usually senior and junior coordinators, who will be responsible for the Club best and fairest votes. It is the responsibility of this person to ensure that the votes are not tampered with or altered in any way, and they are kept safe and secure until the vote count night. Please refer to the Voting Policy at Appendix 4.

First Aid & Injury Procedure

All coaches and trainers will make every effort to ensure that all training and games will be conducted in a way that is as safe as possible. It is the intention of the club that injuries will be kept to an absolute minimum. This includes age and skill appropriate training drills. However, given the nature of the game it is unrealistic to believe that there will be no injuries.

In accordance with AFL Barwon, all teams will have a designated First Aid Officer for every game. In the event of injury during competition or at training, an incident Report is to be completed by the Team Manager. Incident Reporting is completed as soon as possible after the injury occurred.

It is highly recommended that all players have Ambulance cover before participating in any club game /activity or training. If an official of the Club calls an ambulance and a player does not have ambulance cover, the cost of any attendance or transport will be the responsibility of the member.

It is the responsibility of all coaches, parents / guardians and other officials to act on any information relating to an injury and to take necessary action.

Major Injury

Any netball player who sustains a suspected major injury* during a sanctioned OGFNC training session or match will take no further part in training or match in which this injury occurred. Any player with a major injury will be instructed to seek a medical practitioner's opinion and subsequently will not be able to resume training or playing with our Club until a written approval to recommence training and /or playing from a medical practitioner is received by the Club.

**Major Injury for the purposes of this Netball Handbook is defined as an injury causing such discomfort that the player is unable to continue physical activity within the match or training session. A Major injury usually results in the player being unable to move the injured area of the body (e.g. not limited to the bone, muscle, ligament; knee, leg, ankle, arm, elbow, fingers or eyes) without assistance and / or further pain.*

Head Or Neck Injuries

OGFNC follow Netball Victoria comprehensive Concussion Management Policy which must be followed at all times. A copy is available online.

Concussion management link: [NV Concussion Management Policy- Final.pdf](#)

Injury sustained by a Senior Player

It is the responsibility of a senior player to ensure that they advise an official if they are injured and not take further part in a game or training when they know they are injured.

If at any time, a senior player seeks medical advice, then a medical release will be required before returning to OGFNC match or training. The player will then, be observed by Coaches and Mentor's to assess their fitness for play.

Injury sustained by a Junior Player

An injury to a junior player will be assessed in consultation with the junior coordinator, coach, junior player and their parent / guardian, before they are able to resume match or training with OGFNC.

If at any time, a junior player seeks medical advice, then a medical release will be required before returning to OGFNC match or training. The player will then, be observed by Coaches and Mentor's to assess their fitness for play.

It is the responsibility of all coaches and other officials to act on any information relating to an injury and to take necessary action. It is the responsibility of a player to ensure that they advise an official if they are injured and to not take further part in a game or training when they know they are injured.

Your membership with Netball Victoria (VNA) covers members for injuries incurred while playing, coaching or umpiring the game.

The insurance is limited, and further information can be obtained through the Netball Victoria website -

www.vic.netball.com.au

The Club strongly recommends you source your own ambulance and private health cover.

External Commitments Procedure

The OGFNC recognises that from time-to-time players may have commitments or responsibilities that prevent them from fulfilling all the requirements of our sporting club. Members and players are valuable contributors and as such we are prepared to accommodate and work with any player or member who may for a period of time need to meet other commitments outside our sporting club.

Any person wishing to continue their support of our Club while meeting other commitments should discuss the matter with the Senior or Junior Coordinator.

Complaint, Grievance & Resolution Procedure

The OGFNC has adopted a Complaint, Grievance and Resolution to provide members with a structured and fair system to resolve any grievances, complaints or concerns that may arise when they feel they have not been dealt with fairly and/or reasonably by another member of the Club, by the Association or where they have identified a concern regarding the welfare of another player.

For further information refer to:

<https://ogfnc.com.au/>

Junior Netball Development Procedures

The OGFNC is committed to helping and supporting the development of all junior players by encouraging each and every individual to play at a level appropriate to their ability. (*Refer to Netball Australia's 'Junior Netball Policy'*).

15/U Development Program/Squad

The Ocean Grove Netball 15/U Development Program provides add-on benefits to the development of Ocean Grove athletes to assist them in their netballing endeavours from the local level.

The program integrates both the physical and mental aspects of elite sport through an athlete centered, holistic approach and focuses on the process needed to achieve the required short- and long-term goals of the athletes.

The Program provides on and off-court sessions to complement any training that each athlete is already undergoing with their own coach. Each session is centered around one of the three components that make up our program.

- On Court Skill & Development (technical and tactical)
- Physical Preparation (testing, strength & conditioning, etc.)
- Athlete Wellbeing and Education (injury prevention/management, nutrition, etc.)

The Program is aimed at athletes aged 14-15 years old who have applied for, and been accepted into, the Program. Athletes who are keen to participate are required to apply to the Program each year. Prior acceptance in the program does not guarantee acceptance the following year. Athletes who turn 16 the following year will 'age out' and then progress their development based on the pathways.

Umpires Procedures

OGFNC fully support the development of our umpires and expect that all players, coaches, parents and supporters will behave in an appropriate and acceptable manner during games. Harassment, negative criticism and abuse are not acceptable. Trainee umpires and all umpires deserve tolerance and respect. We need to remember that without our umpires we have NO GAMES.

The Umpire Coordinator's role is to support, mentor and develop trainee umpires. This includes rostering umpires for all games, organising payments and training young umpires to undertake exams and badge grading.

The coordinator will allocate each umpire to an appropriate level game but will challenge and encourage each one to improve and extend her/his skills.

Pathways for umpires include:

- Workshops – beginners
- General Principle Course
- Participation in Rules in Action Workshop
- Umpire Development Program
- Individual Development & Assessment

Assessment for umpires is based on theory exams, practical evaluation and self-reflection.

Club Information

Social

OGFNC will conduct a number of social activities throughout the season involving netballers and footballers. Some of these events may be considered compulsory for senior players. Other social events are held for junior members and are age appropriate. On occasions throughout the season, teams and age groups hold social events which are approved by the Junior Coordinator and / or Committee, to develop and encourage team building and interaction between and across age groups. Your participation in these activities is encouraged and welcomed.

Please refer to our website: <https://ogfnc.com.au/> Facebook Grubettes; Facebook Grubbers Junior Netball or on the netball room notice boards.

Canteen, Game Day & Clubroom Maintenance

Each home game involves a number of activities in setting up, conducting the day and packing up. It is expected that every member of the Club contributes to the successful running of each home game.

At the beginning of each season a roster will be prepared to assist in the running of the canteen. If members cannot perform the tasks as rostered, they are required to make arrangements with other members to swap the task or date.

Wellbeing

The Club established a Culture and Wellbeing Team, as of January 2024, which comprises of a director, and wellbeing officers who cover the whole of the Club including senior men's football, junior boys' football, junior girls' football, senior netball and junior netball. In 2025, a new position of Director- Child Safety was adopted by the club and this position oversees appointed Child Safe officers.

The Purpose of the OGFNC Culture and Wellbeing team is to:

- Promote and ensure wellbeing and mental health is prioritised across the OGFNC.
- Support the OGFNC's involvement in culture and wellbeing initiatives and programs.
- Promote and protect the safety and wellbeing of all children and young people, ensuring compliance with the Standards for Safeguarding Children and Young People (the Victorian Child Safe Standards).
- Lead efforts to shape a safe, respectful and inclusive club culture, where everyone understands what is expected in regard to behaviour, and everyone displays behaviours that are guided by our Club values:

- Respectful - To respect every person and organisation that we interact with and in turn, earn the respect of others in all we do as individuals and as a club.
- Inclusive - To be welcoming and understanding to players, volunteers and stakeholders from diverse backgrounds. We collaborate through our club.
- Proud - To recognise and celebrate our history and to behave in a manner that reflects pride in our club and ourselves.
- Professional - To be a professional organisation adhering to high standards reflected by our appearance, actions and attitude. We constantly strive for improvement and aspire to be innovative and successful while always working within the rules.
- Enjoyment - To enjoy our time together, be positive in what we do and provide a family-friendly environment in which we celebrate our success.

The committee will coordinate specific programs with a wellbeing focus, eg. Read The Play, as well as managing Working with Children checks for the club.

For further information refer to: <https://ogfnc.tidyhq.com/public/pages/policies>

Read the Play Program

The OGFNC supports the Read the Play program.

“READ the PLAY” is a mental health literacy program designed for junior sports clubs. The program targets the under 16 football and 15 & Under netball clubs within the Geelong, Geelong and District, and Bellarine leagues. The program is delivered at the Club by mental health workers, in conjunction with the Club’s Player Wellbeing Officer. The format of the program is interactive and designed to engage young people through a series of team games.

For further information refer to: <https://readtheplay.org.au/>

Working with Children Checks

OGFNC requires any person volunteering to work with the juniors to provide full name and WWC card number and expiry date, a photocopy of the card will be retained by the Club. It is a requirement of Netball Australia that the Club must enquire into the background of those applying for a WWCC, undertaking or remaining in any work (paid or voluntary) that involves direct and unsupervised contact with people under the age of 18 years. As such all volunteers working with children under the age of 18 years of age will be required by the Club to complete and sign a Member Protection Declaration.

For further information refer to:

<https://www.vic.gov.au/working-with-children-check>

Appendix Table

Name	Appendix #
Senior Netball Club Selection Guidelines	1A
Junior Netball Club Selection Guidelines	1B
19/Under Team Selection Guidelines	1C
Fill-in Procedure Guidelines	2
Netball Coaches Selection Policy	3
Voting Policy	4
Codes of Behaviour	5
General Information	6
Season Fixture	7

APPENDIX 1A – Senior Netball Club Selection Guidelines

Trial objectives:

The purpose of holding netball trials is to give coaches and selectors a chance to evaluate players and select the best ones for their team. Trials ensure that all players have an equal opportunity to be seen and perform.

Trials

1. Each player will have a minimum of 2 court appearances (per trials).
2. The aim is to have all players be given an opportunity to play in their two preferred position, if time and number permits.
3. Due to positions, some players may have more court time than others.
4. On some occasions, where there are not enough players for a certain position players will be asked to volunteer to play that position.
5. If there is a situation where final selection cannot be determined, a squad may be selected, and teams will be finalised during the initial training sessions prior to commencement of the season.
6. Club players will be given preference in the event of a new player deemed to be of similar standard (Definition of club player is a player that has played a minimum of 3 consecutive winter seasons)
7. The selectors have the right of selection in the event of injury/illness/circumstance which may interrupt a player's ability to trial.
8. Placement of players unable to trial will be at the discretion of the selectors, provided prior notice was received and the reason is valid (eg. overseas, work commitment, injury and/or illness)
9. Players will be advised of their placement within 1 week or less after the last trial. Players will be notified via email.
10. Selection of a player is not absolute, and the review of players is ongoing during training and matches, further player movement may occur during the season

Fair and Transparent

This Selection Guideline outlines a clear, fair and transparent process. Trialists will be assessed against a selection criterion. The selection criteria will be shared with players prior to trials. Having independent selectors ensures a fair and transparent process. Selectors will not only watch for individual talents but for a blend of skills, fitness and competitiveness. They look for individuals who will blend together to create a team that is capable of reaching its goals.

Appointment of Selectors for Panel:

The appointment of selectors is important to ensure that the selectors are 'qualified' for the role as they are making important decisions. Consideration also given whether selectors will be considered as FAIR by the trialists.

Responsibilities of Selectors

Prior to selection each Selector shall:

- Be familiar with the Selection Guidelines.
- Have an awareness of the competition and grades.
- Review the Trial lists.
- Review playing positions of players.

During selection each Selector shall:

- Ensure that the Selection Guidelines are implemented.
- Assess each player against the Selection Criteria.
- Understand the relevant number of players to be selected and if there is a requirement of players for each position
- Act with integrity and objectivity in all aspects of the selection process
- Ensure all selection materials, discussions and meetings remain confidential to the Selection Panel and appropriate personnel
- Declare a conflict of interest and notify the appropriate person of the conflict as soon as they become aware it exists and remove herself/himself from the selection or resign as a selector

Method of selection:

Selection is based on the competencies and characteristics of a player. Selectors decide which players have the required competencies and characteristics for each team by observing them and collecting evidence against the selection criteria rubric. Selector will independently score each player, and scoring will be compiled and calculated at the conclusion of the trials.

Deliberation on team selections.

Coaches will be provided with the player scores and selectors recommendations.

Coaches will spend time carefully placing players into each grade, starting from A grade through to 19/U

Senior Player Selection Criteria Rubric

	1.Developing	2. Average	3.Good	4.Excellent	5.Exceptional
Movement	Needs work to strengthen the ability to accelerate, COD (change of direction) and recover for a full game.	At times showed some ability to accelerate, COD, recover but needs to increase strength and repeatability of movement patterns.	Good ability to accelerate, COD, recover using multiple angles. Could maintain Strong movement patterns for 75% of the time.	Excellent ability to accelerate, COD, recover using multiple angles. For most times maintained strong movement patterns	Outstanding ability to accelerate, COD, recover using multiple angles. Repeatedly maintained strong movement patterns under all circumstances.
Ball Skills	Catching and passing technique needs correction as had a tendency to make errors under little pressure.	Tends to fumble the catch when pass is extended or under pressure. Sound technique with most passes but sometimes makes poor decisions.	Most times is in control of catching when extended or under pressure. Demonstrates Correct technique of passing and makes reliable decisions.	Excellent catching under most circumstances. Peripheral vision, decisions and pass placement and variety is reliable.	Outstanding catching under pressure and extension. Peripheral vision, decisions and pass placement and variety is consistently accurate.
Positional Skills	Basic skills for the position are still developing.	Showed a good grasp of basic skills for the position.	Executes skills required for the position.	Consistently executes skills required for the position.	Can execute skills required for the position consistently, at exceptional standard.
Tactical/ Strategy	Understanding of tactical strategies is developing.	Showed some understanding of tactical strategies required, however execution was limited.	At times showed some understanding of tactical strategies required, and executed correctly.	Able to execute tactical strategies required, correctly and consistently.	Able to lead, set, communicate and execute tactical strategies required in moments of pressure.
Attitude/Work Ethic	Works hard at times. Confidence and understanding of preparation and ability to be competitive is developing.	Works hard most of the time. Needs to grow confidence to be competitive. Shows respect and willingness to improve.	Shows grit and hard work. Plays at best some of the time. Is competitive at times. Shows respect and diligence to improve.	Shows grit and hard work. Plays best under most circumstances. Remains competitive most of the time. Shows respect and desire to improve.	Shows exceptional grit and hard work. Plays best against best. Is always competitive, respectful and coachability is obvious.

APPENDIX 1B – Junior Netball Club Selection Guidelines

Trial objectives:

We believe that junior sport should be safe, enjoyable, inclusive and maximise individual participation. Our Club acknowledges that positive experiences in junior competition will contribute to a lifelong love of sport.

The trial selection process occurs over a period of three - four weeks and involves a series of selection panels. Each selection panel is compiled of a different group of Club members and non-affiliated members of the community each week.

Members on the selection panels have been selected by members of the Netball sub-committee for their integrity, independence and integral knowledge of Netball as a team sport.

- 11/U - no trials are offered in this age group. Players may be grouped according to age, skill level or friendship group.
- 13/U - Players are asked to nominate and trial in 2 preferred positions AND must be scored in all thirds of the court.
- 15/U and 17/U - Each player will have the opportunity of informing the Junior Coordinator of their 2 preferred positions and every attempt will be made to accommodate these requests over the trial period.

Some players may be requested during the selection process to fill positions that were not selected as their preferred positions and may choose to not be scored when playing out of position - this may occur for one of two reasons:

1. The selection panel members identify skill areas during the trial period and wish to observe the player in those positions.
2. To assist with the overall team positioning dynamics. OGFNC encourage versatility in team sports, and we believe that having the ability to play across a range of positions will better prepare players for future sporting endeavours.

The final teams will be announced via an email to all players prior to the first training session. Some movement by players may occur between teams as required due to injury or unavailability. Some older age players may be given the opportunity to be extended and play for a higher age group. In all cases, movement of any player/s will be at the discretion of the Junior or Senior Coordinators in consultation with and the agreement of the player/s and coach/s.

The following observations will contribute to the final selection of players to specific teams. Please note these are not in any specific order of importance:

Participation in selection process; Skills level – Defense, Attack and Mid-court; Strategic positioning/thinking; Agility and movement around the court; Attitude/ behaviour towards other players, coaches and parents and the selection process

Please note the following situations will not be taken into consideration within the selection process:

Inability to play at certain times; Preferences to certain game days/nights

Also be mindful that the players age, within specific age group has minimal impact on the team selection process. It is a combination of all of the above observations and considerations. This is applicable for both top and bottom age players. E.g. A player who is top age should not expect to be in a certain team solely due to falling into in the eldest age group and the same is applicable for bottom age players. No assumptions regarding the age of the player and which teams they are selected within should be made.

Junior Selection Philosophy Regarding Junior Development

The management of all Junior players is conducted carefully and with consideration for:

the importance of players playing with their peers; maintaining a sense of belonging and friendship; feeling supported throughout the selection process and being able to demonstrate playing ability in a safe, organised respectful environment.

The mental health of all our juniors is of paramount important and the Club administrators take their responsibility under Duty of Care very seriously.

Opportunities for Junior players to play out of own age group.

A junior player, selected in a junior side, may be eligible for experience playing in A, B, C or 19's grade as a junior development player. The amount of exposure or game time is at the discretion of the Senior Coach and must be negotiated with the Junior Coordinator and relevant junior coach so as not to put their junior team at a disadvantage.

APPENDIX 1C – 19/Under Team Selection Guidelines

Our Commitment

Our Club supports an open and fair process for the selection of teams.

We are committed to ensuring team inclusion for all members, regardless of age and other barriers.

It is at the Club's discretion whether or not the 19/U team is considered a Senior or Junior Team.

At OGFNC our 19/U Team is considered to be a Senior Team, in line with the Geelong Football Netball League.

Criteria

Selection for the 19/U team will be open to all eligible aged players and players below eligible aged as per the Junior Netball Development Procedures.

Eligible 19/U players have the option to trial for A grade, B grade and C grade, where appropriate. The Club encourages players that do wish to trial for those alternative senior teams to discuss this with the Senior Coach, Senior Coordinator and other Coaches. Eligible 19/U players do not have the option to trial for D or E grade. However, the Club reserves the option to invite 19/U players to bench for D grade or E grade, dependent on Club needs.

Refer to Appendix 1A – Open Grades Selection Guidelines for further information in regard to the 19/U Team Selection Guidelines.

APPENDIX 2 - Fill-in Procedure Guidelines

Fill In Procedure Guidelines				
Age Level	Reason for Fill In	Court-time Requirement	Qualifying for Finals*	Same Fill In?
11/U & 13/U	One off requirement when available team members are 8 players or less	Has the fill in made a special trip to attend? YES At least 1 quarter of game time, no more than a half unless no other option	No	No
		Has the fill in made a special trip to attend? NO No requirement for court time, can play up to half, more when no other option	No	No
	Team member has sustained an injury that will have them sidelined for 1 or 2 games	As per 'special trip' scenario	No	No
	Team member has sustained an injury that will have them sidelined for 3+ games prior to season halfway	As per 'special trip' scenario	No	No
	Team member has sustained an injury that will have them sidelined for 3+ games after season halfway	Qualify player for finals based on that section's qualification process. Ensure 'fill in' is being used only for qualification processes, original team members should not be sitting off for extended periods	Yes	Yes
	Team member has advised of extended trip (missing 3+ games) through the season - will be available for finals (13/U only)	As per 'special trip' scenario	No	No
	Team member has advised of extended trip through the season - will not be available for finals (13/U only)	Qualify player for finals based on that section's qualification process. Ensure 'fill in' is being used only for qualification processes, original team members should not be sitting off for extended periods	Yes	Yes
	Team as a collective (through injury or illness) will be missing a player for more than 6 games (not including finals)	As per 'special trip' scenario	No	No

	Team as a collective (through injury or illness) will be missing a player for more than 6 games (including finals)	Qualify player for finals based on that section's qualification process. Ensure 'fill in' is being used only for qualification processes, original team members should not be sitting off for extended periods	Yes	Yes
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Age Level	Reason for Fill In	Court-time Requirement	Qualifying for Finals*	Same Fill In?
15/U & 17/U	One off requirement when team member is injured, ill or away	No requirement for court time, can play as much as coach deems necessary based on positional needs	No	No
	Team member has advised of extended trip (missing 3+ games) through the season - will be available for finals	No requirement for court time, can play as much as coach deems necessary based on positional needs	No	Yes – Coaches Discretion
	Team member has advised of extended trip through the season - will not be available for finals	Qualify player for finals based on that section's qualification process. Ensure 'fill in' is being used only for qualification processes, original team members should not be sitting off for extended periods	Yes	Yes
	Team member has sustained an injury that will have them sidelined for 3+ games prior to season halfway	No requirement for court time, can play as much as coach deems necessary based on positional needs.	No	Yes – Coaches Discretion
	Team member has sustained an injury that will have them sidelined for 3+ games after season halfway	Qualify player for finals based on that section's qualification process. Ensure 'fill in' is being used only for qualification processes, original team members should not be sitting off for extended periods	Yes	Yes

	Team as a collective (through injury or illness) will be missing a player for more than 6 games (not finals)	No requirement for court time, can play as much as coach deems necessary based on positional needs.	No	Yes – Coaches Discretion
	Team as a collective (through injury or illness) will be missing a player for more than 6 games (including finals)	Qualify player for finals based on that section’s qualification process. Ensure 'fill in' is being used only for qualification processes, original team members should not be sitting off for extended periods	Yes	Yes

Definitions

Special trip – did not have to be at the venue to play their own game

No other option – only 7 players (including the fill in)

Considerations

	11/U	13/U	15/U	17/U
Can you play a fill in over a team member?	As above Court time Requirements	As above Court time Requirements	As above Court time Requirements - noting that the fill in player can be given court time ahead of a team member if the fill in player fills a specific position (i.e. missing defenders, but have attackers sitting on the bench)	As above Court time Requirements - noting that the fill in player can be given court time ahead of a team member if the fill in player fills a specific position (i.e. missing defenders, but have attackers sitting on the bench)
Can you start a fill in over a team member?	No	No	Yes – based on positional needs	Yes – based on positional needs
Can you start a fill in over a team member due to team member not training?	No	Yes - dependant on the reason for missing training. This will need to be communicated to player AND parent	Yes - dependant on the reason for missing training. This will need to be communicated to player	Yes - dependant on the reason for missing training. This will need to be communicated to player

Reason for Missing Training

Sick	Other team members to start ahead of this player. Fill in can start ahead of this player if needed positionally (15/U & 17/U only)
Injured	Should still attend training - not available to play until player has provided a medical clearance and can complete a full training session
Other sport commitment	Team member can start on the court, with the coach taking into account the above considerations (i.e. - positional needs, special trip etc.)
Holiday	Other team members to start ahead of this player. Fill in can start ahead of this player if needed positionally (15/U & 17/U only)
Work commitment	Team member can start on the court, with the coach taking into account the above considerations (i.e. - positional needs, special trip etc.)
School event - compulsory	Team member can start on the court, with the coach taking into account the above considerations (i.e. - positional needs, special trip etc.)
School event - noncompulsory	Coaches' discretion
Family engagement	Fill in can start ahead of this player
Unforeseen circumstances	Coaches' discretion

Junior Team Fill In Request Process

1	Coach approaches their own age group coordinator (AGC)
2	AGC will manage the process of finding a fill in in conjunction with the AGC from the age level the fill in player is coming from
3	The AGC of the fill in player contacts the parents of the player and asks if they'd like to fill in and gives them game details (and court-time requirements as per above guidelines). Then, if given permission they pass the parent contact details to the AGC who requires the fill in, who will then pass it on to the coach for any emergency contact before the game, and to the final confirmation of venue/court/time.
4	The AGC who requires the fill in will advise the coach and the team managers (TM) of both teams of the outcome
5	The TM then enters the fill in player onto PlayHQ prior to the lineup cut off. Otherwise, they need to be written on the scoresheet before the start of the game

Clarification

Role of Coach

- Coach contacts (calls/test/email or chats to) their own AGC letting them know a fill in is required.
- Coach may request a player: e.g. the coach might say they need a centre court player and they'd love Jane to fill in, or they may simply say they need a player to fill in
- The AGC will contact the coach letting them know they have successfully found a suitable player to fill in. This may be Jane or may not be if there are rules prohibiting Jane from filling in, or if she is unavailable, or if there is a fairer option in terms of giving other suitable players an opportunity).

Role of Team Manager

If a player lets them know that they are unable to play, the TM simply lets the coach know. It will be up to the coach to decide if they need a fill in or not. If they do, the coach lets the AGC know accordingly.

- The AGC contacts the TM with the details of the secured fill in player
- The TM enters the fill in player details on PlayHQ or team sheet

Role of Age Group Coordinator

Coaches will contact their AGC requesting a fill in player. AGC either sources a player from their own age level or contact relevant AGC to source a player

- AGC refers to the Fill In Recruitment Guidelines document and the AFL Barwon rules chart to source a suitable - considering coaches requests, where possible

- AGC contacts the player (via parent contact) to request fill in and provide game time and place details. When successful. AGC asks permission to share the player contact details with the relevant coach and TM

- AGC gives player information and contact details to the relevant coach and TM (and possibly other AGC)

It is very important that each relevant AGC has fill in player information so that an accurate record of games can be kept.

Qualification Process**

Friday night teams	Players must take the court in at least 4 games to be eligible to participate in that division's finals series
Saturday teams	Players must take the court in at least 6 games to be eligible to participate in that division's finals series

Junior Fill in Considerations when Recruiting a Fill In Player

Short term replacement	<ul style="list-style-type: none"> - Adherence to AFL Barwon rules (table below) - Player from the same age group where possible - Top aged player where possible - Selection based on ability - through consultation with the coach - Selection based on fairness - based on reliability and commitment of player as well as giving all deserving and willing players an opportunity to fill in when possible.
Long term/permanent replacement	- Permanent replacements are on a need's basis in consultation with relevant coach, age group coordinator, and junior coordinator as per guidelines above

* Aim is to have 10 players qualified for finals.

** Where teams play less than 80% of the maximum number of scheduled games, a pro rata system will apply. Players must have taken the court in one third of the available games in order to be eligible for that division's finals.

Sourcing a Fill in for a Junior Team

Team	Who CAN Fill In	Who CANNOT Fill In	Notes
17/U Div 1	17/U Div 2, 15/U Div 1, 15/U Div 2	Friday Night - any age	
17/U Div 2	15/U Div 1, 15/U Div 2, 17/U Div 3 & 4 (but once they take the court in the 9th game, they can't go back to Friday night team)	17/U Div 1	
17/U Div 3	15/U Div 2, 3, 4, 5, 6 and 17/U Friday night player (max of 5 games)	Saturday Team Div 1 15/U Div 2 player who has taken the court for any Div 1 team,	A 17/U Div 4 can fill in, once taking the court in their 6th game, they are locked into the higher division
17/U Div 4	15/U Div 2, 3, 4, 5, 6	17/U Div 3 team once sealed in higher division Saturday team - Div 1 15/U Div 2 player who has taken the court for any Div 1 team	
15/U Div 1	15/U Div 2, 13/U Div 1, 13/U Div 2	Friday Night - any age	

15/U Div 2	13/U Div 1, 13/U Div 2, 15/U Div 3, 4, 5, 6 (but once they take the court in the 9th game, they can't go back to Friday night team)	15/U Div 1	
15/U Div 3	13/U Div 2, 3, 4, 5, 6 15/U Friday night player (max 5 games then locked into higher division)	Saturday team - Div 1 13/U Div 2 player who has taken the court for any Div 1 team	A 15/U Div 4, 5, or 6 could fill in, but will be locked into the higher division after taking the court in 6th game
15/U Div 4	13/U Div 2, 3, 4, 5, 6 15/U Friday night player (max 5 games then locked into higher division)	15/U Div 2 and 3 players who are locked in Saturday team - Div 1	A 15/U Div 5 or 6 could fill in, but will be locked into the higher division after taking the court in 6th game
15/U Div 5	13/U Div 2, 3, 4, 5, 6 15/U Friday night player (max 5 games then locked into higher division)	15/U Div 2, 3, and 4 players who are locked in Saturday team - Div 1	A 15/U Div 6 could fill in, but will be locked into the higher division after taking the court in 6th game
15/U Div 6	13/U Div 2, 3, 4, 5, 6 15/U Friday night player (max 5 games then locked into higher division)	15/U Div 2, 3, 4, and 5 players who are locked in Saturday team - Div 1	
13/U Div 1	13/U Div 2, 11/U	Friday Night - any age	
13/U Div 2	13/U Div 3, 4, 5, 6 (but once they take the court in the 9th game, they can't go back to Friday night team)	13/U Div 1	
13/U Div 3	11/U 13/U Friday night player (max 5 games then locked into higher division)	13/U Div 1 13/U Div 2 players who are locked in	A 13/U Div 4, 5, or 6 could fill in, but will be locked into the higher division after taking the court in 6th game
13/U Div 4	11/U 13/U Friday night player (max 5 games then locked into higher division)	13/U Div 1 13/U Div 2 and 3 players who are locked in	A 13/U Div 5, or 6 could fill in, but will be locked into the higher division after taking the court in 6th game
13/U Div 5	11/U 13/U Friday night player (max 5 games then locked into higher division)	13/U Div 1 13/U Div 2, 3, and 4 players who are locked in	A 13/U Div 6 could fill in, but will be locked into the higher division after taking the court in 6th game
13/U Div 6	11/U 13/U Friday night player (max 5 games then locked into higher division)	13/U Div 1 13/U Div 2, 3, 4, 5, and 6 players who are locked in	
11/U	11/U player not locked into a higher division (division order is alphabetical i.e. Blue is Div 1, Yellow is Div 7)	Any 11/U who is locked into a higher division Any 11/U who has taken the court in a Div 1 team	Any one is ok to fill in provided they have their NV Membership and registered with GJN and Play HQ

Clarifications

<p>Once a player takes the court in a division 1 game on Saturday they cannot play ANY Friday night game.</p> <p>Once a player takes the court in 9 Saturday games, they are locked in and cannot go down (from Div 1 to Div 2 or from Div 2 to any Friday team in same age group).</p> <p>Once a player takes the court in 6 Friday games they are locked in and cannot go down.</p>
<p>Saturday players can take part in two finals per day provided they are in different age groups.</p> <p>Friday night players cannot take part in two finals per day - of any age group.</p> <p>A Saturday player may play a final and play in a Friday night final provided they don't play in a Division 1 team, and the Friday team is the age group above.</p> <p>A player is not permitted to play in more than two finals per weekend.</p>
<p>Players may play no more than two games over one night in midweek competitions.</p>
<p>Movement between teams is not permitted in the grading period without explicit consent from the competition coordinator.</p>

Sourcing a Fill in for a Senior Team

Team	Who CAN Fill In	Who CANNOT Fill In	Notes
A Grade	B Grade, 19/U Div 1, Juniors turning 15 or older		<p>Once a player takes the court in a senior grade, they are then ineligible for any grade two below e.g. Once they play A grade, they cannot play C or lower. This also applies to juniors filling in for senior grades as well.</p> <p>If a 19/U player takes the court in B grade, the lowest they can then play is C Grade</p>
B Grade	C Grade, 19/U Div 1, Juniors turning 15 or older	Those sealed in A Grade	
C Grade	D Grade, 19/U Div 1, Juniors turning 15 or older	A Grade or those sealed in B Grade	
D Grade	E Grade, Juniors turning 15 or older	A or B Grade or those sealed in C Grade	
E Grade	19/U Div 1, Juniors turning 15 or older	A, B or C Grade, or those sealed in D Grade	
19/U Div 1	17/U Div 1, 17/U Div 2	Anyone over the age of 19	
19/U Div 2	Any 17/U player	19/U Div 1 once sealed up, anyone turning 20 that year	

APPENDIX 3 – Netball Coaches Selection Policy

Our Commitment

Our Club supports an open and fair process for the selection of coaches.

We are committed to ensuring a fair, impartial and transparent process that ensures coaching consideration is given to all eligible applicants.

Process

All voluntary senior and junior coaching positions are declared vacant at the end of each season.

All interested coaches will be requested to submit an expression of interest at the end of the preceding season and due prior to the commencement of netball trials. Requests for expression of interest will be posted on the OGFNC Facebook page, Grubbettes closed Facebook group and Grubbers Junior Netball closed Facebook group.

All coaching positions will be appointed at the discretion of the Netball Director, Senior Coordinator, Junior Coordinator, Head Coach and Coaching Coordinator, based on prior coaching experience, netball experience, coaching accreditation, reasons for wanting to coach, needs of the team, needs of the club and any other relevant factors considered by the selection group.

Additional considerations -

We have always been fortunate and thankful to have many of our parents offering to coach our junior teams.

- * Majority of our 11U teams have parents coaching their own children, which we have encouraged due to the size of our Club and availability of coaches.
- * This is not an ideal situation for the developing coach, or the developing player and we do what we can to avoid coaches coaching their own children.
- * This is not possible for all of our Friday night teams but remains one of the highest priorities for the selection committee and so far, Saturday teams have not had a parent as coach.
- * There are obvious considerations in relation to game times when appointing a coach especially when coaches are also playing and umpiring on the same day. Coaches need to be available for warm up, during the game and also for the cool down and debrief with their players.

All offers of appointment will be communicated by the Coaching Coordinator via email.

All appointed coaches will have a valid Working with Children Check, relevant Coaching Accreditation (minimum Development Coaching Accreditation for A Grade), and must pay Netball Victoria On-Court Membership.

Any aggrieved applicant has the discretion to make an application to the OGFNC Netball Sub-Committee for review of any coaching appointment decision, pleading their case and the reasons they believe reversal and reconsideration of the decision has merit.

APPENDIX 4 - Voting Policy

Voting - OGFNC Netball 2025

11U Competition

Best and Fairest Votes

We do not collect Best and Fairest Votes for players in the 11/U competition. Each player is recognised at the end of the season with a medallion.

Sponsor Vouchers

The coach will award a sponsor voucher at the end of the game for the player they see fit. It may be all round best performance or for something they've implemented from training.

The vouchers should be shared evenly amongst all players by the end of the season.

All other Junior Age Groups

Media Votes

Media Votes are recorded on PLAYHQ after the completion of each game and sometimes in the newspaper.

The coach determines the votes.

Media Votes may be awarded for:

- Outstanding performance
- Commitment at training
- Completing a set task the coach may have allocated to a player
- Demonstrating Club Values

Sponsors vouchers

Players are awarded a Sponsors Award each week. They should be shared evenly amongst players by the end of the season.

Friday Night Teams

The coach decides who gets the media votes and they write the number 1,2 or 3 next to the players name on the scoreboard.

As per AFL Barwon instruction votes are recorded as follows:

- 1 for the 'best' player,
- 2 for second 'best' player and
- 3 for third 'best' player.

Please be aware that not all Clubs will record Media Votes

Saturday Teams

At an Ocean Grove home game, the Team Manager will place the media votes slip in the game day clipboard for both teams.

The Coach will fill out the slips. They are then placed back into the clipboard.

Not all clubs record media votes, so if the other team elects to not complete them that is ok.

At an away game the other team should put the media vote slip in the game day clipboard. If the slip is missing, there will be some spare slips in the team bag.

The Team Manager should fill out all the relevant information, e.g. Round, team name etc. Place the slip back in the clipboard after being filled out with votes.

OGFNC Club Best & Fairest Votes

The Club votes are important/confidential, and trophies are awarded by OGFNC at the end of the season.

Friday Teams

The coach and a parent (rotating each week) will decide on the votes for each game. These are done as two separate votes, i.e. votes are not determined collaboratively.

This should reflect the top players for that night.

Club vote envelopes and forms are in your team bag. Check it's the right one for each game!

At the end of the game write the award recipients on the form and give the sealed envelope to the coach.

The coach will put in in the OGFNC Club Votes tin in the Netball Office at Shell Road. Please make sure this is done weekly so they are kept safe and are not lost.

Saturday Teams

Home Game – Club vote envelope and form will be in the team bag.

On game day the TM will put the envelope on the game day clipboard.

The coach and a parent (rotating each week) will fill out the votes at the end of the game and seal the envelope. These are done as two separate votes, i.e. votes are not determined collaboratively.

The TM will put the envelope in the Club votes tin in the office.

Away Game – TM will put the Club votes envelope and form on the game day clipboard.

Coach and rotating parent (e.g. scorer if that is rotated) will award the votes and put the form back on the clipboard sealed in the envelope.

Note for **Seniors** it will be the Coach and a Committee member/informed person who will award the Club best and fairest votes each week.

League Votes

Friday Teams

Nothing to do! AFL Barwon do it all.

Saturday Teams

The Committee will put league vote slip in the game day clipboard. Nothing else to do.

APPENDIX 5 - Codes of Behaviour

Players Code of Behaviour

It is an expectation that all players and parents abide by the relevant Codes of Conduct. In addition to these codes, we ask that the following expectations be adhered to:

- Play by the rules.
- Never argue with an official. If you disagree, have your captain, coach or manager approach the official during a break or after the competition.
- Control your temper. Verbal abuse of officials, sledging other players, and deliberately distracting or provoking an opponent are not acceptable or permitted behaviour in any sport.
- Work equally hard for yourself and/or your team. Your team's performance will benefit, so will you.
- Be a good sport. Applaud all good plays whether they are made by your team or the opposition.
- Treat all participants in your sport as you like to be treated. Do not bully or take unfair advantage of another competitor.
- Co-operate with your coach, teammates and opponents. Without them, there would be no competition.
- Participate for your own enjoyment and benefit, not just to please parents and coaches.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.

Players are encouraged to discuss any issues they may have with their coaches.

Parents Code of Behaviour

- Remember that children participate in sport for their enjoyment, not yours.
- Encourage children to participate, do not force them.
- Focus on the child's efforts and performance rather than winning or losing.
- Encourage children always to play according to the rules and to settle disagreements without resorting to hostility or violence.
- Never ridicule or yell at a child for making a mistake or losing a competition.
- Remember that children learn best by example. Appreciate good performances and skillful plays by all participants.
- Support all efforts to remove verbal and physical abuse from sporting activities.
- Respect officials' decisions and teach children to do likewise.
- Show appreciation for volunteer coaches, officials and administrators. Without them, your child could not participate.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

Parents and family are welcome and encouraged to support their child by attending games. However, we ask that you do not attempt to coach from the sidelines.

It is appropriate to be encouraging, it is not appropriate to instruct players on what or how they should be playing. Players are required to focus on the instructions of their coaches and should not be distracted by parents on the sidelines.

As a parent if you wish to receive feedback in relation to your player's progress or have questions regarding their positioning, the initial enquiry should be directed to the Team Manager who can discuss with the Coach a suitable time to meet in person for a face-to-face conversation.

At no stage should a parent wishing to seek feedback approach a coach on the bench, after a game, in any other arena or by text / email / phone call without following the above process.

Coaches Code of Behaviour

- Remember that young people participate for pleasure and winning is only part of the fun.
- Never ridicule or yell at a young player for making a mistake or not coming first.
- Be reasonable in your demands on players' time, energy and enthusiasm.
- Operate within the rules and spirit of your sport and teach your players to do the same.

- Ensure that the time players spend with you is a positive experience. All young people are deserving of equal attention and opportunities.
- Avoid overplaying the talented players; ALL players need and deserve equal time.
- Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all players.
- Display control, respect and professionalism to all involved with the sport. This includes opponents, coaches, officials, administrators, the media, parents and spectators. Encourage your players to do the same.
- Show concern and caution toward sick and injured players. Follow the advice of a physician when determining whether an injured player is ready to recommence training or competition.
- Obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of young people.
- Any physical contact with a young person should be appropriate to the situation and necessary for the player's skill development.
- Respect the rights, dignity and worth of every young person

Administrators' Code of Behaviour

- Involve young people in planning, leadership, evaluation and decision making related to the activity.
- Give all young people equal opportunities to participate.
- Create pathways for young people to participate in sport, not just as a player, but as a coach, umpire, administrator, etc.
- Ensure that rules, equipment, length of games and training schedules are modified to suit the age, ability and maturity level of young players.
- Provide quality supervision and instruction for junior players.
- Remember that young people participate for their enjoyment and benefit. Do not over-emphasize awards.
- Help coaches and officials highlight appropriate behaviour and skill development and help improve the standards of coaching and officiating.
- Ensure that everyone involved in junior sport emphasizes fair play, and not winning at all costs.
- Give a copy of the code of behaviour sheet to spectators, officials, parents, coaches, players and the media, where possible and encourage them to follow it.
- Remember, you set an example. Your behaviour and comments should be positive and supportive.
- Make it clear that abusing young people in any way is unacceptable and will result in disciplinary action.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

Officials' Code of Behaviour

- Modify rules and regulations to match the skill levels and needs of young people.
- Compliment and encourage all participants.
- Be consistent, objective and courteous when making decisions.
- Condemn unsporting behaviour and promote respect for all opponents.
- Emphasize the spirit of the game rather than the errors.
- Encourage and promote rule changes which will make participation more enjoyable.
- Be a good sport yourself. Actions speak louder than words.
- Keep up to date with the latest trends in officiating and the principles of growth and development of young people.
- Remember, you set an example. Your behaviour and comments should be positive and supportive.
- Place the safety and welfare of the participants above all else.
- Give all young people a 'fair go' regardless of their gender, ability, cultural background or religion.

Spectators' Code of Behaviour

- Remember that young people participate in sport for their enjoyment and benefit, not yours.
- Applaud good performance and efforts from all individuals and teams. Congratulate all participants on their performance regardless of the game's outcome.
- Respect the decisions of officials and teach young people to do the same.
- Never ridicule or scold a young player for making a mistake. Positive comments are motivational.
- Condemn the use of violence in any form, whether it is by spectators, coaches, officials or players.
- Show respect for your team's opponents. Without them, there would be no game.
- Encourage players to follow the rules and the officials' decisions.
- Do not use foul language, sledge or harass players, coaches or officials.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

It is not appropriate to instruct the players from the sidelines on what or how they should be playing. Players are required to focus on the instructions of their coaches and should not be distracted by parents or other persons on the sidelines.

This policy applies to all spectators; when negative comments emanate from the spectators' bench the positive atmosphere the club encourages is lost and the team walk away from the match with reduced confidence and can feel defeated. Please be always mindful that words have meaning and the power to destroy a young player's confidence whether it be intentional or not.

Reference: Australian Sports Commission

APPENDIX 6 – GENERAL INFORMATION

Information Links

Club Policies:

[Club Policies | Ocean Grove Football and Netball Club | TidyHQ](#)

AFL Barwon preseason handbook:

<https://www.aflbarwon.com.au/images/2025/Documents/AFL%20Barwon%20Pre-season%20Handbook%20-%20Netball.pdf>

AFL match day operations manual:

To be inserted once available from AFL Barwon

Useful Websites

Netball Victoria: <http://www.netballvic.com.au>

Club website: <https://ogfnc.com.au/>

Good sports: <http://www.goodsports.com.au>

Play by the rules: <http://www.playbytherules.net.au>

Beyond Blue: <http://www.beyondblue.org.au>

Head Space: <http://www.headspace.org.au>

Reach out: <http://au.reachout.com>

Better Health: <http://www.betterhealth.vic.gov.au>

APPENDIX 7 – 2025 Fixture

2025 BELLARINE FOOTBALL NETBALL LEAGUE FIXTURE



ROUND 1

SATURDAY 5TH APRIL

Barwon Heads vs. Portarlington
APCO Cafe24-7 Oval

Drysdale vs. Anglesea
Martimer Oval

Modewarre vs. Ocean Grove
Community Bank Oval

Newcomb vs. Queenscliff
PlasterCom Oval

Torquay vs. Geelong Amateur
McCartney Oval

ROUND 2

SATURDAY 12TH APRIL

Drysdale vs. Modewarre
Martimer Oval

Geelong Amateur vs. Anglesea
KFC Oval

Newcomb vs. Torquay
PlasterCom Oval

Ocean Grove vs. Portarlington
Ray Menzies Oval

Queenscliff vs. Barwon Heads
Queenscliff R.R.

ROUND 3

FRIDAY 18TH APRIL (GOOD FRIDAY)

Modewarre vs. Geelong Amateur
Community Bank Oval

Torquay vs. Barwon Heads
McCartney Oval

SATURDAY 19TH APRIL (EASTER)

Anglesea vs. Ocean Grove
Ellimatta Reserve

Portarlington vs. Newcomb
Portarlington R.R.

Queenscliff vs. Drysdale
Queenscliff R.R.

ROUND 4

FRIDAY 25TH APRIL (ANZAC DAY)

Drysdale vs. Portarlington
Martimer Oval

Newcomb vs. Ocean Grove (N)
PlasterCom Oval

SATURDAY 26TH APRIL

Anglesea vs. Torquay
Ellimatta Reserve

Barwon Heads vs. Geelong Amateur
APCO Cafe24-7 Oval

Modewarre vs. Queenscliff
Community Bank Oval

ROUND 5

SATURDAY 3RD MAY

Barwon Heads vs. Anglesea
APCO Cafe24-7 Oval

Geelong Amateur vs. Drysdale
KFC Oval

Newcomb vs. Modewarre
PlasterCom Oval

Ocean Grove vs. Queenscliff
Ray Menzies Oval

Portarlington vs. Torquay
Portarlington R.R.

ROUND 6

SATURDAY 10TH MAY

Anglesea vs. Portarlington
Ellimatta Reserve

Drysdale vs. Newcomb
Martimer Oval

Ocean Grove vs. Barwon Heads
Ray Menzies Oval

Queenscliff vs. Geelong Amateur
Queenscliff R.R.

Torquay vs. Modewarre
McCartney Oval

ROUND 7

SATURDAY 24TH MAY

Drysdale vs. Torquay
Martimer Oval

Geelong Amateur vs. Ocean Grove
KFC Oval

Modewarre vs. Barwon Heads
Community Bank Oval

Newcomb vs. Anglesea
PlasterCom Oval

Queenscliff vs. Portarlington
Queenscliff R.R.

ROUND 8

SATURDAY 31ST MAY

Anglesea vs. Modewarre
Ellimatta Reserve

Barwon Heads vs. Newcomb
APCO Cafe24-7 Oval

Ocean Grove vs. Drysdale
Ray Menzies Oval

Portarlington vs. Geelong Amateur
Portarlington R.R.

Torquay vs. Queenscliff
McCartney Oval

ROUND 9

SATURDAY 7TH JUNE (KING B'DAY)

Anglesea vs. Geelong Amateur
Ellimatta Reserve

Barwon Heads vs. Queenscliff
APCO Cafe24-7 Oval

Modewarre vs. Drysdale
Community Bank Oval

Portarlington vs. Ocean Grove
Portarlington R.R.

Torquay vs. Newcomb
McCartney Oval

ROUND 10

SATURDAY 14TH JUNE

Drysdale vs. Barwon Heads
Martimer Oval

Geelong Amateur vs. Modewarre
KFC Oval

Newcomb vs. Portarlington
PlasterCom Oval

Ocean Grove vs. Torquay
Ray Menzies Oval

Queenscliff vs. Anglesea
Queenscliff R.R.

ROUND 11

SATURDAY 21ST JUNE

Barwon Heads vs. Torquay
APCO Cafe24-7 Oval

Drysdale vs. Queenscliff
Martimer Oval

Newcomb vs. Geelong Amateur
PlasterCom Oval

Ocean Grove vs. Anglesea
Ray Menzies Oval

Portarlington vs. Modewarre
Portarlington R.R.

ROUND 12

SATURDAY 28TH JUNE

Anglesea vs. Drysdale
Ellimatta Reserve

Geelong Amateur vs. Barwon Heads
KFC Oval

Modewarre vs. Newcomb
Community Bank Oval

Queenscliff vs. Ocean Grove
Queenscliff R.R.

Torquay vs. Portarlington
McCartney Oval

ROUND 13

SATURDAY 5TH JULY

Geelong Amateur vs. Queenscliff
KFC Oval

Newcomb vs. Drysdale
PlasterCom Oval

Ocean Grove vs. Modewarre
Ray Menzies Oval

Portarlington vs. Barwon Heads
Portarlington R.R.

Torquay vs. Anglesea
McCartney Oval

ROUND 14

SATURDAY 19TH JULY

Barwon Heads vs. Ocean Grove
APCO Cafe24-7 Oval

Drysdale vs. Geelong Amateur
Martimer Oval

Modewarre vs. Torquay
Community Bank Oval

Portarlington vs. Anglesea
Portarlington R.R.

Queenscliff vs. Newcomb
Queenscliff R.R.

ROUND 15

SATURDAY 26TH JULY

Anglesea vs. Barwon Heads
Ellimatta Reserve

Geelong Amateur vs. Portarlington
KFC Oval

Ocean Grove vs. Newcomb
Ray Menzies Oval

Queenscliff vs. Modewarre
Queenscliff R.R.

Torquay vs. Drysdale
McCartney Oval

ROUND 16

SATURDAY 2ND AUGUST

Drysdale vs. Ocean Grove
Martimer Oval

Geelong Amateur vs. Torquay
KFC Oval

Modewarre vs. Anglesea
Community Bank Oval

Newcomb vs. Barwon Heads
PlasterCom Oval

Portarlington vs. Queenscliff
Portarlington R.R.

ROUND 17

SATURDAY 9TH AUGUST

Anglesea vs. Newcomb
Ellimatta Reserve

Barwon Heads vs. Modewarre
APCO Cafe24-7 Oval

Ocean Grove vs. Geelong Amateur
Ray Menzies Oval

Portarlington vs. Drysdale
Portarlington R.R.

Queenscliff vs. Torquay
Queenscliff R.R.

ROUND 18

SATURDAY 16TH AUGUST

Anglesea vs. Queenscliff
Ellimatta Reserve

Barwon Heads vs. Drysdale
APCO Cafe24-7 Oval

Geelong Amateur vs. Newcomb
KFC Oval

Modewarre vs. Portarlington
Community Bank Oval

Torquay vs. Ocean Grove
McCartney Oval

BYES

SATURDAY 17TH MAY
SATURDAY 12TH JULY

GRAND FINAL

SATURDAY 13TH SEPTEMBER

