

2025 NADSA Secretary Report

Contents

	Page
Membership Numbers	3
2024 to 2025 Changes	5
Number of Committee Meetings Held	8
Significant Decisions Made at Committee Meetings	9
Overview of Committee Engagement and Structure	25
Recommendations for Improvement for the New Committee	25

Membership Numbers

As of 06/11/2025, there are 63 active 2025 NADSA memberships. The below tables outline this further.

Membership Category	Number of Students in the Category
NADSA Curtin Member (Curtin Student)	27
NADSA Curtin Affiliate (Non-Curtin Student)	1
NADSA Curtin Member (Guild Voucher)	34
NADSA Curtin Member (Student Cash)	0
NADSA Curtin Affiliate Member (Cash)	0
Curtin Student Expression of Interest (Cash)	1
Total Members	63

Membership Category	Students in the Category
NADSA Curtin Member (Curtin Student)	Abbey Galbraith, Allison Haskis, Aloyse Varnes, Anmol Bhalla, Ariane Eeson, Charli Dye, Christina Katsimbardis, Cewing Hung, Gwendolynn Tan, Hanin Abdelnaby, Hoang Nhu Thuy Nguyen, Indigo Ivey-McCrae, Joanna Qassis, Katherina Cooper, Kathryn Raffelt, Lara Grantham, Lauren Medd, Leen Shabeeh, Mariska Stulemeijer, Nicola

	D'Orazio, Poppy Forsyth, Priyanka Kota, Renee Rowe, Sarah Hurley, Sophie Boys, Tanami Boggs, Tyrone Huckstepp
NADSA Curtin Affiliate (Non-Curtin Student)	Sian Boon
NADSA Curtin Member (Guild Voucher)	Abhirami Radhakrishnapillai, Adelia Tedesco, Anais Stott, Chantal Marsters, Chloe Babis, Elsie Kamakia, Ian Campbell-Wray, Jasmin Fenner, Jasmine Nguyen, Jessica Cooper, Jennifer Wongsoswinoto, Kelli Chung, Kahlee Thomason, Laura Taylor, Leanne Dang, Mary Monisse, Michaela Collins, Millie Sales, Mya Stroud, Natalie Duangken, Ola Fleszar, Olivia Peckover, Olivia Susanto, Sarah Gregory, Savannah Dickson, Shachi Thakkar, Shania Smee, Sin Yiu Chau, Steph Virago, Tarren McDougall, Tsz Ching Tang, Xifan Huang, Yang Zhou, Zoe Hazeldine
Curtin Student Expression of Interest (Cash)	Ashley Chau

2024 to 2025 Changes

NADSA membership numbers declined from 86 in 2024 to 63 in 2025, a reduction of 22 members. Additionally, 43 2024 members did not renew their membership for 2025. The following table outlines this.

Total NADSA 2024 Members	Abhirami Radhakrishnapillai, Adelia Tedesco, Alexander Scherini, Alexia Dunkerly, Allison Haskis, Aloyse Varnes, Ana Caroline Rocha, Anais Stott, Andradege Silva, Ariyan Cooper, Ashleigh Humphries, Bibek Singh, Catherina Sossa Gongora, Cewing Hung, Chantal Marsters, Chloe Babis, Dharyll Balute, Edel Campbell, Eli O'Connor, Ella Matters, Elsie Kamakia, Emma Carroll, Hanin Abdelnaby, Hao Phimma, Hima Jhari Suravarapu, Ian Campbell-Wray, Imogen Handley, Jasmine Fenner, Jasmin Nguyen, Jennifer Wongsowinoto, Jessica Cooper, Juliana Nabakaawa, Kahlee Thomason, Karen Angel Jalocon, Kelli Chung, Lam Tran, Laura Taylor, Lauren Medd, Lauren Mullarney, Leanne Dang, Liam Pham, Lou Peuchot, Man Wai Rachel Leung, Mary Monisse, Michaela Collins, Mie Svane, Millie Sales, Morgan Mills, Mya Stroud, Natalie Duangken, Nick Sinclair-Buckley, Nicola de Vos,
---------------------------------	---

	Noopur Kulkarni, Ola Fleszar, Olivia Peckover, Olivia Symthe, Olivia Susanto, Penelope Gorgolis, Priyanka Kota, Renee Rowe, Sarah Gregory, Satish Kumar Pappuru, Savannah Dickson, Shachi Thakkar, Shania Smee, Sheel Parekh, Shu Qing Cheong, Shuhui Yong, Sin Yiu Chau, Sinead Harrigan, Steph Virago, Stephanie Precha, Suet Ying Yung, Tanami Boggs, Tarren McDougall, Tasha Thomas, Teresa McCluskey, Theo Harris, Tsz Ching Tang, Valerie Hendroff-Wong, Wajeeha Tariq, Warnakulasuriya Slesha, Xifan Huang, Yang Zhou, Zoe Colvin, Zoe Hazeldine.
NADSA 2024 Members (Renewed Membership for 2025)	Abhirami Radhakrishnapillai, Adelia Tedesco, Allison Haskis, Aloyse Varnes, Anais Stott, Ariyan Cooper, Cewing Hung, Chantal Marsters, Chloe Babis, Elsie Kamakia, Hanin Abdelnaby, Ian Campbell-Wray, Jasmine Fenner, Jasmin Nguyen, Jennifer Wongsonwinoto, Jessica Cooper, Kelli Chung, Kahlee Thomason, Laura Taylor, Lauren Medd, Leanne Dang, Mary Monisse, Michaela Collins, Millie Sales, Mya Stroud, Natalie Duangken, Ola Fleszar, Olivia Peckover, Olivia Susanto, Priyana Kota, Renee Row, Sarah Gregory, Savannah Dickson,

	Shachi Thakkar, Shania Smee, Sin Yiu Chau, Steph Virago, Tanami Boggs, Tarren McDougall, Tsz Ching Tang, Xifan Huanng, Yang Zhou, Zoe Hazeldine
NADSA 2024 Members (Did Not Renew Membership for 2025)	Alexander Scherini, Alexia Dunkerly, Ana Caroline Rocha, Andradege Silva, Ashleigh Humphries, Bibek Singh, Catherine Sossa Gongora, Dharyll Balute, Edel Campbell, Eli O'Connor, Ella Matters, Emma Carroll, Hao Phimma, Hima Jhari Suravarapu, Imogen Handley, Juliana Nabakaawa, Karen Angel Jalocon, Lam Tran, Lauren Mullarney, Liam Pham, Lou Peuchot, Man Wai Rachel Leung, Mie Svane, Morgan Mills, Nick Sinclair-Buckley, Nicola de Vos, Noopur Kulkarni, Olivia Symthe, Penelope Gorgolis, Satish Kumar Pappuru, Sheel Parekh, Shu Qing Cheong, Shuhui Yong, Sinead Harrigan, Stephanie Precha, Suet Ying Yung, Teresa McCluskey, Theo Harris, Valerie Hendroff-Wong, Wajeeha Tariq, Warnakulasuriya Sleesha, Zoe Colvin

Number of Committee Meetings Held

In 2025, 9 NADSA committee meetings were held including the upcoming NADSA 2025 AGM. The meetings were held on the 18/02/2025, 05/03/2025, 19/03/2025, 16/04/2025, 07/05/2025, 07/08/2025, 12/09/2025, 02/10/2025, 13/11/2025.

The following table outlines NADSA committee member attendance at the meetings.

Committee Meeting	Attended
18/02/2025	Theo, Hanin, Aloyse, Eli, Morgan, Leen
05/03/2025	Theo, Hanin, Aloyse, Mirabelle, Leen, Nicola, Anmol, Joanna
19/03/2025	Hanin, Aloyse, Anmol, Eli, Leen, Mirabelle, Morgan, Nicola
16/04/2025	Theo, Aloyse, Eli, Nicola, Ola, Leen, Anmol
07/05/2025	Theo, Hanin, Aloyse, Eli
07/08/2025	Theo, Hanin, Eli, Ola, Nicola
12/09/2025	Theo, Aloyse, Hanin, Joanna, Ola, Morgan, Nicola,
02/10/2025	Theo, Hanin, Ola, Eli, Nicola

Significant Decisions Made at Committee Meetings

18/02/2025 Committee Meeting

The Nutrition and Dietetics Student Association (NADSA) Curtin Committee Meeting 1 was held on 18 February 2025 at 2:00 PM, chaired by Theo Harris with Aloyse Varnes as minute taker. Attendees included Theo, Aloyse, Hanin, Eli, Morgan, and Leen. The meeting began with introductions and confirmation of committee roles. Theo is the President, Hanin is Vice President, and Aloyse is Secretary. The Treasurer position remains vacant, with two candidates currently under consideration. Theo will share Guild resources outlining committee responsibilities for those interested in learning more about their roles.

The committee then discussed NADSA's 2025 plans and goals. The first major event of the year will be a workshop with Dr Emma Beckett on 1 May 2025 at Curtin University. Dr Beckett will speak about translating nutrition information for the public and leveraging social media as a professional tool. On the same day, the Nutrition Society of Australia (NSA) Annual General Meeting will take place at Curtin, where Dr Beckett will also present. NADSA and NSA are also planning a quiz night in Semester 2, with details to be confirmed closer to the date. A Sundowner is tentatively planned for Weeks 3 or 4 of Semester 1. The association is in a strong financial position and aims to host more student engagement activities, particularly targeting first- and second-year students. The committee also plans to create a NADSA role guide to assist future teams. Other immediate tasks include appointing a social media manager by 24 February 2025, creating a Messenger group chat, and holding fortnightly meetings moving forward.

Discussion then moved to Guild O-Day, where NADSA will host a table at the Sculpture Garden. The morning shift (10:00 AM–12:30 PM) will be covered by Theo, Aloyse, and Hanin, while Millie (former president), Eli, and Theo will handle the afternoon shift (12:30 PM onwards). The table will include OzHarvest goodies to attract interest and promote NADSA membership. The focus will be on engaging

first- and second-year students to strengthen the association's future membership base.

For orientation speeches and presentations, Theo will update the NADSA PowerPoint with new names, photos, and roles. The goal is to spark interest among new students to join the committee. Theo will send Aloyse and Hanin short paragraphs to adapt into their own words for their orientation speeches.

The meeting concluded with updates on collaboration with the Nutrition Society of Australia (NSA). Theo, Aloyse, and Hanin met with Belinda, the NSA postgraduate representative. NSA expressed a desire to increase student awareness and involvement in their events. Theo will provide NADSA's bank account details to Belinda for ticket payment processing. Plans were made for an in-person catch-up between the NADSA committee, Belinda, and Montana. The NSA Quiz Night is scheduled for 8 or 9 September 2025 (6:00–8:00 PM), and NADSA will promote it during O-Week. By late July or early August, NADSA aims to finalise quiz themes, presenters, and questions. Theo will confirm whether Guild tokens can be used for catering.

Additionally, a workshop with Dr Beckett will be held on 1 May 2025 from 6:00–8:00 PM at Curtin Library Level 7, with a capacity of 60 students. The NSA will provide catering and marketing materials, while NADSA will assist with setup, pack-down, and student promotion. Students attending will be encouraged to bring laptops for interactive participation. The NSA AGM will take place earlier that same day from 4:00–5:00 PM, followed by refreshments.

In summary, the main tasks arising from the meeting include appointing a NADSA social media manager by 24 February 2025, Theo providing bank account details to Belinda, confirming Guild token use for quiz night catering, and arranging a joint catch-up meeting with NSA representatives.

05/03/2025 Committee Meeting

The Nutrition and Dietetics Student Association (NADSA) Curtin Committee Meeting 2 was held on 5 March 2025 at 12:00 PM in Building 400 at Curtin University. The meeting was chaired by Theo Harris, with Aloyse Varnes serving as the minute taker. Those present included Theo, Hanin, Aloyse, Mirabelle, Leen, Nicola, Anmol, and Joanna. The meeting began with a brief icebreaker, during which everyone introduced themselves and shared their favourite cuisine.

Theo then provided an update on committee roles. Mirabelle was confirmed as the Social Media Manager, while Ola was appointed as the new Treasurer. The NADSA bank account will be transferred to Ola's name to reflect this change. The committee also discussed creating a handbook that could be passed down from one NADSA committee to the next to help future members understand their roles and responsibilities more easily.

An update was given on the upcoming Nutrition Society of Australia (NSA) Workshop with Dr Emma Beckett, which will take place in May in the Curtin Library Lantern following the NSA Annual General Meeting. The workshop will be free for NADSA and NSA members, while non-members will pay five dollars. Attendance will be capped at sixty participants to ensure the event remains engaging and interactive. A ticket link is already available, and NSA will begin promotion soon. Catering is likely to be organised by the NSA.

The committee then discussed plans for the Sundowner event, which will be held in Week 4 to allow sufficient time for promotion. The event will take place at The Tav, and Ola will handle the Guild tokens for the expenses. To determine the most suitable date, a poll will be shared in the NADSA group chat and possibly on Instagram. Tuesday the eighteenth or Wednesday the nineteenth of March were suggested as preferred options. The Sundowner is intended to be a relaxed social event where students can meet and get to know one another.

Future plans for NADSA were also explored. The committee expressed interest in organising a larger event such as a cocktail night or gala later in the year and discussed the possibility of collaborating with other student committees to broaden participation.

Mirabelle presented ideas for improving NADSA's social media presence. She suggested making the Instagram account more interactive by featuring posts that introduce the committee members. Members will send photos of themselves wearing their Nutrition shirts, and two posts will be created, one for the general committee and another for the executive roles. Each member will also have an individual slide. To make the introductions engaging, members will share a fun fact such as their favourite unusual food combination or a food they disliked as a child but enjoy now. The committee also discussed conducting short interviews for Instagram and launching a NADSA TikTok account to increase engagement with students.

The next meeting will be scheduled after the Sundowner in Week 4, likely on Thursday or Friday, with the final date to be confirmed closer to the time.

19/05/2025 Committee Meeting

The Nutrition and Dietetics Student Association (NADSA) held a committee meeting on 19 March 2025 at 12:00 PM. The meeting focused on developing ideas to strengthen student engagement, expand outreach, and enhance the association's visibility across campus.

The committee first discussed strategies for increasing student involvement with NADSA. Members noted how other student clubs often host interactive lunchtime activities near the library and Building 108, and they expressed interest in adopting a similar approach to attract more students to participate in NADSA events.

Plans were made to order a NADSA banner for future promotional stalls and Guild O-Days. The banner will be ordered through Officeworks using a PVC option, and the committee will decide on the content and design details before proceeding with the purchase.

The committee then explored opportunities to promote NADSA beyond nutrition students. It was suggested that marketing efforts could target first-year Health Science students, as many of them later transfer into Nutrition. For more general social events such as sundowners, NADSA agreed these could be opened to all Health Science students to build stronger cross-discipline engagement.

Members discussed the idea of hosting a NADSA Ball later in the year, potentially in collaboration with another committee such as Allied Health. The event would likely take place towards the end of the academic year, offering an opportunity for students to celebrate together in a formal setting.

There was also discussion about potential collaborations with local gyms to organise fitness-related workshops. Ideas included free yoga or pilates sessions at Curtin

Stadium, with the possibility of sponsorships from gyms to provide snacks or protein drinks. The Guild could contribute food for these events. Mirabella will contact her gym regarding potential partnership opportunities, and she will also speak with a pilates instructor at Curtin Stadium. Both tasks were assigned to the Treasurer, Ola Fleszar, for follow-up.

To increase engagement with first- and second-year students, the committee proposed promoting NADSA at Open Day and through classroom visits, as well as distributing posters around campus.

The group also discussed launching a NADSA TikTok account to complement the existing Instagram page. All members will contribute videos, with the first posts introducing committee members and teaching staff using a “passing the phone” video format. Regular weekly content will include “Tummy Talks Tuesdays” featuring nutrition facts and “Whisk It Wednesdays” highlighting recipes. The TikTok account will share the same name as the Instagram account and will be linked to it for consistency.

Finally, the committee agreed to include academic staff in NADSA's social media content. Teachers such as Tony, Rebecca, Katya, Megan, Malla (the lab manager), and Simon (food chemistry lecturer) will be invited to participate in short introduction videos. The committee will email them to ask if they or other staff members would like to be involved.

16/04/2025 Committee Meeting

The Nutrition and Dietetics Student Association (NADSA) Curtin Committee Meeting 4 was held on 16 April 2025 at 1:00 PM. The meeting was chaired by Theo Harris, with Aloyse Varnes serving as the minute taker. The discussion began with a general update on the association's progress and administrative matters. NADSA has officially regained its club registration status, which was celebrated by the committee. Ola has been formally confirmed as the Treasurer, and her name has been added to the NADSA bank account. Theo brought one hundred LiveLighter traffic light system cards to be used at future NADSA stalls and also ordered additional recipe books for upcoming events.

The committee then reviewed preparations for the upcoming NSA Workshop. Catering for the workshop has been organised and funded by the Nutrition Society of Australia (NSA). Volunteers assigned to assist with setting up tables on the event day include Aloyse, Ola, Nicola, and Theo. The group noted that the NSA and NADSA joint event Instagram post contains an incorrect time and will need to be updated. A discussion was also held about purchasing a thank-you gift for the guest presenter, using proceeds from ticket sales, with a budget of around fifty dollars. The gift must comply with airline travel regulations for transport back to Sydney. The committee agreed on a food-themed present, such as earrings or hair accessories, and tasked Aloyse and Theo with selecting and purchasing the item.

Plans were then made for a Colour Run event to be held in September in collaboration with the Curtin Medical Association. The event will be for charity, with each participant contributing ten dollars to support the cause. The run is expected to take place at Langley Park, with possible dates being the twelfth, thirteenth, nineteenth, or twentieth of September. The committee expressed a preference for holding the event on a Saturday, likely the thirteenth or twentieth. NADSA will join the Curtin Association of Medical Students (CAMS) for the event, and volunteers including Theo, Aloyse, Nicola, and Ola will assist on the day. The association will also use social media to promote sponsorship opportunities, encouraging individuals and organisations to sponsor runners and increase donations.

The next topic discussed was the promotion of free classes available at Curtin Stadium. Ola will take photos of the classes, and Mirabelle will design promotional materials to share across NADSA's social media channels to encourage student participation.

Finally, the committee turned its focus to increasing engagement among first- and second-year students in Semester 2. For first-year students, the plan is to visit NUTR1000 lectures to introduce NADSA and encourage participation. For second-year students, the committee will email Tony to arrange visits to BCCB2003 lab sessions, which run on Thursdays at 8–10, 10–12, 1–3, and 3–5, to promote involvement. The group agreed that recruiting second-year students would be particularly important for forming next year's committee.

07/05/2025 Committee Meeting

The Nutrition and Dietetics Student Association (NADSA) Curtin Committee Meeting 5 was held on 7 May 2025 at 12:00 PM in Building 400 at Curtin University. The meeting was chaired by Theo Harris, with Aloyse Varnes as the minute taker.

The meeting began with a debrief of the recent student workshop. Approximately sixty tickets were sold for the event, and around forty attendees participated. The committee discussed the importance of addressing attendance drop-off in future events and agreed to send out a post-event survey to gather feedback from participants. The Nutrition Society of Australia (NSA), which collaborated on the workshop, expressed satisfaction with how it was run. Regarding finances, Ola has completed the transfer to reimburse Aloyse for the gift purchased for Dr Emma, and the committee is expecting about forty-five dollars in ticket sale revenue to be finalised soon.

The next topic focused on strategies for advertising NADSA to first- and second-year students in Semester 2. The goal is to begin promotion from Week 1 by speaking in as many classes as possible to encourage students to join the association and consider committee roles, particularly among second-year students. Theo will email Katya and Tony by the end of the week to coordinate classroom visits. The committee also decided that the next NADSA meeting would take place during Orientation Week of the next semester, where they would finalise promotional materials for these activities.

Discussion then moved to the upcoming OzHarvest event, which will take place on Wednesday, 16 July, during Orientation Week. The event will be held in the Food Lab (room 400.111) and run by Rebecca, requiring no costs from NADSA. The committee aims to collect expressions of interest by the end of the week to confirm attendance numbers, with a maximum capacity of twenty-four participants and four NADSA volunteers to assist. Volunteers so far include Eli, Theo, and Hanin, with one additional helper to be confirmed. Theo will send a message to the group chat to

finalise this. Mirabelle will post the expression of interest form on NADSA's social media. Entry to the event will be free, but donations will be accepted, with all proceeds going directly to OzHarvest WA.

Finally, Theo provided a brief update on the planned collaboration with the Curtin Association of Medical Students (CAMS). There were no new developments since the last meeting, but Theo will be meeting with CAMS representatives later in the semester to discuss details.

07/08/2025 Committee Meeting

The Nutrition and Dietetics Student Association (NADSA) Curtin Semester 2 Meeting 1 was held on 7 August 2025 at 9:00 AM in Building 400 at Curtin University. The meeting was chaired by Theo Harris.

The meeting began with an introduction to NADSA and an overview of the committee's structure and purpose. NADSA is a registered organisation through the Curtin Guild that aims to support Nutrition and Dietetics students by providing academic and social opportunities, as well as general student support. Theo explained the main responsibilities of each committee role, noting that the president chairs meetings and acts as spokesperson, the vice president assists with planning and leadership support, the secretary manages administration and emails, the treasurer oversees financial records and the club's bank account, and the social media manager runs online engagement. He also outlined what new members could expect, including a Curtin Guild workshop at the start of each year to help officers learn how to manage club operations. All administration is managed through TidyHQ, which handles membership, event tickets, and meetings. Theo reminded the group that NADSA membership is open to everyone, although most activities are designed for Nutrition and Dietetics students. He also noted that NADSA currently has a healthy financial balance and encouraged creative ideas for future spending to benefit members.

The committee then reviewed the recent OzHarvest event. Seventeen participants attended, with four additional registered attendees absent, and together they prepared a total of one hundred and fifty-seven meals. The event was considered a success, although the team agreed that earlier promotion would help improve attendance next time. Theo will send a follow-up email to participants, and Ola, the treasurer, will submit the donations collected to OzHarvest.

The next agenda item covered preparations for HealthFest, an upcoming event designed to showcase the interdisciplinary nature of health sciences to first-year students. NADSA will host a Nutrition and Dietetics stall where volunteers will make smoothies using a blender bike while engaging students in conversations about nutrition. The event is scheduled for the following Wednesday, from 12:00 to 2:00 PM, in the Guild undercover area. Volunteers include Hanin, Ola, and possibly Lucia, Katie, Ella, and Eli, with three to four helpers required in total. Smoothie recipes will be finalised before the event, and ingredients will be purchased from IGA on the morning of the activity.

Theo provided an update on the Colour Run, explaining that the other health science clubs had collectively decided to cancel the event for the year. However, the planning materials have been retained for use in 2026, as the committees hope to run it in the future.

The committee then discussed organising a sports event to encourage social engagement among students. Possible activities include netball, indoor dodgeball, basketball, volleyball, or floorball, potentially in collaboration with another club. The event is being considered for either Week 8 or Week 9, following the tuition-free week. The date of the NADSA Quiz Night will be confirmed before finalising the sports event schedule.

Finally, the group discussed social media initiatives, suggesting the creation of short recipe videos to increase online engagement and visibility of the association.

The meeting concluded with two key action items. Theo will send a follow-up email regarding the OzHarvest event, and Ola will ensure the donations are submitted to OzHarvest.

12/09/2025 Committee Meeting

The Nutrition and Dietetics Student Association (NADSA) Curtin Semester 2 Meeting 2 was held on 12 September 2025 at 1:00 PM in Building 400 at Curtin University. The meeting was chaired by Theo Harris with Aloyse Varnes as the minute taker.

The meeting began with an introduction for a new second-year student, Joely, who expressed interest in the vice president role. Theo explained the committee structure and the key responsibilities within NADSA, outlining how the association operates and supports Nutrition and Dietetics students.

The committee then reflected on HealthFest, which was considered a great success. The event attracted a large number of students who enjoyed the activities, particularly the smoothie station that used a blender bike. The team agreed that this would be a good feature to use again during Orientation Week next year. The ingredients for the event cost approximately three hundred and seventy dollars, which provided about three hundred cups of smoothies.

Plans for the upcoming Quiz Night were discussed next. The event will no longer be held in collaboration with the Nutrition Society of Australia, and NADSA will run it independently. The committee expressed excitement about the event and agreed that it would likely take place on Thursday, 16 October 2025, during Week 13, which coincides with study week before exams. The preferred venue is the Library Lantern. Theo, Ola, and Joanna will take responsibility for organising the quiz, which will include four rounds in total, one of which will be food themed. Advertising for the event will go live by the end of the following week, with Mirabelle assigned to manage Instagram promotion by 19 September 2025. Each table will consist of groups of five participants, and prizes will include a hamper for first place and vouchers or gift cards for second place.

The committee also discussed hosting a sports event later in the semester. They proposed booking a free play session for indoor volleyball at Curtin Stadium between 22 and 26 September. Ola will confirm booking details by Monday, 15 September.

The design and printing of a new NADSA banner were also reviewed. Hanin created a design that received positive feedback, and Theo mentioned that his friend, a professional graphic designer, could produce a more polished version. However, this option would cost around two hundred dollars for the design and an additional eighty-five dollars for printing through Officeworks. The committee will consider whether to proceed with this expense.

The final agenda item concerned the Go Global Fundraiser, an initiative to support students travelling to Cambodia to provide medical assistance. This event will be organised in collaboration with the Occupational Therapy and Physiotherapy student associations. The Curtin Guild will supply sausages, barbecue equipment, sauces, and buns, although it is unclear whether there will be any associated costs. Hanin and Joanna's friend, who is participating in the Go Global program, will help with coordination. NADSA's role will be to provide financial support and assist with event promotion.

The meeting concluded with a summary of action items. Mirabelle will handle the advertising for the Quiz Night by 19 September, and Ola will finalise the sports event booking by 15 September.

02/10/2025 Committee Meeting

The Nutrition and Dietetics Student Association (NADSA) Curtin Semester 2 Meeting 3 was held on 2 October 2025 at 2:00 PM in Building 400 at Curtin University. The meeting was chaired by Theo Harris, with Eli O'Connor as the minute taker.

The first agenda item addressed the upcoming committee election process. It was decided that the election would take place through a private ballot during the NADSA Annual General Meeting, which requires a minimum attendance of ten members to be valid. The AGM will be scheduled for either the final week of exams or the week immediately following.

The committee then discussed graphic design plans for NADSA's branding. A new banner will be printed at Officeworks for eighty dollars, with a professional design service costing two hundred dollars that includes opportunities for redrafting. The design work will establish a cohesive visual identity for NADSA by compiling colour schemes, fonts, and general aesthetic guidelines into a brand kit. This will also include an updated design for the NADSA Instagram account to ensure consistency across all marketing materials. The additional cost for completing the full brand kit will be between one hundred and one hundred and fifty dollars. The committee will decide whether to adopt a professional or more casual style, and the design materials are expected to be completed by the time of the AGM but not in time for the upcoming Quiz Night.

The next topic of discussion focused on NADSA's fundraising efforts, particularly in relation to the association's stated objectives on TidyHQ. The committee revisited the formal purpose of NADSA, which is to bring together Nutrition and Dietetics students while also welcoming those interested in the field, and to organise fundraising activities supporting dietetic students undertaking rural placements. The group agreed that this objective should remain a key focus going forward. An email has been sent to Katya to clarify current student needs for rural placements, and the

committee will also verify that the existing objectives align with NADSA's constitution on record.

Theo then provided an update on the Quiz Night, which is scheduled for 16 October. The event space at the Arcade has been booked from 4:00 PM, with the event officially beginning at 5:00 PM. Catering will be organised through The Tav using club points to maximise available resources. The promotional material for the event will be released the following day, and the on-site screen has been confirmed as functional. The committee discussed holding a final vote between The Tav and the Arcade as potential venues to confirm the final location.

Finally, the committee discussed the upcoming Guild Club Awards. NADSA will be submitting a nomination for "Best Club Event" in recognition of the successful Emma Beckett Workshop held earlier in the year.

Overview of Committee Engagement and Structure

2025 NADSA Committee Structure

President: Theo Harris

Vice President: Hanin Abdelnaby

Secretary: Aloyse Varnes

Treasurer: Ola Fleszar

Social Media Manager: Mirabelle Zoghbi

General Committee Members: Stephanie Virago, Eli O'Connr, Nicola D'Orazio, Joanna Kassis, Millie Sales, Morgan Mills, Leen Shabeeh, Anmol Bhalla, Jessica Cooper

Recommendations for Improvement for the New Committee

The 2026 NADSA committee should work on strengthening NADSA's social media presence, posting regular and engaging content. Additionally, continue addressing first and second year engagement.

Club events should ideally occur on a regular basis. This doesn't always have to be large and costly events, smaller events like NADSA hosted study sessions for certain units in the library or NADSA common room would be easy to run and boost community engagement and awareness of NADSA.

Using polls on NADSA's Instagram stories would be a great way to determine types of events Dietetics, Nutrition, and Food Science students are interested in, to increase event attendance and membership numbers.