

NEWSLETTER

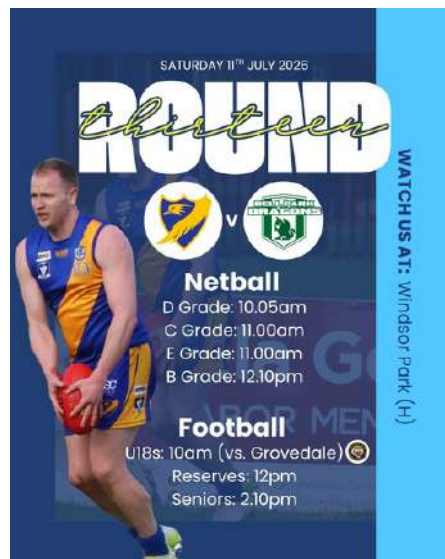
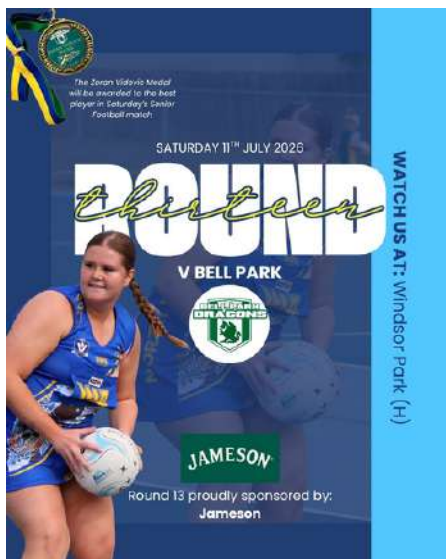
RESPECT. FAIR PLAY. INCLUSION. TEAM WORK.

IN TODAY'S ISSUE:

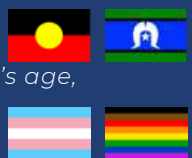
- Routleys fundraiser
- President's Report
- Football & netball updates
- **Winter Ball** →
- Q&A with Declan Clark
- 'Here's what you missed on socials'



COMING UP THIS WEEK:



The North Shore Football and Netball Club would like to acknowledge the Traditional Owners of the land on which we train and play on, the Wadawarrung lands. We pay our respects to Elders past and present, and recognise that sovereignty has never been ceded.



North Shore Football and Netball Club provides equality in access to our club regardless of people's age, ability, gender, gender identity, race, religion or sexual orientation.



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CLUB UPDATES

A Message from the President, Maryian Szponar

After a busy first half of the season, the mid-year bye came at the perfect time, giving our players, coaches, volunteers and supporters a well-earned chance to rest, reset and recharge before the run home.

Our Ladies Day was another fantastic success, with a wonderful crowd enjoying an afternoon of great company, laughter and community spirit.

Thank you to the team that worked to put the day together, the males of the club who stepped up to keep everything running behind the scenes so the ladies could have the day off, to our wonderful guest speaker, Carlie, the entertainment and most importantly to everyone who attended and helped make the day so memorable. We've heard the drag queen was a big hit!

Over the past month, there have been some changes within our football program. As a club, we remain committed to supporting our players and coaching panel as we move forward together, united & focused on the second half of the season.

This Saturday, 11th of July, we'll be hosting our **Bunnings BBQ fundraiser**. We still need a handful of volunteers to spare just a couple of hours throughout the day. If you can lend a hand, please register via the volunteer link (volunteersignup.org/FJY4E) or let Brian know. A huge thank you to Annmaree and the Cricket Club for supporting us with this fundraising opportunity.

Saturday also marks one of our favourite events on the calendar – **Past Players Day** – as we take on Bell Park for another instalment of the Zoran Vidovic medal match. We look forward to welcoming past players, families and supporters back to Windsor Park for what promises to be a great day around the club. If you haven't got your ticket yet, it's not too late! Grab it here: <https://thq.fyi/se/wgPO68k>

Our week began with our senior footballers and netballers participating in Tackle Your Feelings sessions. It was a fantastic way to recognise Mental Health Round while providing valuable tools and conversations around mental wellbeing as we prepare for the second half of the season. The footballers will be wearing a special guernsey to honour this round.

As the weather cools down, we have organised a fundraiser through Routleys. Your orders can be placed for some delicious Routleys goodies, with every purchase helping NSFNC continue to grow. If you can, please support the club through the fundraising portal link: <https://fundraising.routleysbakery.com.au/>

Finally, congratulations to two committed players on celebrating major milestones vs South Barwon. Jess Ivermee ran out for her 150th game, while Brad Tregenza achieved the impressive milestone of 100 games.

As always, thank you to everyone who contributes to our club each week. Whether you're playing, coaching, volunteering, sponsoring or cheering from the sidelines, your support is what makes North Shore such a special place. We can't wait to continue to have your support for a big second half of the season, and celebrate with you all at the **Winter Ball** to be held on Saturday 25th July! Secure your ticket here: <https://thq.fyi/se/6f0bd59b90fa>



President
Maryian Szponar
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Senior Football

Reserves

June saw our Reserves side continue to develop well, playing a lot more consistently and staying in games longer.

After a slow start against Leopold the boys put together a second half that was more of the level we desire, competitive, slowed their scoring and hit the scoreboard ourselves. That competitiveness continued the next week against Colac where we reduced the margin they beat us by only a few weeks earlier by 100 points. South Barwon showed why they are at the pointy end of the ladder, proving to strong for us. But hopefully this game showed our boys what can be achieved with perseverance & commitment.

Ethan Huxtable continued his great form through June, as has Finn Murphy and Bailey Croker. The side has also benefited from the return of Joel Washington, Travis Green and Josh Widdison, along with new recruits Geordie Pitcher and Jake Lonsdale.

As we come out of the mid-season bye I'm really excited to continue the development of the squad, and am confident the W is not far away.

Warren Bennett

Seniors

June was a challenging month for our Senior Football Program, beginning with a bye round that allowed the group to reset, recover and prepare for the month ahead.

Our return saw a competitive performance against Leopold before falling 13.17 (95) to 11.4 (70). We then faced quality opposition in Colac and South Barwon, with both matches highlighting the standards we're continuing to work towards.

Despite the results, the commitment, resilience and work ethic of our players, coaches and support staff never wavered. The leadership group and football department remained focused on driving standards and supporting the playing group through a demanding period.

Several players consistently led from the front throughout the month. Nic Creighton and Nick Mitzithras were outstanding, earning selection among our best players in all three matches. They were well supported by Jordan Purcell and Jacob Sammut-Miljevic, while Harry Purcell, Brodie Clifford, Oscar McCausland, Dylan Bennett, Lachlan Hayes, Michael Kavenagh, Will Milsome and Bradlee Tregenza who all made valuable contributions during June.

A sincere thank you to our members, volunteers, sponsors and supporters for your continued support throughout the month. Your encouragement and commitment to the Blue & Gold are greatly appreciated.

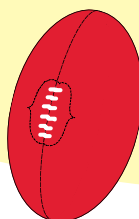
As we move into July, our focus remains simple: continue to improve, remain accountable and let our Actions Over Words define who we are.

Simon Riddoch

FOOTBALL

SEEKING FOOTBALL MANAGER

Following Chris Riddoch's recent move to Tasmania, the club is in urgent need of a new manager to support the Senior Football team for the remainder of the season. While Simon is currently covering the role, it is becoming unsustainable alongside his other responsibilities, particularly as he shifts his focus toward planning for 2027. We are looking for someone who can assist with the senior team on Saturdays and, where possible, during the week for the final six weeks of the season. If you or anyone you know might be interested in helping the football section during this time, please reach out directly to Simon Riddoch or Greg Dennis for further information or to discuss how you can get involved!



U18s Football - an update from coach Dean Rochow

Hello members, players, families, staff and supporters,

Our U18's program is now midway through the year. In the month previous we have had mixed results, but we have played very well even in the games in which we were beaten.

Believe it or not, we picked up another player this month. He's young, he has hit the ground running and he has a bright future. You may have heard the Bennett last name at the club this season, with Senior Footballer Dylan Bennett joining us from Newtown, and his dad Warren coaching the Reserves, not to mention Warren's wife Kath doing various jobs around the club! Well, we now welcome Tyler Bennett, the youngest which means we now have the whole family in blue and gold. Tyler is 15 years old and a bottom age U16's player but you wouldn't know it watching him play. Tyler has beautiful skills, high football IQ and he doesn't mind a contested possession. Tyler has fit in as if he were always there and we are stoked to have him join our team for the rest of the year.

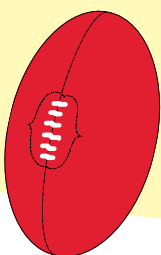
R4 Leopold (away) - We knew we would have it served up to us this day and we were ready. It was a great game of footy from both teams. Each team had their moments to shine, unfortunately Leopold's came in the 2nd quarter. Leopold had the breeze and for North Shore, we had a player sent off with a yellow card, which is not replaceable in U18's. We fought hard all game but were defeated by 10pts in the end. With only 2 on the bench, our ruckman away and no rest for onballers, we were very proud of our efforts. Special shoutout to Tyler Blitz and Blake Keating who performed extremely well, particularly as bottom aged players. Oscar Denny and Jaime Beard also played excellent games, as they always do.

R5 Surfcoast Suns (home) - This game we played well as a whole, although, we did let ourselves down. The umpires said before the game that they would call everything, and they were true to their word. Undisciplined free kicks and 50m penalties ensured we would later implement new team rules around this behaviour. We won the game by 29pts, though it should have been a lot more, kicking 9 goals but 13 behinds to go with it. Blake Keating was exceptional this game with 18 intercept marks; he truly put the team on his back. Riley Cantwell, Riley Cotter and Jamie Beard all played great footy and were the link-up players between our two ends of the ground. James Gillifan returned to play from a knee injury, played really well but then sadly left the ground late with an ankle injury. Very unlucky young man, he was very frustrated and upset as anyone would be, but he is recovering well and we are hopeful of a safe return soon!

R6 Torquay (away) - Coming into this game we had a focus on playing our best early and taking control on our terms. And we did. Torquay were unbeaten at this point, top of the ladder and the team to beat. We came out and controlled most of the first half with a dominant display. Torquay responded well in the 3rd quarter, kicking 4 goals to our 1 and leading by 2pts at the final break. Torquay are on top for a reason; they stopped us from scoring in the last quarter and we narrowly lost by 9pts. Once again we walked away proud of our efforts, knowing our best footy can beat theirs, we just need to be ready to commit for 4 quarters, if the chance appears later in the year. Luke House's ruck work was exceptional, feeding the onballers and winning his clearance work. Chase Johns, Oscar Denny and Jamie Beard were huge all day in both the midfield and forward line. Blake Keating also played a great game against a good CHF, who would have dominated if not for Blake.

A well earned week off before we ramp up our training load for a month, as we prepare to finish strong and hold a spot in the finals - we currently sit 3rd on the ladder.

Thanks, Dean



NETBALL

Senior Netball

We've been busy over at the netball courts, welcoming our final recruits for the 2026 season.

A warm welcome to Mim who joins us off the back of recovery and returning to play netball after injury. A former A-Grade player, finding her feet and regaining her strength within our C Grade team for the rest of the season, and hopefully many more seasons to come.

What's better than a new recruit, compared to a Seagal returning to the blue and gold after eight years away?

We'll wait...

Jess Ivermee, affectionately known as J-Lan, returned to the blue and gold a couple of weeks ago. Not only did she come back to play netball after some time away from the club, she also stepped onto the court for her 150th milestone game.

It doesn't get much better than that!

We're heading into the final stretch of the 2026 season, with nine rounds to go!

We've still got a lot to give, as we continue our re-build over at the netball courts. There's still time to get involved, come back, and dig deep to see the magic that we bring to North Shore.

Junior Netball

Are you looking for a club to join and develop your netball skills?

We're getting together to sit down and have a planning session for our re-launch into the junior space for 2027, and we'd love for you to be part of it.

Do you have ideas?

Do you want to be part of the change?

Do you want to be part of the comeback story?

Get in touch, and we'll share the details with you.



Vice President - Netball

Edwina Wilkens

Phone: 0421 653 944

Email: edwina.wilkens@canwill.com.au



EVENTS

Dust off your best attire and get ready for a night to remember at our 2026 Winter Ball! It's set to be one of the highlights of our social calendar, and you won't want to miss it. Join us for an evening of great vibes, live entertainment from Cam Henderson, and delicious finger food at the beautiful East Geelong Golf Club.

Tickets: <https://thq.fyi/se/6f0bd59b90fa>
(or via QR code)



THE DETAILS:

When: Saturday, 25th July

Time: 7:00pm – 11:00pm

Where: East Geelong Golf Club

Dress: Semi-formal

Q&A WITH DECLAN CLARK



How long have you been at NSFNC? I'm in my second year at the club

What do you love most about the club? The great people

What's your favourite club function? The Winter Ball, or any player lock in

What's your go-to canteen order? Salad roll normally but anything the canteen girls make is normally top tier

Favourite person at the club: Too hard to choose just one, so I'll give you a top 3 in no order: The Bones, Sammut/Hogarty's, and Ollie & Taylor Wilkens

Highlight of your time at NSFNC: Beating Lara last year on their home deck and bringing the cup back to North Shore to have a sleepover for a few years

What emoji could you not live without? 🤝 or 😊

What sport would you compete in if you had to be in the Olympics? Skateboarding

MEMBERSHIPS



JOIN NOW

We are well into the season, and the momentum within the club is truly real. Our membership numbers currently sit at 332, which is an increase of 50 compared to this time last year - a powerful sign that both old and new Seagulls recognize the hard work this club is undertaking and want to be a part of it. While membership growth naturally slows during the middle of the year, we remain firmly on track to achieve a five-year high, with close to 400 memberships expected by year-end.

This milestone is particularly exciting as we begin the planning phase for our historic centenary year in 2027. Every membership - whether you are a past player, a long-time supporter, or a new family joining through our Under 18s program - strengthens the club that your kids, your mates, and your community rely on. For our Under 18 parents, your support directly backs a program that provides these young players with structure, coaching, belonging, and a pathway; this is your club too, and your involvement helps us continue building something special for them.

If you haven't signed up yet, please remember that memberships are still available for purchase. It may be late in the season, but every sign-up still makes a significant difference. Even a Social Membership (\$100) or a Concession Membership (\$70) helps us plan, implement, and continue delivering the environment our players deserve. Let's keep building together - old members returning, new families stepping in, and past players reconnecting - as this is how we grow stronger and move forward. Join today: <https://nsfnc1927.tidyhq.com/member/memberships>

Merchandise sales continue to perform strongly, fuelled by steady orders and ongoing demand for our staple items, including our Long Sleeve Tees. The standout success of 2026 has undoubtedly been the Polar Fleece, with more than 50 units sold to date. This follows a huge month in May, where the introduction of the Royal Blue and Navy Polar Fleece saw over 30 units sold, with the second shipment effectively selling out, bar a few odd sizes. We've seen great support from our netballers, with the majority of the team now decked out in these new-look tops.

With temperatures now falling to an officially miserable level, the Club is fully stocked with a great supply of scarves and beanies to keep you warm on the sidelines.

MERCH



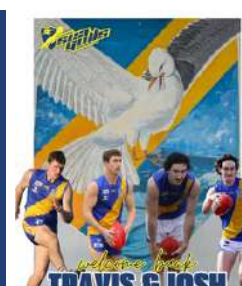
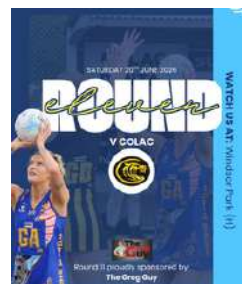
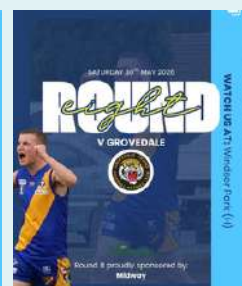
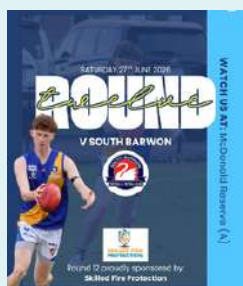
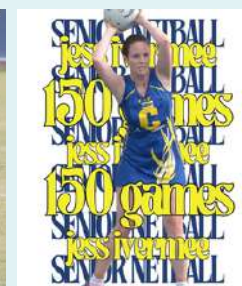
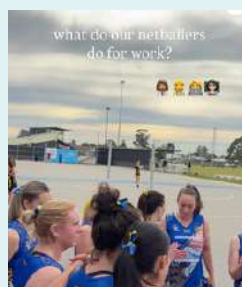
Buy merch here: <https://promote-it.com.au/northshoreseagulls/>

'HERE'S WHAT YOU MISSED ON SOCIALS'



CLUB STATEMENT

The North Shore Football Netball Club addressed an incident that occurred following our Senior Football match against Leopold on Saturday, 13 June 2026. To read the club's official statement, you can find it linked here: [NSFNC Media Release | Wednesday 17th June 2026](#)



OUR SPONSORS

The club extends its sincere appreciation to Jeremy of Jez Test and Tag for completing the annual testing and tagging of all club electrical equipment. This marks the eighth consecutive year Jeremy has carried out this important work, generously giving his own time to help ensure the safety of our members. His commitment and ongoing support are truly valued.

We encourage members to consider Jez Test and Tag for any electrical testing needs.

We also remind everyone to continue supporting our valued sponsors, whose contributions play a vital role in the success of our club. You can find a list of these on the final two pages of every newsletter.





Want to see something else in our monthly newsletter?

Do you have feedback, or do you know of someone who would benefit from receiving our monthly updates?

Get in touch with Eliza: lizekramer13@gmail.com

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You are receiving this email as either a current or past player, member or supporter of North Shore Football & Netball Club.

Our mailing address is:
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