

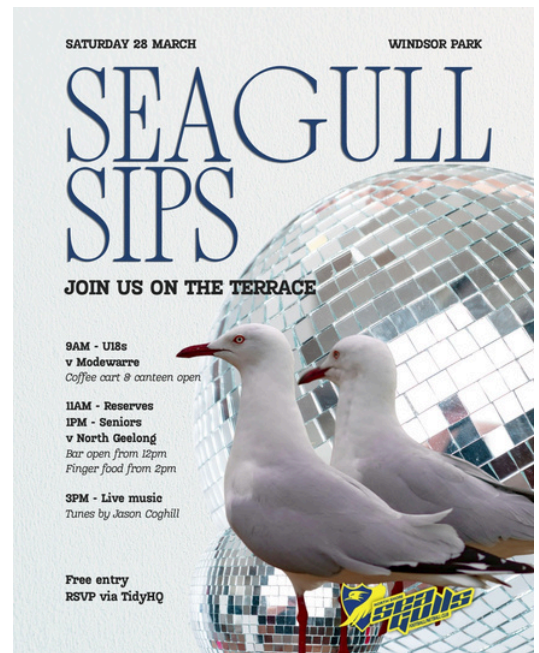


NEWSLETTER

RESPECT. FAIR PLAY. INCLUSION. TEAM WORK.

IN TODAY'S ISSUE:

- Practice matches
- Football & netball pre-season updates
- **Seagull Sips** →
- Q&A with Stormy
- 'Here's what you missed on socials'
- Introducing our new sponsors



QUICK LINKS:

- [RSVP for Seagull Sips](#)
- [Junior Netball Expressions of Interest](#)
- [Ambulance Victoria Membership](#)
 - In Victoria, ambulance services are not free or covered by Medicare. At NSFNC, we would like all players to purchase this cover, should you require an ambulance during the season.
 - Annual cost: \$54.97 (single); \$109.93 (family).
 - Quarterly cost: \$13.75 (single); \$27.49 (family).
 - Family memberships include children up to 18 years old.



The North Shore Football and Netball Club would like to acknowledge the Traditional Owners of the land on which we train and play on, the Wadawarrung lands. We pay our respects to Elders past and present, and recognise that sovereignty has never been ceded.

North Shore Football and Netball Club provides equity in access to our club regardless of people's age, ability, gender, gender identity, race, religion or sexual orientation.





THIS WEEKEND'S PRACTICE MATCHES

Saturday, 21st March



V



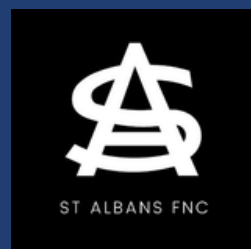
SENIOR FOOTBALL @ Windsor Park
11am Reserves
1pm Seniors



V



SENIOR NETBALL @ Anglesea Football Netball Club
10am C Grade & E Grade
11:15am B Grade & D Grade



V



U18 FOOTBALL @ St Albans Reserve
9:00am



NEXT WEEK'S PRACTICE MATCHES

Thursday, 26th March



V



SENIOR NETBALL @ Banyul-Warri Fields Sporting Precinct
6:30pm C Grade & E Grade
7:30pm B Grade & D Grade

Saturday, 28th March



V



SENIOR FOOTBALL @ Windsor Park
11am Reserves
1pm Seniors



V



U18 FOOTBALL @ Windsor Park
9am

CLUB UPDATES

A Message from the President, Maryian Szponar

Our volunteers and committee have been working hard behind the scenes to prepare for a busy season ahead.

With footy and netball practice matches underway, we look forward to catching up with everyone on the terrace next week for **Seagull Sips** while watching the footballers take on North Geelong. Nibbles provided, bar open from 12pm, live music, great footy to watch, memberships and merchandise to purchase! So get down to Windsor Park on **Saturday the 28th of March** to support your club for the season ahead. See you there!

Ladies, write down the date for a great afternoon in your diaries now - Saturday May 2nd - and start rounding up your friends for NSFNC Ladies Day!

As always, we would love to have you involved in the club. If you have any interest or expertise in a **sub-committee** please fill out **this form**, or send us a message on social media to find out how to take on a role. Many hands make light work! **In particular, we would love more volunteers to help in the bar, with fundraising, event coordination, membership drives and in the kitchen.** Want to work in the bar? Don't yet have your RSA? Talk to Abbey or Tom who can help you get your RSA online and then reimbursed once you volunteer 4 hours at the club!

Shout out to Eliza and Edwina for their amazing communication to share all the exciting things happening at Windsor Park with you!

Round 1, here we come!

President

Maryian Szponar

Phone: 0418 990 564

Email: maryianszponar@gmail.com

JOIN ONE OF OUR *sub-committees*

- sponsorships
- memberships
- functions/events
- fundraising
- health and wellness
- culture and inclusivity
- external & internal awards
- grants
- club facilities
- kitchen
- bar
- merchandise
- volunteers coordinator

Which one are you signing up for?

Sign up to one of our sub-committees **here**



North Shore Football – Senior & U18 Update

The past month has been a great period of connection and development across our Senior and U18 programs, with coaches and playing groups working closely together as we build momentum toward the season.

Over the last few weeks we've held three interclub practice matches which have been a terrific opportunity for players to gel and for the coaches to continue shaping our game style.

Friday night saw a strong turnout as our Seniors and U18s combined for a six-quarter hit-out away against Lorne Football Club. The game was played in terrific spirit, with both sides showing plenty of effort and teamwork. It was also great to see the North Shore faithful make the trip down the coast to support the boys.

A big shout-out to our water boys for making the journey and to our fantastic support crew, led by Kristi, who continue to do an outstanding job behind the scenes each week.

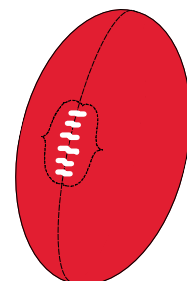
The only downside from the night was a minor hamstring strain to Harry Purcell, but it certainly didn't dampen spirits after the game, with the group enjoying some time together at the local establishment – with Tip Rat taking out the honours on the night.

Looking ahead, we have another big week of preparation, with several practice matches both this weekend and next:

- **Seniors & Reserves** – Practice matches vs Ocean Grove @ Windsor Park this Saturday 21st March (11am & 1pm)
- **U18s** – Practice match (away) vs St Albans at 9am
- Then both Seniors and U18s backing it up at home, U18s vs **Modewarre** (9am) and Seniors vs **North Geelong**, competing for the Hynes Shield (11am & 1pm)

Plenty to look forward to as we continue building toward Round 1  

FOOTBALL



NETBALL

Senior Netball

Practice matches are officially underway!
We have loved being back on the court and seeing our teams come together over the last few weeks.

PRACTICE MATCHES

On Thursday 12th March, we welcomed Rokewood to Windsor Park for our first practice matches of the 2026 season. Our B, C, D and E Grades took the court against Rokewood's A, B, C and D grades, and it was great to see the netballers on the court and just how well our teams are forming.



We've still got two more practice matches to come! This Saturday the 21st we take on **Anglesea** at their home courts, and shortly after, we're back down the Great Ocean Road as we head down to **Torquay** for our final practice match of the year against the Surf Coast Suns on Thursday the 26th.

Junior Netball

We are now in full swing to kick off our junior netball program for 2026. Our amazing coaches have been waiting in the wings and are now keen to meet any girls aged 9-17 to help us field teams this season. Training is on Thursdays from 5pm at the courts or contact Abbey on 0404449386 for more information. All welcome, please spread the word!

With our brand new female-friendly facilities inching closer to the finish line, we are incredibly proud and excited to be able to have access to changing rooms, toilets, showers and proper storage facilities. It's been a long time coming, but from what we can see, it will absolutely be worth the wait!

There are a lot of exciting things happening with netball at North Shore this year, and we're really excited to be able to share with you in the coming months what we've been getting up to! Think specialist training sessions, team building camps, and hopefully seeing some wins on the board when the season starts.

It's never too late to become a Seagal; the door is always open to those who are new and those who are ready to return to the blue and gold. All you have to do is get in touch!



Vice President - Netball
Edwina Wilkens
Phone: 0421 653 944
Email: edwina.wilkens@canwill.com.au

COME & TRY *Netball*

**WE ARE LOOKING FOR
U13, U15 AND U17 PLAYERS**

WANT TO KNOW MORE?

**CALL OR TEXT ONE OF OUR FRIENDLY
JUNIOR NETBALL COORDINATORS!**

**ABBEY - 0404 449 386
EDWINA - 0421 653 944**

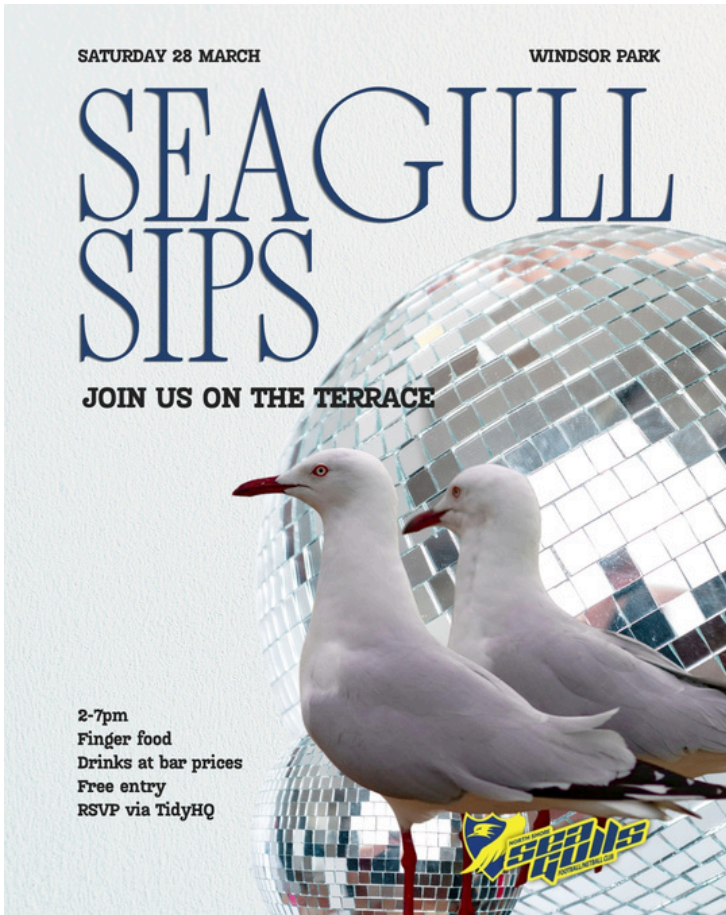
**ALL PLAYER
LEVELS
WELCOME!**

Ready. Net. Go!

**TRAINING:
THURSDAY NIGHTS
5PM @ WINDSOR PARK**



EVENTS



SEAGULL SIPS | Game on. Terrace Open.
We're raising a glass to progress – and you're invited.

Join us for SEAGULL SIPS as we officially break in the brand-new terrace at Windsor Park and celebrate the first stage of completion of our Master Plan. This is more than just an event – it's a milestone moment for our club and our wider North Shore community.

Bring your friends, bring your family, and settle in for an afternoon of football, music and community connection. Watch our Senior Footballers in action, enjoy the atmosphere from our brand-new terrace, and celebrate what we're building together.

Entry is free, but please register for catering purposes by [clicking this link](#) or scanning the QR code below. RSVP by 5.00pm Monday, 23rd March.



Keen to come along? Scan here!

2026 NSFNC EVENTS

28 MARCH	Seagull Sips party
24 APRIL	2026 Season Launch
2 MAY	LADIES DAY
16 MAY	Comedy Hypnotist
22 MAY	Sponsors Breakfast
23 MAY	Colac bus trip
7 JUNE	REVERSE RAFFLE
20 JUNE	Past Players Day
11 JULY	Player Function
25 JULY	WINTER BALL
29 AUGUST	Season Vote Count
24 SEPTEMBER	Presentation Night



EVENTS

EVENTS CALENDAR

Open your diaries,
pencil in these dates
and get your dancing
shoes on - these are
events not to be
missed!



Q&A WITH STEPHEN 'STORMY' WINTER



How long have you been at NSFNC? I have played a lot of footy at North Shore. Then I had a break before coming back to help out the last 6 years.

What do you love most about the club? The hard local workers around the club

What's your favourite club function? The annual club ball

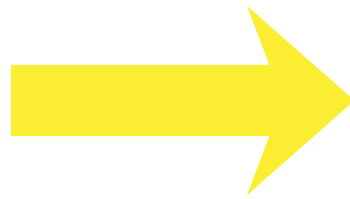
What's your go-to canteen order? A few dim sims and chips

Favourite person at the club: Mitch Bone

Highlight of your time at NSFNC: Being a captain and premiership player

What emoji could you not live without? ❤️

What sport would you compete in if you had to be in the Olympics? Volleyball



Scan the QR code or [click here](#)

Grab your membership today!

Options are available for everyone, starting as cheap as \$50 for a Starter Seagull Membership. Really keen to show your commitment? Join the Silver Gull Supporters Club for \$315 which includes match day entry for every game, a club sticker, a cap or beanie, an embroidered polo and a stubby holder!

Get your merch!

With the beginning of the 2026 season right around the corner, make sure you are 'geared up' accordingly. Scan the QR code or click the link underneath to visit both our apparel websites. Any questions, see Greg Dennis or Ken Ivermee.



PUMA APPAREL



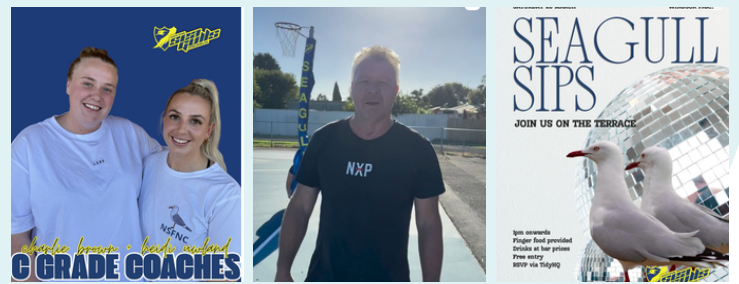
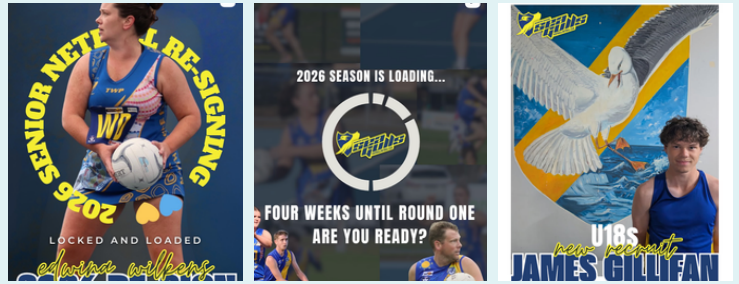
Scan the QR code or [click here](#)

PROMOTE-IT



Scan the QR code or [click here](#)

'HERE'S WHAT YOU MISSED ON SOCIALS'



WINNERS (so far...)

Week 1:

\$300 Tony & Paula Kelly

\$100 Dean Rochow

Week 2:

\$300 Gayle Troy

\$100 David Milsome

Week 3:

\$300 Mario Arcoraci

\$100 Shane Pearce

Week 4:

\$300 Matthew Jennings

\$100 Greg Welsh

Please note:

Senior & Reserves Football, A Grade Netball and E Grade Netball will each play 18 matches, with two fixtured byes incorporated into the season. B, C & D grade netball will play all 20 rounds.
 Round 3 against Newtown & Chilwell is a Friday night game, to be played under lights on Anzac Day Eve at Windsor Park.
 Rounds 5 & 18, against Geelong West, have switched venues from the original fixture, seeing us play at home in Round 5.

FIXTURE

2026 SEASON DRAW

ROUND 1 Sat 11 th April	ROUND 5 Sat 9 th May	ROUND 9 Sat 6 th June	ROUND 13 Sat 11 th July	ROUND 17 Sat 8 th August
St Albans (A) St Albans Reserve	Geelong West (H) Windsor Park	Lara (A) Lara Recreation Reserve	Bell Park (H) Windsor Park	St Mary's (H) Windsor Park
ROUND 2 Sat 18 th April	ROUND 6 Sat 16 th May	ROUND 10 Sat 13 th June	ROUND 14 Sat 18 th July	ROUND 18 Sat 15 th August
Leopold (H) Windsor Park	St Mary's (A) Kardinia Park	Leopold (A) Leopold Memorial Park	St Albans (H) Windsor Park	Geelong West (A) West Oval
ROUND 3 Fri 24 th April	ROUND 7 Sat 23 rd May	ROUND 11 Sat 20 th June	ROUND 15 Sat 25 th July	ROUND 19 Sat 22 nd August
Newtown & Chilwell (H) Windsor Park	Colac (A) Central Reserve	Colac (H) Windsor Park	Newtown & Chilwell (A) Elderslie Reserve	Grovedale (A) Burdoo Reserve
ROUND 4 Sat 2 nd May	ROUND 8 Sat 30 th May	ROUND 12 Sat 27 th June	ROUND 16 Sat 1 st August	ROUND 20 Sat 29 th August
St Joseph's (H) Windsor Park	Grovedale (H) Windsor Park	South Barwon (A) McDonald Reserve	St Joseph's (A) Herne Hill Reserve	Lara (H) Windsor Park

 = HOME GAME



OUR SPONSORS

As we head into another season, we would like to take a moment to sincerely thank all of our latest returning sponsors, along with our new sponsors and player sponsors, for their support of North Shore FNC.

The backing we receive from our sponsors is incredibly important to the club. Their support helps us continue to provide opportunities for our players, strengthen our programs, and support our wider club community.

To those who have chosen to partner with us again this year, we truly appreciate your continued commitment. We would also like to extend a very warm welcome and thank you to our **new sponsors and player sponsors** who have joined the North Shore family this season.

If you know anyone who may be interested in becoming a **club sponsor or player sponsor**, we would be delighted to hear from them. Please encourage them to **contact Nik at northshoresponsorship@gmail.com** for more information.

Master Poultry - 6-year Partnership
Avalon Airport - 15-year Partnership
Queen of the West - 3-year Partnership
Shojun Concrete - New Partner
Morris Finance - New Partner
Corio Physiotherapy Group - New Partner
Complete Hire Equipment - Player Sponsor
The Roller Shutter Guy - Player Sponsor
4gr - Player Sponsor
RAPLASTA - Player Sponsor
Saje Exports P/L - Player Sponsor
Braces N Faces - Player Sponsor
Nutrien AG Solutions - Player Sponsor



Attention all players + future sponsors!

On the next page you'll find our 2026 Player Sponsorship form. Find a sponsor to reduce your membership fees and fill out the form below - you can either print this and send a photo once complete, or fill it in digitally and email through to Nik at northshoresponsorship@gmail.com





PLAYER SPONSORSHIP 2026

SPONSOR BENEFIT	\$1650	\$550	\$220	\$165
GROUND SIGN	✓	—	—	—
HOSPITALITY DURING HOME GAMES	✓	—	—	—
ADVERTISING ON CLUBROOM TV	✓	✓	✓	✓
MEMBERSHIP	✓ x 2	✓ x 1	✓ x 1	✓ x 1
INVITE TO SPONSOR'S BREAKY	✓ x 2	✓ x 1	—	—
INVITE TO SPONSOR'S DAY	✓ x 2	✓ x 1	✓ x 1	✓ x 1
PLAYER'S BENEFIT (amount taken off playing fee)	FULLY PAID	\$165	\$60	\$40

Please email the following information to northshoresponsorship@gmail.com
or text to 0422 127 567 (photos of completed form accepted)

Player's Name -

Business/Sponsor Name -

Contact Person -

Contact Email -

Contact Phone Number -

Sponsorship amount - \$

Optional Extra - Major Raffle ticket - \$100

Major Raffle ticket - ___ Ticket/s x \$100

Once the information has been received, an invoice will be sent to the contact email.
No cash payments accepted.





Want to see something else in our monthly newsletter?

Do you have feedback, or do you know of someone who would benefit from receiving our monthly updates?

Get in touch with Eliza: lizekramer13@gmail.com



Windsor Park
Master Plan

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You are receiving this email as either a current or past player, member or supporter of North Shore Football & Netball Club.

Our mailing address is:
North Shore Football and Netball Club
Windsor Park
39 Rose Ave
Norlane, Vic 3214
Australia

