



Life Membership.

Popular veteran Shedder, George Klugg was welcomed back to the Shed from major “panel beating” in hospital with great applause at his first appearance for weeks. He joined the crew at a fascinating talk on Parkinson’s disease given by an expert medico who has PD himself and urges a strong routine of exercise to help.

George W

The life membership was brought to the general meeting after being taken to ManCom, as our bylaws currently stand. The matter was supported unanimously. An aside comment was heard “ That is the first motion in two years to be passed unanimously ”



The motion was then brought to the general meeting where again, fittingly, unanimity was easily achieved. Clearly it was ‘Self Evident’

The motion was brought by myself supported and seconded by Jack Griffiths with input from Ian Deany.

I think it is a significant event for the shed as we are now a somewhat mature organisation and important to reflect on how we got to where we are.

Furthermore, “An Organisation values what it recognises and rewards”

Perhaps methinks, it warrants a special edition

Hopefully an appropriate celebration can be organised in the near future and a special space be created.

Chris Oeding.

Containers For Change.

The containers collected by Shed members were cashed in at the containers for change depot at Fremantle on Monday 31 August 2026. The sum of \$66.30 cents was donated to St Barts. Thanks to all the donations from members have very nearly reached the total of the donations to St Barts in 2025 of \$526. And we have 4 months to go in 2026! Can we all make a special effort and see if we can reach \$1,000 by the end of 2026? In case you wish to donate directly / electronically at a collection station, the scheme number for St Barts is C10360236.

Don Frayne.

Portrait of a Well Known Shed Member.

I was recently sent two photos of Tony Barr by Ron Borich, clearly a very accomplished photographer. No reason was given for this submission but I thought it would be good to let all members see these very fine photographs of a man, from Yorkshire, who served for 7 years in the Australian Navy as a Surgeon Lt Command.



KEEP UP WITH WHAT'S HAPPENING AT THE SHED

We've recently launched a new **Mosman Park Men's Shed Instagram account** to complement our Facebook page.

www.facebook.com/mossymensshed

www.instagram.com/mossymensshed

It's part of our effort to **reach out to the wider community and share more of what happens at the Shed** — our activities, projects, events and the people who make our Shed special.

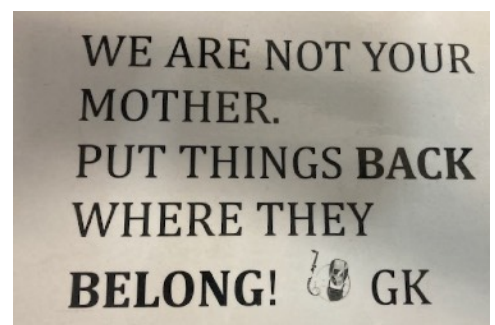
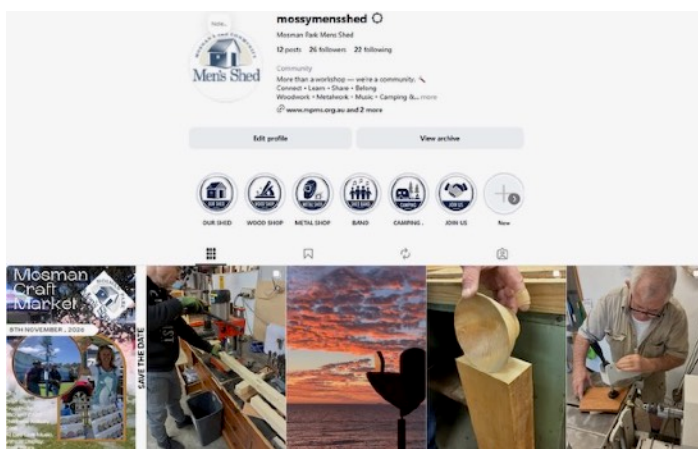
We'll also be using Facebook and Instagram to promote **upcoming community events such as the Mosman Craft Market, courses and activities that are open to community members**, and other opportunities to get involved.

Importantly, our social media is also a way of **showing potential new members what the Shed is all about**. By sharing the variety of activities, friendships and opportunities available, we hope to encourage more men in our community to discover the Shed and come along.

If you have family, friends or neighbours who might be interested, please encourage them to **follow us and share our posts**. It's a simple way to help more people discover what the Shed has to offer.

For more information, contact Mike Ansell or Rob Bassett

An example of what you will find on Instagram.



An example of George Klugg's direct approach to keeping the metal shop in order!!

Wheelchairs For Kids Australia.



In their purpose built factory, 300 volunteers - 50/shift - have built 70,000 specially designed wheelchairs to give mobility to children in Africa and Sth East Asia to Vietnam. These children with disabilities such as cerebral palsy may have had to be carried by parents or other adults for years but once fitted to a wheelchair provided by WFK's they become mobile to a large extent and can go to school leaving the parents to be able to work.

The organisation was started by Br Olly Pickett AM and since its beginnings in small units, moving to the factory, going through several design changes, the current fully adjustable and all terrain chair is now the model being shipped out to agencies across the Pacific rim and Africa. The chairs are given free but the overseas agencies have to cover the cost of sea transport. This ensures that the chairs go to where they are supposed to.

The cost of manufacturing the wheelchairs is \$300/unit. The money needed to cover the cost of materials and the manufacturing (tools, machines etc) is found by donations from mums and dads and some generous small businesses. The State Gov does put in some money and the Federal Gov looks like it will come on board with some support. That all the work is done by volunteers is the main reason that the production cost is so low.

The photo of one of the current model chairs shows how it can be adjusted to fit any child - it takes up to 5 hours to have them fitted correctly. The chairs are boxed and sent to the recipient with a knee blanket, a spare blanket and toys. The blankets are knitted/crocheted and some of the toys are made by volunteers.

There are two p/t employees and one f/t CEO, Greg Hebble who did the presentation. Greg is driving the organisation to be more sustainable and has called for someone to come in and work alongside Br Olly until such times as he decides to stop doing all this amazing work.



First Life Member of the Shed

At the AGM George Klugg was presented with a memento to recognise his long service at the Shed by Chairman Paul Smith. The award is shown as it was presented and George assured all that he would be back at the Shed soon following his surgery



George responding to his life membership and the memento he was presented with, made by a Shed member.



I'm Still Standing – Our Jamie



Jamie was introduced by his friend and fellow Shed member Tony Brown.

Four near death experiences and daily interim health challenges throughout his 80 years, that would crush many of us, have never deterred our amazing member, Jamie McKinnon. His life, that he presented to us prior to the 2026 AGM, is an outstanding example of resilience, grit, optimism, and determination.

He was born on the Western Scottish Island, of Islay in 1946, population 5,500 at the time. He contracted polio at 3 months along with two other children on the island at the time. One died in an iron lung after 3 months and the other lasted til just over thirty years.

Taken to a hospital on the mainland several times, highly skilled surgeons performed radical new surgeries which enabled him to walk as normally as possible. The journey to and from the hospital took around 12 hours and his mother, Milly, undertook that journey having to carry Jamie part of the way - a strong lady!!

Swimming, on the advice of the famous Sister Kenny from Queensland, was a major recovery tool for the effects of polio as are all forms of exercise.

At 11 years he experienced a burst appendix on the island. Flown to Glasgow and to hospital he survived. He was minutes from near death experience number two.

Music from the age of five became a lifelong passion and recreational relief from his day-to-day tribulations. That passion has advanced with him producing 9 CD's and participating in music festivals including a performance before 1,000 fans at the huge Lorient Festival Interceltique in Brittany, France. He has also been the organiser of folk festivals in Australia as well as playing at many of them. - 7 times at Port Fairy Folk Festival, the biggest in Australia.

At age 71 Jamie was diagnosed with Multiple Myeloma and this looked like the final nail in the coffin, but, after 4 chemo and immunotherapy treatments did not kill the cancer he was given a chance to go on a clinical trial which proved a winner and he has now been in full remission for 5 years. CarT cell therapy requires a minimum of 450ml of T cells to be frozen and transported to the pharmaceutical company in USA where they are modified with your own DNA, multiplied to a huge volume then re-infused to the patient. The new T cells then track the cancer cells and kill them.

Following the infusion of the new T cells Jamie had an unrelated incident when he blacked out, needing a pacemaker to keep his low heart rate up. This tiny pacemaker is doing a great job in keeping his heart rate where it should be but the insertion via a vein in the groin nearly caused a further death sentence as the vein opened up and he nearly bled out. A team of doctors and nurses got the bleeding stopped and he was discharged the next day!!

Jamie ended his presentation with the Bruce Springsteen song, "I'm Still Standing" that was met with rapturous applause from the audience. This was a moving, outstanding talk.

Vic Power – MPMS Health Rep

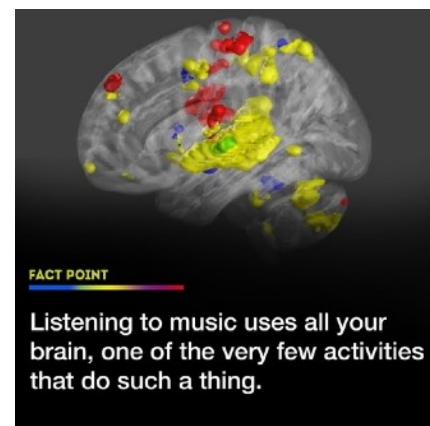
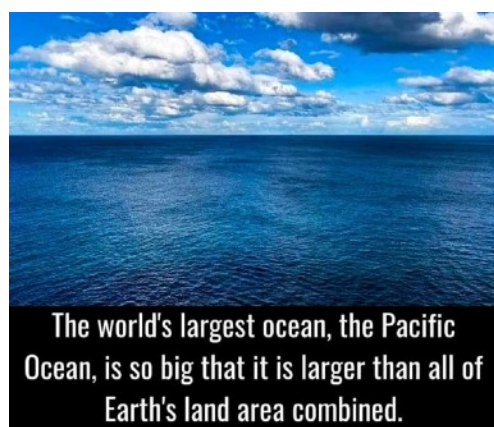
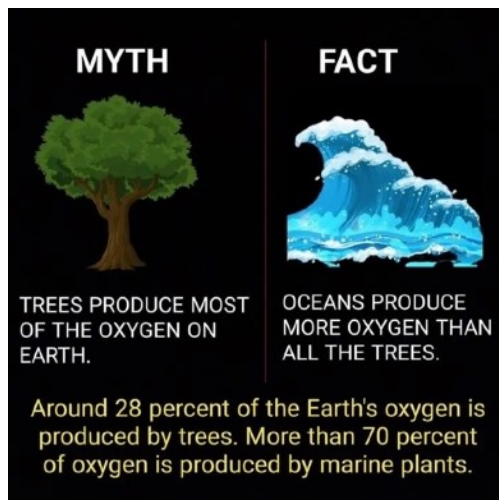


My screensaver is a photo of the small islands of Eigg and Rum taken from the village of Glenuig, near where my partner is from.

The ManCom Team for 2026-2027 as elected at the AGM.

Chair - Paul Smith; Vice Chair - Don Crawford; Secretary - Paul Reiffer; Treasurer - Mike Ansell;

Committee: Jamie McKinnon, Simon Harris, Tony Brown, Bob Grocke, Jim Lyon, Gerry McGann, Bob Peterson.



Thank You

A personal thank you to all who came along before the AGM to hear my story of the challenges in my life with **physical and medical issues**.

I am used to being in front of audiences, big and small, with a guitar and microphone and have no nerves. I am NOT used to talking for an hour about anything but seeing so many people there who tuned in to my talk immediately made me feel very comfortable and relaxed.

I thought my story would be interesting but the main reason behind telling it was to encourage those facing difficult issues to never give up, stay positive and resilient as there is always hope with the advances in medical research with new procedures and treatments coming along at a great rate - my experience clearly shows this is the case.

Jamie McKinnon



All items for the newsletter to be emailed to
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before the monthly meeting
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