

Noises from:



Photos of the Month - from the Photography Group.



Richard Lang was on a 240km horse ride in the Kimberley when he took this shot and Dave Beckley was on holiday and took this shot titled "Evening sun on the Giles Breakaway' Great Central Road, WA."

Correction! In the previous issue of Noises it was stated that one of the photos referred to the Lions Club space. That should have read the Rotary Club space. Apologies to Rotary for my editing error.

Also, the photos appear to have been of much higher quality in the last issue so it seems I have been able to get rid of the pixilation some were finding. *Jamie.*

Part 2 - Spain - from Brain Millmore

Just prior to finishing our trip through Portugal our guide announced that the bus and driver would be travelling on to Madrid the next day. We asked if we could have a lift with the driver as our flight was not leaving until 8pm the next day. We left Porto about 9.30 am and were soon on the freeway. As in Portugal, Spain has a good network of freeways which are under-utilised. The country is mostly very dry with many small farms in lush valleys.

Our driver dropped us off at Madrid airport just before 5pm and we soon found a taxi. Unfortunately, we found the driver from hell. It was peak hour and the driver couldn't speak English but knew where to go. He was swearing and waving his arms around whenever the traffic was stopped. Once the traffic eased he was doing well over the speed limit and weaving in and out of traffic.

The next day we had booked a tour of the Prado gallery, one of Madrid's many art galleries. The gallery housed many paintings of famous Spanish artists. After the gallery visit we were taken to a tappas bar for a snack and a drink. A little later we were taken to the oldest continually operating restaurant in Madrid for lunch. The speciality of the house is suckling pig which was absolutely delicious.



Man made grotto at park

Town square in Madrid

An American couple on the gallery tour with us recommended a market and tappas bar not far from our hotel. The market was for food most of which looked very tempting. The tappas bar was really good and opposite the market.

The next day we were travelling on to Barcelona by train. We left for the train station early and put our luggage in a locker as the Picasso gallery was just behind the railway station. Most of the paintings were amazing. Some were very dark. Anyone over 65 years of age has free entry on production of documents with your age on it. Rose didn't have her driver's licence or passport with her at the time so she had to pay. We separated in the gallery to look at different paintings and agreed to meet at the entrance at a pre-arranged time. Unfortunately, things don't always go to plan and Rose

went to the railway station whilst I was looking for her in the gallery. We managed to get on the train with a few minutes to spare. The train was great and zipped along at a steady 300 kph so we were in Barcelona in just a couple of hours. The trip was made all the more interesting by listening to a mobile phone conversation with a woman sitting opposite to us and her boyfriend who said she had



shared a bed with a gay man. The boyfriend seemed to be very jealous and the conversation seemed to drag on for a long time and got louder and louder. Our hotel was a boutique hotel centrally located and just a short walk to the cathedral. There were plenty eating places around. The 9th floor was an open air garden with a bar, lounge area and spa. It was a warm evening so we had a pizza and a drink for dinner. Rose's eldest son and his family came from Geneva for the weekend and were staying nearby at an AirBnB. Steve came later in the evening and took his mum back to their accommodation. After breakfast, it was decided to go to the beach (which was just a short walk). I decided to stay at the hotel and go for a walk around Barcelona. The nearby Cathedral was a magnificent example of period architecture. There are many food outlets small shops with interesting contents.

We spent the afternoon visiting the Dali basilica (which is still under construction, (even after 150 years) and is expected to be completed in 2026. The inside is open to the public and is really beautiful. It was very crowded and the oldest grandson got lost so it was a panic for a few minutes until he was found.

The next day Rose and I were planning to take an open-top bus around Barcelona but her son was keen to visit a design museum. We did visit the museum and found it very interesting, featuring everything from women's clothing to furniture and appliances through the ages.

In the evening, we were booked to attend a flamenco concert. Rose thought it started at 7.30 pm so we had a quick meal at a local restaurant. We arrived at the venue only to discover it started at 9.30pm. We decided to go to a local bar for a drink. The show was really good and we enjoyed it immensely.



Danti basilica in Barcelona



The street in Barcelona where the terrible event took place

On our final day in Barcelona it was finally time to take an open-top bus tour of Barcelona. There are two lines running in Barcelona, the red and green lines. We joined the green line firstly which took us around the beachfront and to the upper heights of Barcelona which included the Olympic stadium. After a quick lunch, we joined the red line and travelled around the inner sights of Barcelona and saw the Dali basilica again and most of the tourist sights.



Busker in Barcelona. The flowers are real

After a quick meal, we caught a taxi to the Dali park which was created in the previous century. It didn't open until 7.30 pm and we had to go to a special entrance as we had pre-paid tickets. The park was very interesting and all features were of Dali's work.

It was time to say farewell to Barcelona so we packed and got ready to leave. There was a protest going on in the street outside the hotel so taxis were hard to find. The hotel staff were able to obtain a taxi in a side street and we were on our way to the airport.

At the airport we checked in our luggage but Rose got caught with a bottle of wine at security and decided to go back to check-in and put the wine in her carry-on luggage and check it in. We agreed to meet at a certain point at a certain time. Unfortunately, it didn't work and I was in a panic as it was close to boarding time. Eventually, she showed up after shopping and we had only a few minutes to board and check-in. We joined the flight to Dubai and arrived in Perth about 5.30 the next day.

Tips for Spain. Enjoy the food; Visit a flamenco show; Use an open-top bus to orient yourself; Beware of pickpockets

Additional Thoughts on Visiting European Countries.

Following the dreadful event in Barcelona I would still recommend visiting the city. It is generally a friendly place with many attractions. I would suggest keeping your wits about you and staying away from crowded places. There have been many terrible incidents around Europe in recent times and Barcelona

is only the most recent. As always, you never know when a terrorist may strike.

Brian Millmore - Traveller Extraordinaire! (Editorial note: Not is sure about travel companion though - 2 near misses!!)

Cautionary Note from George Williams - well worth checking out.

I've fallen. Now how do I get up? | Tech-enhanced Life Oldies.....Take note!

<http://www.techenhancedlife.com/articles/fallen-how-get-up>

Gym Equipment.

Now that the Leisure Room is finished we can start to use the Gym equipment with out breathing in the dusty air. With the doors in place the noise of the Woodworking equipment is also suppressed. All the equipment has been cleaned and new batteries installed in the equipment. The Walkers have to be plugged into the mains and there is a small rocker switch near the floor at the front. A Register has been placed upstairs so the users of the Equipment can record their usage and comments. Please complete this log book so the Shed Committee can see the facility is being used and appreciated by the members.

We all could probably do with a little bit more exercise so why not have a go? Remember to do a few stretches and warm up exercises before using the gear. If you are not used to exercise in a gym take it steady for the first few times. Building up slowly will have more effect on your fitness than rushing into it and then failing.

Please put any comments in the Registers so they can be attended to.

Dave Russell

SURVEY OF MEMBERS

You will be receiving an email containing a survey which aims to get a snapshot of your attitudes to the activities we undertake and of the management of our shed. Your Management Committee will use the data collected to guide them in their future decisions and planning for your shed.

You will have the option of printing the attachment to the email and completing the survey manually or completing it on your computer before printing it and delivering it to the shed. Should you find it inconvenient to attend the shed a further option will be to email the completed form as an attachment to admin@mpms.org.au. There will also be paper copies of the survey at the shed for those who would prefer to complete it manually while at the Shed.

All completed surveys will be collected outside the office for collation and analysis by our survey experts.

This is only a short 10-minute survey and the best information is gained when as many members as possible fill out the form. So please make your best effort to supply the information regarding your feelings and ideas.

Your Management Committee

BENTECH MOVING

Bentech has been in negotiations with Curtin University to establish a merger of operations. The merger will see the completion of the initial project and will guarantee the continuity of Bentech as an organisation.

It will mean that the operations will move out to the Bentley Campus and probably be based in Cisco 'The Internet of Everything Centre'.

The areas of Occupational Therapy, Software Engineering, Electrical Engineering and Business will be involved in the merger.

Some of the Bentech Board will spend time on campus to consult and mentor with staff and students. Richard Allen and I will still be spending time at the Shed.

I cannot see the move from the Shed happening until late this year or early next year.

Tony Brown

Chairmans report 2016/2017

It is with pleasure that I present my report to you for the year 16/17

STRATEGIC PLAN is now in place and will be used by committee in efforts to operate a successful shed. One of the recommendations is already in place, that is a members survey that will be sent out to all present and past members. I strongly urge you all to take time and fill it out. A meaningful response will give your committee some ideas for good management.

CONSTITUTION AND ASSOC. BYLAWS. The new constitution that all clubs and organisations in W.A have to adopt is now in place together assoc. bylaws. Your committee has moulded all the by laws to suit our needs, and unlike the constitution, can be changed/ amended easily.

MOSMAN PARK COMMUNITY MENS SHED WEBSITE We hope you are all using it (even I have visited it) and get benefit from it. I am certain all you computer savy folk will and make the effort that the authors have put into it worthwhile. Our thanks to Mike Ansell, Daniel Vlahovic and others.

Last month I attended the annual W.A.M.S.A conference, held this year at Meredin. This is an ideal forum to hear how other sheds are operating, and what other various activities they have, other than wood and metal work. It would appear that we would have the largest shed in W.A, in terms of building and membership. This in its self provides a challenge for your committee; bearing in mind that this shed, more than any other, has to be self sufficient. No longer can we rely on hand outs. Our shed would be one of the few that open 5.5 days/week, and our daily attendance would be lower, relatively, than smaller sheds, that open two days/week. Having said all that, we are doing o.k, and will benefit greatly by more room in wood work.

ACTIVITIES. Your shed has six interest groups, which compared to other sheds, is good. During the year, the activities room upstairs has been divided off with a sound and dust proof wall. The music group currently are making use of this area, which is good. The cooking class group had their wind up, putting on a fine restaurant meal; no other shed has the facility for this. The radio group is struggling, less they find a co-ordinator to fire them up. The latter is very important, your committee can not be expected to run these activities.

Of course the major activity was the completion of the shed extension; a very pleasing outcome and special thanks to our Asset and Stock Manager, Bob Peterson, for his overseeing. Needless to say the metal work manager is happy! More importantly, the wood work area has a lot more room.

Your management team has done a fantastic job, thank you all, from Overseers to committee to managers to co-ordinators. The shed this size would not function without your time and effort. Special thank you to your committee, sec. Tony Laylor and David Symington; treasurer Bruce Wright; overseer chair Mike Ansell-----thanks one and all.

I trust you all can participate at our annual Craft Day, coming up shortly, help is always needed on the day, the effort is rewarded. Hope to see some of you at our shed ext. opening end of the month, thank you all.

Cooking Classes



Pete Anderson "Chef Extraordinaire" with protege, Craig Potts



Cooking class preparing Vietnamese food.



Italian Night



Example of the cooking



Stuffed capsicum prepared for the "Gala Night"

Ian Deaney and Pete Anderson (the Chef instructor) have conducted four cooking classes over several months, which covered Japanese, Italian, Cantonese and Vietnamese food dishes. Partners and guests were invited to a Gala Dinner prepared and cooked by the CLASS to celebrate the conclusion of the course. The Italian cuisine was chosen as the menu for this occasion.

Ian Deaney, the organiser and Pete Anderson have conducted these successful classes over a period of five years.

The Men's Shed can now "boast" it has many accomplished "cooks" in its membership.

We congratulate Ian Deaney for initiating this very popular and successful addition to the Shed's list of achievements.

Peter Dring



Craft Fair Raffle Tickets

It is hoped that as many members as possible collect at least one raffle ticket book to sell prior to the Craft Fair day as this generates considerable monies towards the success of the day. Please check in with the Shed organiser of the raffle and help out in this important mission.



All articles/photos/information to
Jamie McKinnon
by the day of the monthly meeting.

Email any material for the Newsletter to:
jamiemc1wa@gmail.com

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Shed**

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