

STATE HPE CONFERENCE



2026 Conference Program

Monday 13th April | The Lights Community & Sports Centre

[Register Online at www.achpersa.com.au](http://www.achpersa.com.au)

INVITATION

You are invited to attend the ACHPER SA State HPE Conference to be held at The Lights Community & Sports Centre on Monday 13th April 2026. The program has been planned to educate, innovate and share best practice and our dynamic presenters will ensure you are at the cutting edge of leading pedagogy. The conference will be professionally stimulating, enjoyable and supportive to those who work in education and community settings. The program provides a range of sessions that are of importance to Health Educators, Physical Educators, Sport Educators and Wellbeing Educators, as well as Classroom Teachers, Recreation/Sport/Health Professionals and Sport Coaches.

This engaging conference will offer best practice strategies and programs to help you to effectively engage your students in Health and Physical Education/Physical Activity/Wellbeing. Join us for lots of innovative ideas and practical tips to enhance your ongoing work.

ACHPER SA continues to innovate, refresh and ensure our relevance to you. Did you know we have 100% satisfaction from delegates from the last 10 years of all Conferences.

This Conference includes a range of new topics & presenters to share expertise and challenge your practice. We also encourage you to consider the many benefits of joining us as an ACHPER SA member. We look forward to seeing you at The Lights Community & Sports Centre on Monday 13th April for this high quality professional learning event.



PROGRAM OVERVIEW

Monday 13th April | The Lights Community & Sports Centre

8:45am - 9:00am: Sign in & Trade Exhibits

9:00am - 10:15am: Keynote - Trent Brown

10:15am - 11:45am: Session 1

1.1 Integrating Play with Purpose and TPSR: A Unified Pedagogical Model for Meaningful and Responsible Physical Education - Shane Pill, Flinders University

1.2 The Space-Time-Success (STS) Framework: A Universal Language for Teaching Game Understanding in Physical Education and Sport - Troy Jacques

1.3 Thematic Invasion Games Unit: Netball Focus—Principles of Play in a Unit of Work - Katie Liebelt, ACHPER SA

1.4 Quick, Easy, Simple Games to Teach Students Using Dodging, Weaving and Moving Skills - Anthony Worden, Plympton Primary School

11:45am - 12:10pm: Morning Tea & Trade Exhibits

12:10pm - 1:40pm: Session 2

2.1 Moving and Thinking: Practical Strategies for Teaching Physical Activity Knowledge - Trent Brown, Deakin University

2.2 Use of Questioning in HPE: How Questions Drive Thinking and Learning - Jo Petrov, Glenunga International High School

2.3 Big Talks for Little People: Helping You Meet the Mental Health Education Outcomes in Primary School HPE and Wellbeing Lessons - Shane Pill, Flinders University

2.4 Quick and Easy Tag Games - Anthony Worden, Plympton Primary School

2.5 Safe Schools, Safe Sport: The SASMA Sideline Help Workshop - South Australian Sport Medicine Association (SASMA)

1:40pm - 2:10pm: Lunch & Trade Exhibits

2:10pm - 3:40pm: Session 3

3.1 Developing a Thematic Year 7–10 HPE Program with a Focus on Striking and Fielding Games - Katie Liebelt, ACHPER SA

3.2 Tennis for Secondary Schools - Jack Crispin & Luisa Palombaro, Tennis SA

3.3 The SHINE SA Curriculum for Comprehensive Relationship and Sexual Health Teaching and Learning - Dylan Miles, SHINE SA

3.4 Discover MyGolf Schools Practical Session - Golf Australia

3:40pm - 4:30pm: Conference Networking (Free)



Category Information

The conference elective sessions program (sessions 1 to 3) are listed on the following pages. A summary of these are also indicated by sessions numbers in categories below to assist identification of relevant sessions. Book your session preferences early to avoid disappointment as there are limited spots available in each session.

Key:

EY = Early Years (R-2)

PY = Primary Years (3-6)

MY = Middle Years (7-10)

SY = Senior Years (11-12)

CT = Classroom Teacher

SC = Sport Coach

HW = Health & Wellbeing

Early Years (EY)

1.4, 2.1, 2.3, 2.4, 3.4

Primary Years (PY)

1.1, 1.3, 1.4, 2.1, 2.3, 2.4,
2.5, 3.1, 3.3, 3.4

Middle Years (MY)

1.1, 1.2, 1.3, 2.1, 2.2, 2.4, 2.5,
3.1, 3.2, 3.3, 3.4

Senior Years (SY)

1.2, 2.2, 2.5, 3.2

Classroom Teacher (CT)

1.4, 2.3, 2.4, 3.3, 3.4

Sport Coach (SC)

1.2, 1.3, 1.4, 2.4, 2.5

Health & Wellbeing (HW)

2.1, 2.3, 2.5, 3.3

You're invited to join ACHPER SA



10 reasons why becoming an ACHPER member is one of the BEST career moves you'll make!

- 1. Big Savings:** Get over 20% off all professional learning, conferences, and resources.
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KEYNOTE TRENT BROWN

GRADUATE RESEARCH COORDINATOR
DEAKIN UNIVERSITY



Dr Trent Brown is an Associate Professor in Health and Physical Education at Deakin University, Melbourne, Australia. He is currently the Graduate Research Coordinator in the School of Education and teaches into the Bachelor of Health and Physical Education degree program. Trent's recent research work is focussed on understanding how teachers engage with curriculum, pedagogy and assessment and student's learning within the focus areas of health benefits of physical activity and lifelong physical activity.

Trent received his Bachelor of Applied Science (PE) degree from RMIT University in 1996. He subsequently worked as a specialist physical education and science teacher across primary and secondary schools, before returning to RMIT to complete his PhD study examining PE teachers' knowledge of health benefits of physical activity and its impact on their practices during school physical education.

He was awarded a national fellowship in 2014 of the Australian Council for Health, Physical Education and Recreation (ACHPER) for his scholarly work and contributions to the profession on both a state and national level. A valued supporter of ACHPER, we welcome Trent to Adelaide for this Conference.

Keynote Presentation

Beyond Moving: What Should Students Actually Learn in HPE?

Learning and knowledge are seen as central to achieving a range of objectives in school health and physical education. Within the literature (Green, 2014) and among HPE teachers there rests an assumption that lifelong PA participation and engagement is one of the key goals of comprehensive and quality HPE. Yet, physical activity, and moderate to vigorous PA within HPE is often prioritised at the expense of educational contribution. This ultimately leads to the questions - what knowledge is of most worth in HPE? How can we as HPE teachers be more focussed?

This presentation argues that focussing on conceptual knowledge and behavioural skills can and should coexist with practical and embodied learning. Moreover, learning cognitive concepts has the potential to support efficient movement and to enable students' to innovate, create and solve problems related to their and others' physical activity leading to the development of their health and physical literacy.

The presentation concludes by proposing a framework, informed by learning theories, that fosters domain-specific knowledge aligned to the aims, sub-strands and focus areas of the Australian Curriculum. In doing so, my hope is that HPE teachers see the potential to enable and support students to develop their knowledge and skills related to lifelong physical activity and participation.

SESSION ONE

Monday 13th April 10:15-11:45am

1.1 INTEGRATING PLAY WITH PURPOSE AND TPSR: A UNIFIED PEDAGOGICAL MODEL FOR MEANINGFUL AND RESPONSIBLE PHYSICAL EDUCATION (PY, MY)

Shane Pill, Flinders University

This presentation introduces a unified pedagogical approach that integrates the Play with Purpose (PwP) model, an instructional framework that uses deliberately structured play to build tactical understanding, skill adaptation, and learner agency with the Teaching Personal and Social Responsibility (TPSR) model, which foregrounds respect, effort, self direction, leadership, and transfer of learning. This workshop will be a practical (so dress to be active) illustrating how PwP and TPSR complement each other to promote student autonomy, motivation, and situated decision making.

Practical

1.2 THE SPACE-TIME-SUCCESS (STS) FRAMEWORK: A UNIVERSAL LANGUAGE FOR TEACHING GAME UNDERSTANDING IN PHYSICAL EDUCATION AND SPORT (MY, SY, SC)

Troy Jacques

This session introduces the Space–Time–Success (STS) Framework, a pedagogical model designed to support students to interpret spatial and temporal information during gameplay. Building on established game-based approaches to teaching physical education, the framework provides a simple language that helps students analyse game situations through the interaction of space, time, and success. The session demonstrates how the model can be applied in middle and senior secondary Physical Education and sport coaching contexts to support the development of tactical understanding, decision-making, action and metacognitive reflection. Participants will explore practical strategies and teaching applications through the analysis of gameplay scenarios using the STS Framework.

1.3 THEMATIC INVASION GAMES UNIT: NETBALL FOCUS- PRINCIPLES OF PLAY IN A UNIT OF WORK (PY, MY, SC)

Katie Liebelt, ACHPER SA

This session focuses on an Invasion Games Unit where students have completed 9 lessons of this thematic unit focused on Invasion Games Movement Concepts and Strategies. We then choose to use Netball as a vehicle to teach Principles of Play. We take the game of Netball further, as a popular community sport, providing a pathway for students and assisting with developing a culture of physical activity. We have a strong focus on conceptual transfer, introducing this at Year 7 and 8, to ensure success in Year 9 and 10. The session would also be suitable for Upper Primary teachers to explore how a Middle Years unit takes shape for the transition to Secondary years. *Practical*

SESSION ONE

Monday 13th April 10:15-11:45am

1.4 QUICK, EASY, SIMPLE GAMES TO TEACH STUDENTS USING DODGING, WEAVING AND MOVING SKILLS (EY, PY, SC, CT)

Anthony Worden, Plympton Primary School

This session will offer some practical activities and ideas for a range of quick, easy and simple games to get your students moving. There will be a focus on teaching dodging, moving and weaving skills. Some time will be spent on looking at how to change, adapt and modify games to achieve an educative purpose. So come along and learn some games with a twist, some old and some new ones as well. We will investigate simple games for early years that can then be adapted to senior students in year 6 and above. Come dressed and be prepared to move. *Practical*

MORNING TEA

Monday 13th April 11:45am-12:10PM

SESSION TWO

Monday 13th April 12:10-1:40PM

2.1 MOVING AND THINKING: PRACTICAL STRATEGIES FOR TEACHING PHYSICAL ACTIVITY KNOWLEDGE (EY, PY, MY, HW)

Trent Brown, Deakin University

In this hands-on, practical session, PE teachers will engage in movement-based activities that explicitly target the development of students' physical activity knowledge through the HBPA and LLPA focus areas of the curriculum. Using the declarative-procedural-conditional framework and principles from motor learning theory, participants will trial instructional techniques that blend physical participation with cognitive engagement. The session will emphasise task design for skill development, decision-making, and goal setting—linked directly to the revised VC:HPE sub-strand, "Making Active Choices". Participants will also explore strategies for embedding formative assessment, student self-monitoring, and reflective practice into activity-based lessons. This session is ideal for those looking to enrich their teaching of fitness, health, and lifelong physical activity beyond participation. *Practical*

2.2 USE OF QUESTIONING IN HPE: HOW QUESTIONS DRIVE THINKING AND LEARNING (MY, SY)

Jo Petrov, Glenunga International High School

The use of questioning in HPE transforms lessons from passive participation to active thinking and drives the learning process. This workshop will provide insight into the effective use of the 5 Types of Questions (based on Ritchhart's work), as well as how they can be intentionally implemented in learning design. Teachers will have the chance to undertake reflective practice regarding their own use of questioning and how this can be enhanced to support student engagement and learning.

SESSION TWO

Monday 13th April 12:10-1:40pm

2.3 BIG TALKS FOR LITTLE PEOPLE: HELPING YOU MEET THE MENTAL HEALTH EDUCATION OUTCOMES IN PRIMARY SCHOOL HPE AND WELLBEING LESSONS (EY, PY, HW, CT)

Shane Pill, Flinders University

The primary years are critical periods for developing foundational mental health literacy, emotional regulation skills, and positive help-seeking behaviours. The HPE curriculum has mental health education outcomes in the Personal, Social and Community Health strand. 'Big Talks for Little People' is a mental health education program designed to equip primary-school-aged students with appropriate language, concepts, and strategies for understanding wellbeing and managing emotions. The Schools Program trial found a reduction in bullying and harassment as an outcome of student participation in the program. This presentation explores how the program can be meaningfully integrated within your primary school Health and Physical Education (HPE) lessons to enhance students' personal and social capabilities while supporting whole-school wellbeing priorities.

2.4 QUICK AND EASY TAG GAMES (EY, PY, MY, SC, CT)

Anthony Worden, Plympton Primary School

Tag games - we all know them and play them, but do we know how to change, adapt and modify them? How do we turn them into games with an educative purpose? Come along and learn some old games with a twist and some new ones as well. Designed for beginning teachers and participants who want to explore some new ideas. We will investigate simple games for early years through to the ridiculous year 6/7 games. Come dressed and prepared to run! *Practical*

2.5 SIDELINE HELP: PRACTICAL INJURY MANAGEMENT FOR TEACHERS (PY, MY, SY, SC, HW)

South Australian Sport Medicine Association (SASMA)

Sport and play are a vital part of primary school life, but injuries can and do happen. In this practical and engaging session, teachers will learn how to confidently recognise and manage common sports injuries using simple, evidence-based approaches. The Sideline Help workshop translates standard First Aid knowledge into real-world sporting scenarios, covering injury assessment, concussion recognition, wound care, and managing medical conditions such as asthma and anaphylaxis. Designed specifically for school environments, the session focuses on quick decision-making and practical strategies teachers can use immediately on the playground or sports field. In just 90 minutes, participants will gain the confidence and tools to create a safer sporting environment while responding effectively when injuries occur. One of SASMA's most popular education offerings, this is essential learning for anyone supervising school sport and PE.

LUNCH & TRADE EXHIBITS

Monday 13th April 1:40-2:10PM

SESSION THREE

Monday 13th April 2:10-3:40PM

3.1 DEVELOPING A THEMATIC YEAR 7-10 HPE PROGRAM WITH A FOCUS ON STRIKING AND FIELDING GAMES (PY, MY)

Katie Liebelt, ACHPER SA

Katie has been involved extensively in working collaboratively with faculties to develop and refine a Year 7-10 HPE program through the use of backward design and incorporating a thematic approach. Katie will share how Clare High School implemented, adopted, and adapted the Version 9 Australian Curriculum, new SA Curriculum and Department for Education (DfE) units to develop their Year 7-10 HPE Program, sharing their Year 7-10 Unit Scope and Sequence. Participants will then explore a practical Striking and Fielding Unit using a thematic approach. This includes an introduction to Striking and Fielding Movement Concepts and Strategies through small, sided games before transferring into different contexts. They will explore a Movement Unit: Striking and Fielding Sport Education Unit with a Cricket focus. Through the Sport Education model, students develop skills to be an effective member of a team and use feedback to refine their roles and responsibilities in their team playing and non-playing roles. They initiate actions that promote fair play and develop technical and tactical movement concepts through batting, bowling and fielding clinics and an in-season competition. - The session would also be suitable for Upper Primary teachers to explore how a Middle Years unit takes shape for the transition to Secondary years. *Practical*



Cont. next page

SESSION THREE

Monday 13th April 2:10-3:40PM

3.2 TENNIS FOR SECONDARY SCHOOLS (MY, SY)

Jack Crispin & Luisa Palombaro, Tennis SA

In this presentation, you will learn how to utilise the 'Tennis for Secondary Schools' resource to deliver strategic tennis programs at your school. Aligned with the Australian Curriculum: HPE, this resource demonstrates how to modify lesson plans to suit your specific cohorts while empowering students to think for themselves on the court. Finally, you will explore how modified equipment can be used to differentiate instruction and match the skill level of every student. *Practical*

3.3 THE SHINE SA CURRICULUM FOR COMPREHENSIVE RELATIONSHIP AND SEXUAL HEALTH TEACHING AND LEARNING (PY, MY, HW, CT)

Dylan Miles, SHINE SA

Come along and experience the SHINE SA Years 3–10 comprehensive relationship and sexual health (R&SH) curriculum in action! Be guided through some of our learning activities to experience the benefits of a purpose-built R&SH curriculum that meets Australian Curriculum requirements and prepares children and young people for safe, productive, and fulfilling lives. Engage in conversation about the mandated Consent and Respectful Relationships Education (CRRE) measure and be introduced to the new, developmentally-sequenced SHINE SA teaching and learning resource created in response to the measure.

3.4 DISCOVER MYGOLF SCHOOLS PRACTICAL SESSION (EY, PY, MY, CT)

Golf Australia

Learn how to introduce golf to school students through simple, FUN and engaging program offerings that teachers can easily deliver as part of their core curriculum requirements, even if they don't have any experience playing or teaching golf. Come along and explore how easy it is to deliver any of the 3 programs teachers can select from: Mini Golf - a fun, easy and safe way for teachers to introduce their students to the sport of golf in a small indoor space. Pitch & Putt - a slight progression from Mini Golf, giving the students the opportunity to feel the joy of seeing the ball fly in the air. Swing It - Incorporating all the main skills of golf, this program includes a variety of games and activities that can be run in various settings. These programs are supported with fantastic teacher resource game cards and a recently launched Coachmate App, making lesson planning and delivery of activities a breeze. *Practical*

CONFERENCE NETWORKING

Monday 13th April 3:40-4:30PM

Join us upstairs in Function Room 1 after Session 3 for a chance to have a drink, nibbles and network with your colleagues.

REGISTRATION FORM

CLICK [HERE](#) TO REGISTER ONLINE (PREFERRED) OR COMPLETE THE BELOW REGISTRATION FORM AND EMAIL INFO@ACHPERSA.COM.AU

PLEASE NOTE: Registrations cannot be processed unless accompanied by the selection of preferred workshops (1st & 2nd preferences). Upon registration, an invoice will be sent to your school/organisation. Payment is required before the day, however cash or card facilities available on event day.

CANCELLATION POLICY: Cancellations must be received in writing and will incur a \$50 administration fee, unless notification is made before Monday 6th April 2026. However, if a medical certificate is provided after this date, the administration fee will be waived.

1. Personal Details

Name: _____

School/organisation: _____

Email: _____ **Mobile:** _____

Special requirements (e.g dietary): _____

2. Fees (inc GST)

| | |
|---|---|
| ACHPER Member (full) | <input type="radio"/> \$215 |
| ACHPER Member (Graduate/Retired) | <input type="radio"/> \$190 |
| ACHPER Member (Student) | <input type="radio"/> \$70 |
| Non-Member | <input type="radio"/> \$295 |
| Non-Member + Join ACHPER | <input type="radio"/> \$355 |
| Student (includes membership) | <input type="radio"/> \$120 |
| Student Scholarship (3 rd & 4 th year full-time students) | <input type="radio"/> FREE - Limited to 10 scholarships |

Discount Offers

Discount Offer 1

If you have attended the ACHPER SA State HPE Conference in April for the previous three consecutive years you are eligible to receive a special discount of \$20. Thank you for your continued support.

Discount Offer 2 - Name of the colleague attending: _____

Recommend a colleague to attend the Conference (who has not been to an ACHPER SA Conference) and you will receive a \$50 discount once they register. You must provide us with the name of the colleague attending before they register.

REGISTRATION FORM

3. ACHPER Membership: Full (\$140), Graduate (\$90), Student (\$50), Retired (\$70)

ACHPER offers substantial discounts on resources and workshops, and many other benefits for teachers of Health and Physical Education. Why not get your school to cover your ACHPER membership? Join now! For further details please call 8363 5700. You can also quickly and easily register online - click [here](#) to be redirected. Online registrations are eligible for monthly direct debit.

ACHPER membership is tax deductible

Note: ACHPER does not have school memberships. Only individual teachers are eligible for membership.

I would like more information on ACHPER memberships

Please add an ACHPER membership onto my registration invoice (Full/Graduate/Student/Retired)

4. Session Choices: Please book early to secure your session preferences.

Sessions are subject to change due to the cancellation of speakers or insufficient session numbers. Please write your first and second preference for each session in the space provided.

Session 1 - 10.30 am - 12.00 noon 1.1-1.4

Session 2 - 12.45 pm - 2.15 pm 2.1-2.5

Session 3 - 2.45 pm - 4.15 pm 3.1- 3.4

5. Extras:

Conference Celebration: Happy Hour / Networking

An informal, networking happy hour will follow the conference onsite. The cost is included in your registration fee and includes nibbles and beverages.

Yes, I will attend the Happy Hour (free)

6. Payment Details ACHPER SA ABN: 56 064 377 067

Please invoice me (a tax invoice will be emailed to you shortly)

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