

TAKING REFUGE AND GENERATING BODHICHITTA

Sang gya cho dang tshog kyi chog nam la

Jang chub bar du dag ni kyab su chi

Dag gi jin sog gyi pai so nam gyi

Dro la pan chir sang gye drub par shog

I go for refuge until I am enlightened

To the Buddha, the Dharma and the supreme assembly

By the merit I create

By listening to the teachings, giving and other perfections

May I attain Buddhahood for the sake of all sentient beings.

SHORT MANDALA OFFERING

Sa shi poe kyi jug shing me tog tram

Re rab ling shi nyi dai gyan pa di

Sang gye shing du mig te ul wa yi

Dro kun nam dag shing la choe par shog

Dedication Prayers

Ge wa di nyur du dag

La ma sang gya drub gyur na

Dro wa chig kyang ma lu pa

Deyi sa la go par shog

Due to the merit that I have collected

May I soon attain the enlightened state of Guru Buddha

That I may be able to liberate

All sentient beings from their suffering.

Jang chub sem chog rin po che

Ma kye pa nam kye gyur chig

Kye wa nyam pa me pa yang

Gong na gong du phel war shog

May the precious bodhi mind

Not yet born arise and grow.

May that born have no decline

But increase forever more.

LONG LIFE PRAYER FOR HIS HOLINESS

Gang ri ra wai kor wai shing kam dir

Phan dang de wa ma lu jung wai nai

Chang rai zig wang ten dzin gya tso yi

Shab pai si thai bar du tan gyur chig