

Noises from:



2020 Craft Market

Fine weather, lots of interesting stall, entertainment for children and music for those keen to have a coffee under the awning meant a very successful day for the Shed's main fund raiser.

A huge effort was made by many members to get the site ready, control the entry, prepare a great stage for the bands and to provide eats and drinks for the crowds. Special thanks to Mike Ansell for his mammoth effort in getting the market to the position it was in.

The photos below, mostly from the camera of Paul Whiting, give a good idea of how successful the day was.



ShedBoys giving a fine performance



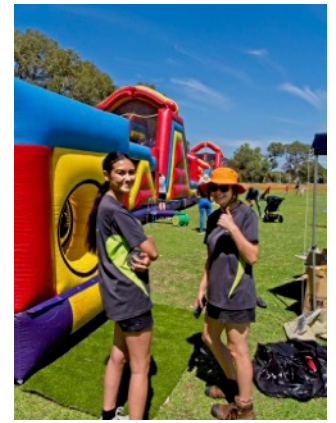
Elderberries UKE Band



The ever popular KATZ



*The Climbing Wall proved very popular.
Kite flyer Mike Alvarez enjoys Tonys company.
Matt, of Wayne and Matt, who kicked off the entertainment so well.
Something different this year, Yoga!
"A Man & his Toys" – Geoff Wicking ready for a hard sell!*



Popular raffle and shed tours. The team from Wanneroo who supplied some of our computers. Better than the usual bouncy castle!



“Mosman Heights Action Group” – even a little bit of local politics was allowed in! The car and bikes display had many admirers One of many happy stall holders



Perfect weather and good turnout

Cafe crew did a great job, nearly sold out.

The Organisers Take On The Day.

If there is a Shedder out there who managed a good connection with the Almighty recently then you did a great job – 24 hours later and the Market would have been a washout. However, Sunday 8th was a wonderful day and apparently thoroughly enjoyed by all attendees – it appears that The Shed Boys might even have some Groupies out there! My thanks to all those MPMS Members (& some of their partners) who worked so hard towards making the day a success whether it was just on the day, or whether it was creating items for sale, or just slaving in the kitchen, without your help the event would not happen. The community involvement benefits to the Shed alone make it all worthwhile.

We'd tried to focus on motorbikes this year as a side display and had received promises of a dozen or so from Shed Members, plus a few specialist (in one way or another) vehicles, but, (with apologies to the Man from Snowy River) “the word had got around” and feature organiser Neil Porter suddenly found himself inundated with bikes from all over the place – better too many than not enough!

This was our first year with some ToMP involvement following Councils determination to cancel the annual Community Fair. The attraction of the additional children's entertainment options, courtesy ToMP, certainly provided a great backdrop to the event and we hope that Councillors consider the expenditure was worthwhile. Financially the Shed will probably end up a

little below last years net earnings (still very respectable) but it will take a little while to process all the expenditure dockets that trickle in, so the final figure will be announced later.

My thanks to all involved again.

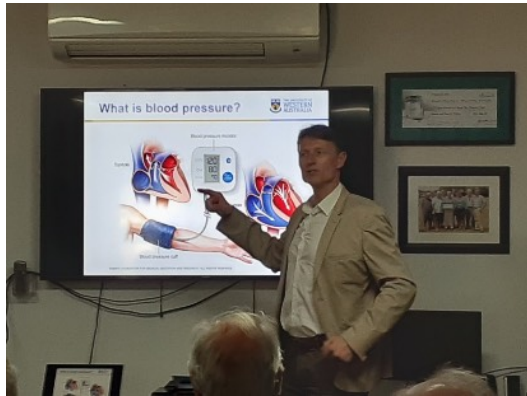
Regards

Mike Ansell Event Organiser

Caption Competition With Secret Prize!!

If you come up with a really good CAPTION for the photo of the Kite Flyer and Tony, give your entry to Paul Whiting and he will be happy to present you with the mystery prize!!! Could be a plate of George's famous scones - or not!!

Professor Schlaich - Presents to a Full House



We have had many quality presentations within our regular health slots. This presentation was among the best. Members were commenting on it for days afterwards. Professor Schlaich's team included 4 health professionals who undertook blood pressure checks before the presentation and basic advice on how to deal with health matters ensuing from hypertension was given.

Most of us are well aware of the basics relating to healthy blood pressure. If not, those who attended the talk will certainly now be aware. Beyond basics nuances being researched by Dobney Hypertension Centre were of particular interest. Through a more comprehensive set of blood pressure tests latent cardiovascular problems can more positively be detected. These include longer haemostatic measurements lying, standing, sitting plus blood pressure balance between left and right side. I took these tests at the Dobney centre as a precursor to participation in a half day trial in December. The trial is part of a research program that tests proven medication plus electrical stimulation treatment aimed at rectifying blood flow anomalies to vital organs such as the kidney. Our Dr Anthony Barr brought an example of this to my attention at morning tea this week. One of his patients was brought back to normal after a debilitating brain stroke paralysed one side of his body, using these treatments.

I would encourage members to take up Professor Schlaich's invitation to participate in these trials. The brochure is on the notice board. I was treated at the end of my visit to a set of very simple non-intrusive tests by one of his exceptional team members that revealed no evidence whatsoever of strokes or cardio vascular damage. It is certainly worth participating in the trials for this experience alone.

Vic Power. Health Rep

Chairman's Report

MOSMAN CRAFT MARKET

This year's Market was again a great event! Its success was due to the enthusiasm of all those who contributed to the day. Not the least was the work of Mike Ansell, again, his efforts were outstanding.

On the day, a group of us did the rounds of the stall holders and other participants to determine their impressions of the event. Without exception the feedback was highly positive. All of the stallholders I spoke to were determined to return next year.

Being the first year of amalgamation with Mosman Park Town Council we were wary, but the trial certainly seemed to work out well for both parties.

In terms of the year's figures we were pleased. With Covid, we were concerned that our figures would be down, but this did not show with the results. We estimated that 1,300 passed through the gate on the day and we made about \$9,500 from all the activities of the day.

To all who participated, including those non-members, the Shed community thanks you for your contribution.

THE YEAR

And what a year it has been! Looking at our 2019-20 year it has certainly been a 'not normal' year. Covid closed us down for eleven weeks and as a result we ended up with trying to provide some sort of program without the facilities that we normally have. The best came out in people under such conditions. For example, Richard Lang and his 'merry' bridge players

found a means of playing bridge online and so they continued the game playing. They still are playing online, but they are playing in a much more social way and playing face to face at the Shed on a Wednesday afternoon.

Following the Covid lockdown came a rush of jobs to be done and an increase of new members. This put a heavy load on the more frequent attendees to the Shed.

Things have now settled somewhat, but we are still getting a steady flow of new members. What is really heartening to me is that almost without exception new members and visitors to the Shed have commented what a fantastic facility we have and how the members are so congenial and obliging. On market day there were so many that were gobsmacked at what we had in 'Our Shed'. And this was not to do with just the facilities, it was to do with the 'culture' that exists in the Shed. That culture is one that we need to grow within the members both new and old. That is the core aspect of our Shed!

To all those who contributed in some way over this year I thank you sincerely, it has been an honour to work with you.

Tony Brown Chairman

Hoffman Mill Weekend

The Shed Camping Group braved the weather on the weekend of 13th to 16th November to attend the inaugural Hoffman Mill Camp. Five couples and three single members from the Shed attended this gathering, which was held at the site of Hoffman Mill near Harvey. In spite of the showers, that occurred throughout the weekend, we were able to enjoy coffee mornings, an evening BBQ and a Bocce competition that was won by Alan and Janet Everett.

David Beckley



Tony Barr demonstrating his skill in the Bocce competition. With Vic Power, Neil Carey and Rob Bassett looking on.

Alan and Janett Everett, the winners of the Bocce Competition holding the Hoffman Cup.

Some of the group at the Saturday evening BBQ all dressed for the cold weather.

Two hungry Kookaburras waiting for an opportunity to get a free feed at the BBQ.

The group enjoying Sunday morning coffee. That morning Linda Ogden produced a batch of delicious scones in her Webber that were enjoyed by all, including two Magpies who made off with a scone each.



New Executive Committee

Chairman Tony Brown
Vice Chairman George Klug
Treasurer Tony Lalor
Secretary Richard Lang

Committee

John Ogden David Syminton
Bob Peterson Bob Grocke
Bruce Wright Richie Kiernan
Mike Hudson – Ansell



All articles/photos/information to
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by the day of the monthly meeting.

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Tony Brown**