

Noises from:



## Wooden Boat Show, Hobart, Tasmania.



This was what all the excitement was about in Hobart ... a sprawling armada of 500 boats from canoes to cruise liners attracted 300,000 visitors who spent four days swapping yarns and boosting the local economy. Men's Sheds were well involved with several popular exhibits... particularly restoration jobs.



This year the Show emphasized the role of Dutch sailors in Tasmania's history ( it was called Van Dieman's Land and then Tasmania after Abel Tasman did his voyage).

That was why visitors were treated to the rare sight ( in Australia) of the odd little flat bottomed and round ended yachts with side-boards like big fat wooden fins) to stabilise them in very shallow water in Holland.

When the work is finished on a Huon Pine and beech deck it needs to be tested... Sam the shanty singer and sailor gives it a work-out.

Hobart Wooden Boat Show attracted 300,000 visitors ... locals and others from Chicago, Albany., Gold Coast and Mosman Park including Lindy Brophy ( Craft Fair Devonshire Tear server) and Axel the Boatman.



The skill of boat builders was stunning... inlaid kayaks were more like jewellery or surgery than carpentry. The show is held each two years with just ONE paid employee. The rest is a vast army of volunteers – such as Scouts and their families, and people who simply love wooden boats. Entry to the show spread over a network of docks and jetties is FREE. Only two liquor outlets, no amplified music but plenty of singers belting out shanties. George Williams and Lindy Brophy from Mossie Park count themselves the luckiest spectators of all. They spent a week before the show in a cottage on Bruny Island and woke up one morning to see 36 boats moored in front of them in Half Moon Bay. It was the combined yacht and rowing fleet taking part in a three-day “raid” from Recherche Island up the D’Entrecasteau passage next to Bruny Island and then to Hobart. They included several boats of women rowers – with boats from Adelaide and other exotic places

This year the Show emphasized the role of Dutch sailors in Tasmania’s history ( it was called Van Dieman’s Land and then Tasmania after Abel Tasman did his voyage). That was why visitors were treated to the rare sight ( in Australia) of the odd little flat bottomed and round ended yachts with side-boards like big fat wooden fins) to stabilise them in very shallow water in Holland.

George and Lindy went to the show every one of the four days and soaked up the friendly atmosphere, the amazing swarms of boats and people and knowledge.

The huge fleet took part in a sail past across the front of the city of Hobart... a splendid sight of three and four-masted ships in full sail with tiny one-man dinghies in amongst them and almost every other type of craft from Sydney-Hobart racers to a steam launch with rows of brass portholes and even a gentleman’s rowing skiff.

“Glorious, glittering, gleaming,” gushed George who is usually reticent.” These boats show what humans are capable of doing. “We aim to be back in 2019.”

## Photography Group

MPMS Photography Group went to the river in North Fremantle for our meeting in January then we discussed learnings during our February meeting. The photos below were taken by Mochtar Mukmin and they were voted photos of the month.



Next month we are going to the playground area built by MPMS. The long term aim is to have a range of photos of the area in which the shed is located “bounded by river and sea so that they can be printed, framed and displayed in the shed.” Anyone wishing to join in email **Richard Lang c/- admin@mpms.org.au**

## Snooker Pool & Billiards

As can be seen from the photo the snooker table is in action again. Neil Faneco manned the spanners, vacuumed and dusted. Tony Brown revealed a deft touch for feeling fine lumps under the felt cloth and Richard Lang played with the spirit level. Bob Grockie dropped by with his electronically powered gyro level and determined that the level was up to helicopter standard. The end result being that the table is now level and a commissioning game played between Michael King (pictured above) and Richard Lang revealed that it is playing very true and we have a beautiful asset.

For the uninitiated, the cloth is a felt and it has been brushed in one direction – to the black – so that the nap all lays the same way. Please respect the cloth, the balls and the queues. There are four good cues and a spider that have been cleaned. The bridge needs fixing. If you haven’t played much before you cant do much damage as long as you don’t belt balls so hard they come off the table or dig the cue into the cloth while trying to put some fancy spin on the white cue ball. So it is there to be used. Enjoy it. We will organise a games afternoon in the future so if you are interested in cards, dominoes, snooker or pool please start talking it up with your mates and build the groundswell.



## The Wall Upstairs

As you probably know the Council asked us to submit the proposal on a certain form last year which we did and then eventually they came back and said we needed a different form. The “new” form required more formal drawings and had to be submitted by a suitably registered person. So with the kind help of Kim Stirling who is a MPMS member we now have said drawings. Then another favour from Wheatbelt Steel’s Tim Marwick and the submission should go in this week ending

3/3/2017. That gives the Council five weeks to respond so we will see. It has been a frustrating process. Members have asked why we need so much administration for such a simple thing. Apart from "that's the way of the modern world" the other answer lies in the fact that Mosman Park Council owns the building and MPMS is a tenant. Anyway hopefully we are through the annoying part and we will soon be building. Mike Wiggan and Bob Grockie have been very quick to gather up timber that will save us a lot of money for the build so watch this space for further action.

## **Woodwork Training**

Due to an increased workload Mike Wiggin has withdrawn from the training position in the Woodwork section which he has previously been conducting on a Tuesday morning after Smoko. Mike has recently assumed the responsibility of Promotions officer for WAMSA which is taking up a lot of time.

A big thankyou to Mike for his efforts.

As a result Bob Grocke and Tony Brown have volunteered to take Mike's place training Members who require woodwork training on a Tuesday Morning after smoko.

If it is just a question of a new member induction on the machines David Syminton can do this, also on a Tuesday morning. Training for the Metal shop will be with by George Klug as he is available.

**David Syminton** Secretary, Mosman Park Men's Shed

## **Fire Extinguisher Demo.**

When every second counts; you don't want to waste time figuring out the best way to operate and use an Extinguisher! Our in house Firemen; Bob Peterson will provide a demonstration of all things extinguishers on TUESDAY, March 21 @ 1030 hrs. [If breeze is too strong, the demo shall be postponed to another day]"

Thank you, **Ian Deany**, Safety Officer.

## **"How am I going – bright ideas for mental health"**

On Wednesday 15 March I attended my first formal event at the Mosman Park Men's Shed.

It was a fantastic session on Mental Health titled "**You Me and Us Together - Mental Health**" by Shed member Dr Geoffrey Paull – a well known Psychologist.

This is not only a fascinating topic – but as I learnt in the session – one we all need to know more about. Why? Because on average one in 5 of us blokes will experience at least one mental illness "event" in our lives. That is a lot of fellas.

So not only do we need to know how to recognise (and respond to it ourselves) but it is also important for us so we can look out for partners, children, mates and other friends.

We learnt about the difference between the major mental illness conditions – with the first being "Disorders" generally needing the intervention of Psychiatrists (and often medication).

The second being "Conditions" that can be less severe and where interventions and treatment by Psychologists get great outcomes.

Geoff explained how easily different stresses and changes in our lives can quickly compound on each other and escalate to push us into the latter mental health "Condition". We learnt however that by recognising these stresses and getting in early many of these issues can be dealt with before they become major problems.

There were many questions and topics discussed ranging from Schizophrenia – a very severe mental disorder - through to ways to keep ourselves mentally healthy - such as meditation.

We also discussed how to push back against some of those endless pressures that our families, children, grand-children, partners and even mates inevitably put on us. Geoff had a simple solution that he suggested we all need to learn to use more.....in his words... "**No – full stop**". In other words we need to make sure we keep enough unpressured time for us to keep ourselves healthy.

We also discussed the fear of the unfortunate negative stigma of acknowledging we might have mental health issues – and how we need to work to remove that. It is just another health issue and quite "normal" as the statistic of 1 in 5 men demonstrates.

It was a fascinating and useful session and space here does not allow me to do Geoff's presentation credit.

However there was strong agreement by all there that a repeat of the session would be very useful and Geoff generously said he would be happy to do it again. So ...watch this space and come along next time.

So....how am **I** going..... I'm not exactly sure but I now know there are things I can do to take better care of myself and others.

**Rich Muirhead**

## Notes From The Chairman.

- The last 140 of the bridge table order are now under construction.
- A steady stream of wheelbarrows have been in for assembly - each one brings \$8.80 to the Shed, well received income so thanks to all who help in this area.
- Inductions for members is gradually being loaded to a computer data base and this will remove the confusion over the DOT system.
- The Strategic Planning group made a fine presentation to the Shed Committee and now the Committee will discuss how and what to implement from the plan for the future. There will be a telephone survey carried out soon to ascertain the activities that members would like to have at the Shed as not all are into wood or metal.
- The Shed extension is only now waiting for final paperwork to be completed, materials are on order and builders and site clearing operators are ready to go.
- A motion was passed, following the Chairman's suggestion, that the meeting room be named the **John Law Room** in recognition of all the work done by John to get the Shed project up and running. John is not in the best of health at the moment so we wish him well.
- Members wishing to do work in the Shed on Saturday mornings are asked to turn up early - 8.30-9.00 in order that their job can be completed by the normal closing time of 12.00. The Shed is opened by volunteers who have other things to do such as play bowls in the afternoon so it is unfair to expect them to stay open past the closing time.



## Cooking Classes and Wine Appreciation Course.

The cooking classes are already 80% filled - still time for more customers - and there will be an extra one run due to Brian's trip to Cambodia!! with date to be set.

The Wine Appreciation course, set to be a great event with more upmarket wines on the "menu" so get your names down for this terrific event too. This one is open to not only members but partners and wives.

## The ShedBoys

The music group continues to power along. We have a public gig coming up, at the Mosman Park community fair on March 26<sup>th</sup>, our spot is at 1:40pm. Come along and check us out.

As always, we're keen to enlist new participants, so if you're interested just get in contact with Bruce Varley, the group convenor. The shed office can provide contact details.

## Newsletter Deadline

Just a gentle reminder that, to keep the flow of the Newsletter publication, emailing to members and printing hard copies, any material you would like to put in the Newsletter needs to be with the Editor (see contact details below) by the afternoon following the monthly meeting which is always on the 3rd Wednesday of the month.

Your co-operation with this would be greatly appreciated by your punctual editor!!

**Jamie McKinnon**



All articles/photos/information to  
Jamie McKinnon  
by the day of the monthly meeting.

Email any material for the Newsletter to:  
jamiemc1wa@gmail.com

Mobile contact: 0418334513

Mosman Park Community Men's Shed  
**Contact Details**

Email: [admin@mpms.org.au](mailto:admin@mpms.org.au)

PO Box 4373 Mosman Park 6012.

Tel: 9383 3354

Chairman

**George Klug,**